

TRANSITIONING BACK TO CAMPUS LIFE

Learn about the resources that are available to students as you transition back to campus after COVID-19.

Monday, September 20th, 2021



It's clear to anyone paying attention: the majority of college students look forward to more carefree days. Over all, those who have returned "are happy to be on campus, no matter how you slice or dice that," says Mary DeNiro, CEO and executive director of ACUHO-I, the Association of College and University Housing Officers - International.


HOW TO STAY MOTIVATED WHEN YOU RETURN TO CAMPUS!

- **Remind Yourself Why You Care.**
 - The same drive and purpose you've always had are still inside you, even if school doesn't feel as important right now.
- **Set Small Daily Goals.**
 - Goals give us direction. They're best when they're concrete and achievable. Aim for five daily to-dos.
- **Pair your work with something fun and interesting.**
 - Sometimes the things you have to do just aren't fun ... but there might be ways for you to make them slightly more interesting.
- **Think about how you can go on autopilot.**
 - Building up habits is easier when you don't have to decide to do them over and over (and over) again.
- **Take a Breath**
 - Sometimes taking a break and coming back to something helps you face it more easily. Maybe you need a few days to just take care of yourself.

HOW TO BE SUCCESSFUL IN CLASS

- **Understand the various learning formats for your course.**
 - Asynchronous/ Synchronous learning
 - Hybrid
 - Split In-Person Classrooms
 - Blackboard
- **Communicate with your faculty.**
 - Visit with your Professors during office hours (Either virtually or in-person)
 - Get to know the other students in your class.
 - Be accountable for assignments
 - Ask a lot of questions

HOW TO PROTECT YOUR HEALTH AND YOUR FAMILY!

- ▶ When in class or at on campus events or services wear a mask.
 - ▶ Wash your hands and use sanitizing stations as much as possible.
 - ▶ Stay home if you do not feel well.
 - ▶ Get tested
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- Several white lines of varying lengths and angles are positioned in the bottom right corner of the slide, creating a modern, abstract graphic element.



STUDENT SUPPORT SERVICES

The Student Success Center works cooperatively with UHCL students, faculty, and staff to build and maintain learning support programs that are able to address the constantly changing needs of a diverse student body. In addition, the Center promotes a dynamic system of academic support that enables students to become active, responsible learners.

Services provided:

- ▶ Success Coaching
- ▶ Embedded Tutoring
- ▶ Tutoring (Chem, Acct., Biology, INST, Finance)
- ▶ Academic Success Workshops

STUDENT SUCCESS CENTER

S3.101

281-283-2450

Services provided:

- ▶ Crisis Assistance
- ▶ Therapy Services
- ▶ Psychiatric Services
- ▶ Self-Help Resources
- ▶ Referral Services
- ▶ We continue to offer all of our services remotely in a confidential virtual format as well as in-person Monday through Friday, 8 a.m. to 5 p.m.
- ▶ In-person therapy sessions are offered by appointment only, dependent upon current campus protocols. To book your appointment, please call 281-283-2580.
- ▶ If you are in need of additional support services, or have questions or concerns not related to Counseling Services, please contact the Dean of Students Office.

COUNSELING SERVICES

S3.103

281-283-2580

► **Online Consultations**

- The Writing Center offers appointment and drop-in consultations with peer writing consultants. In these sessions, you can have a conversation with your consultant about your writing for up to 45 minutes at a time.

► **Make an appointment: [Visit the Scheduling Website](#)**

► **Drop-in consultation: [Visit the Online Writing Studio](#)**

► **Face-to-Face Consultations**

- In addition to online writing consultations, the Writing Center now has face-to-face appointment options available at the Clear Lake campus. To schedule a face-to-face appointment, please [visit our scheduling website](#).
- To minimize health risks, group consultations are not available on campus at this time.
- We ask that you bring two copies of any documents you would like to share with your consultant for a face-to-face session. Please note that only 3 visitors may be in the Writing Center at the same time. Social distancing will be required at all times.

WRITING CENTER

S2.105

281-283-2910

Need Assistance?

We know many may be facing challenges due to the winter storm or the current COVID-19 pandemic. Let us know how we can help.

Dean of Students Office - Assistance Request Form

- ▶ Hawk Emergency Assistance Grant
- ▶ Hawk Pantry
- ▶ Online Learning Assistance

DEAN OF STUDENTS OFFICE

S1.201

281-283-2567

Important Update: We're Open!

The Math Center is currently supporting students through in-person, drop-in tutoring! Due to in-person demand, our virtual options are accessible by appointment only at this time. Our physical location on campus is Bayou 2127; no appointments are necessary to meet with a tutor. Simply stop by during our times (9 a.m. – 6 p.m.) and tell us what you're working on. See you soon!

Virtual Appointments

The Virtual Math Center is available via Zoom from 9 a.m.-6 p.m., Monday through Friday by appointment.

