COVID & DOMESTIC/SEXUAL VIOLENCE COLLIDE
BATP 24HOUR CRISIS HOTLINE | 281-286-2525

GENERAL STATISTICS
- 1 in 4 women and 1 in 7 men experience physical violence
- 1 in 5 women and 1 in 71 men have been raped
- 1 in 5 women and 1 in 61 men are sexually assaulted in college & 90% do not report
- 1 in 3 college women report having been in an abusive relationship

SAFETY
Create a support system and maintain connections
- Keep a bag with clothes, important documents, valuables, and a list of written phone numbers to call for help
- Never hesitate to call 9-1-1 and a domestic violence/sexual assault crisis center. Both can be reached 24/7/365
- Stay alert
- Avoid going places you may run into your abuser
- Be mindful on online presence. Set online profiles to private and turn off location
- If you’re uncomfortable in a given setting, make up an excuse to leave
- Learn abusive patterns and avoid triggers

COVID STUDY
Call volume increased 15% in April
Out of 62,413
- 90% experienced verbal/emotional abuse
- 61% experienced physical abuse
- 24% experience financial abuse
- 16% experiences digital abuse
- 11% experienced sexual abuse

PREVENTION
Healthy communication and boundaries
Connection
Identify safe spaces and people
Community Ownership:
See something, say something.

DOMESTIC VIOLENCE CAUSES
- Covid
  - Disconnection from resources and support system
  - Shift in responsibilities
  - Reduced safe time
- Same
  - Economic/financial crisis
  - Substance abuse
  - Increased stress
- General
  - Isolation
  - Witnessed or experience abuse as a child
  - Power and control