



# COVID & DOMESTIC/SEXUAL VIOLENCE COLLIDE

**BATP 24HOUR CRISIS HOTLINE | 281-286-2525**



## GENERAL STATISTICS



1 in 4 women and 1 in 7 men experience physical violence

1 in 5 women and 1 in 71 men have been raped

1 in 5 women and 1 in 61 men are sexually assaulted in college & 90% do not report

1 in 3 college women report having been in an abusive relationship



## SAFETY FIRST

## SAFETY

Create a support system and maintain connections

Keep a bag with clothes, important documents, valuables, and a list of written phone numbers to call for help

Never hesitate to call 9-1-1 and a domestic violence/sexual assault crisis center. Both can be reached 24/7/365

Stay alert  
Avoid going places you may run into your abuser

Be mindful on online presence, Set online profiles to private and turn off location

If you're uncomfortable in a given setting, make up an excuse to leave

Learn abusive patterns and avoid triggers

## COVID STUDY



**Call volume increased 15% in April**  
**Out of 62,413**

- 90% experienced verbal/emotional abuse
- 61% experienced physical abuse
- 24% experience financial abuse
- 16% experiences digital abuse
- 11% experienced sexual abuse

## PREVENTION



- Healthy communication and boundaries
- Connection
- Identify safe spaces and people
- Community Ownership: See something, say something.

## DOMESTIC VIOLENCE CAUSES

**Covid**

- Disconnection from resources and support system
- Shift in responsibilities
- Reduced safe time

**Same**

- Economic/financial crisis
- Substance abuse
- Increased stress

**General**

- Isolation
- Witnessed or experience abuse as a child
- Power and control