Launch Virtual Math Center

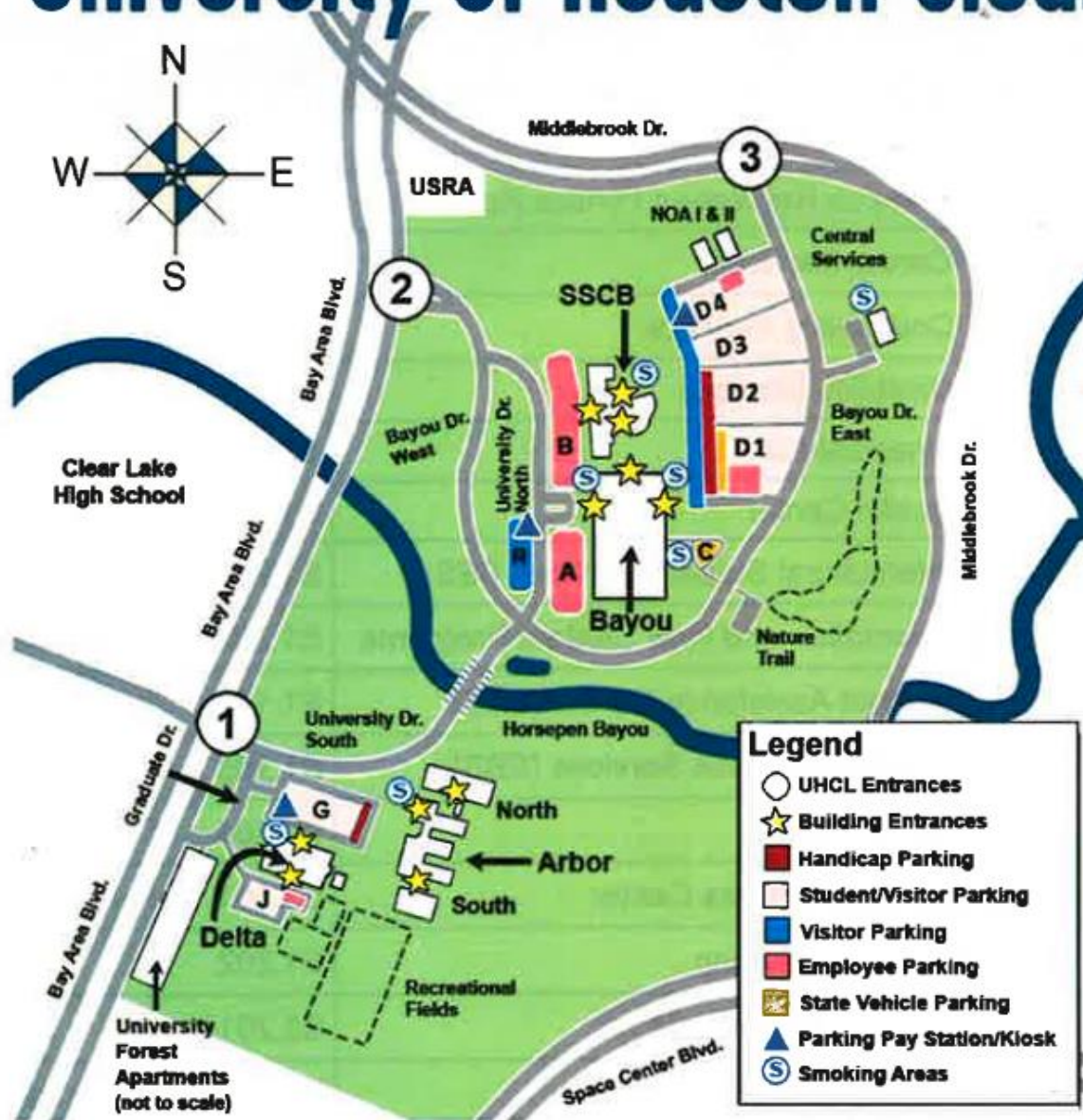
MATH CENTER

B2.127

281-283-2460

Bayou Building	Room	Phone 281-283-	Student Services and Classroom Building (SSCB)	Room	Phone 281-283-
Bookstore	B1206	2180	Admissions	S1.101	2500
Copy Center	B2403	2220	Campus Recreation Fitness Room	S2.103	2410
Library	B2402	3900	Career Services	S3.109	2590
Math Center	B2127	2460	Counseling Services	S3.103	2580
Office of International Admissions & Programs (OIAP)	B2123	2740	Disability Services	S1.301	2648
			Financial Aid	S1.105	2480
School of Business (BUS)	B2111	3110	Health Center	S1.301	2626
School of Education (SOE)	B1231	3600	Intercultural Student Services (ISS)	S1.203	2575
School of Human Sciences & Humanities (HSH)	B1539	3333	Orientation and New Student Programs	S1.202.01	2420
			Student Assistance Center (SAC)	S1.102	2722
School of Science and Computer Engineering (SCE)	B3611	3711	Student Business Services (SBS)	S1.103	2170
			Student Life	S1.204	2560
Support Center (UCT)	B2300	2828	Student Success Center	S3.101	2450
Testing Center	B1408	3080	Transfer Advising	S1.202	3068
University Academic Advising Center	B1408	3087	Veteran Services Office	S3.201	3071
University Police	Courtesy phone B1636	2222	Writing Center	S2.105	2910

University of Houston-Clear Lake Campus Map



Purchase a Parking Permit

Purchase parking permits online at www.uhcl.edu/parking

Hangtag permits are mailed. A printable, temporary permit will be provided at the time of purchase to be used until the permanent hangtag permit arrives.

Visitor Parking

Purchase a temporary visitor's permit at the parking pay station. Display the temporary permit on your dashboard and park in Lot R, or one of the curb spaces throughout campus (marked as visitor's parking). The Student Parking lot serves as overflow visitor's parking.

Parking Contact Information

Email: parking@uhcl.edu

Phone: 281-283-CARS (2277)



Questions???

