# FINALS STRETCH APRIL 26-30

Monday, Tuesday & Wednesday, April 26 - 28

# **Mindfulness Relaxation Pods**

10 A.M. - 5 P.M. | Campus Recreation & Wellness Center Register for a time and pod through **RWConnect**. Check in at the RWC Member Services Desk up to 5 minutes before your time. All pods and equipment will be cleaned and disinfected between usage.

# **Watch Party & Director Discussion**

**Owned** (Not Rated) Hosted by Common Reader Program 5 – 7:30 P.M. | Zoom Register: tinyurl.com/UHCL-Owned Hunter the Hawk reveals next year's Common Reader book!

# **Fitness Classes**

Monday Meditation | 11:30 A.M. Cardio Kettlebell | 1 P.M. **Revolution** (Group Cycle) | 5:30 P.M. Campus Recreation & Wellness Center

# **Fitness Classes**

**BodyPump** | 11:30 A.M. **Insanity** | 1 P.M. Pilates | 5:15 P.M. Campus Recreation & Wellness Center

### **Fitness Classes**

Revolution (Group Cycle) | Noon **BodyPump** | 5:30 P.M. **Campus Recreation & Wellness Center** 

# Zoom Zoo: Virtual Pet Social

Hosted by The Signal 4 P.M. | Zoom Register via GetInvolved

# **Game Night**

Hosted by Campus Activities Board 5:30 P.M. | Campus Rec & Wellness Center Register via GetInvolved

# **Fitness Classes**

Step N' Tone | Noon **Insanity** | 5:30 P.M. Campus Recreation & Wellness Center

# Outdoor Movie & Late-Night Breakfast

Spider-Man: Into The Spider-Verse (PG) 8 P.M. | Campus Rec Backyard Register via GetInvolved

# **Fitness Class**

Revolution (Group Cycle) | 5 P.M. **Campus Recreation & Wellness Center** 

For more information, visit: uhcl.edu/getinvolved

Any individual requiring an accommodation in order to participate in this event will need to contact the Division of Student Affairs at 281.283.3025 or via email at studentaffairs@uhcl.edu prior to the event



**Division of Student Affairs**