CURRICULUM VITAE

Mary B. Short
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CURRENT POSITION

Chair	Psychological and Behavioral Health Sciences, UHCL
Professor	UHCL
Director of Clinical Training	PsyD Program (Fall 2016 start; APA-On Contingency)

EDUCATION

Ph.D.	**Western Michigan University, Kalamazoo, Michigan**
M.A.	**Mankato State University, Mankato, Minnesota**
B.S.	**North Dakota State University, Fargo, North Dakota**

TEACHING EXPERIENCE:

Professor — **University of Houston – Clear Lake**
2004 – Present

Courses:

Child Psychology (Undergraduate Level)
Abnormal Psychology (Undergraduate Level)
Human Sexuality (Undergraduate and Graduate Level)
Interviewing and Assessment (Undergraduate and Graduate Level)
Basic Psychotherapy (Master's Level)
Behavioral Medicine (Master's Level)
Clinical Supervision (Master's and Doctoral Level)
Advanced Behavior Therapy (Doctoral Level)
Cognitive-Behavior Therapy (Masters Level)
Pediatric Psychology (Doctoral Level)
Group Psychotherapy (Master's Level)
Psychopathology (Master's and Doctoral Level)
Doctoral Internship (Doctoral Level)

AWARDS

Piper Finalist
Provost Scholarly Lecture Series Presenter
President's Distinguished Faculty Awards – Research
President's Distinguished Faculty Awards – Service
President's Distinguished Faculty Awards- Teaching
Outstanding Professor of the Year

GRANTS/FUNDING SUPPORT

2017 Principal Investigator. University of Houston Clear Lake, Faculty Research & Support Funds. *Variables Associated with Adults' and Children's Psychological Function and Helping Behaviors Following Hurricane Harvey.* $3800 (Funded)

2017 Faculty Sponsor (Krissy Harper- Student). University of Houston -Clear Lake, Hastings Family Project Funds. *Validation of the APOP: Acceptance of Pelvic Organ Prolapse.* $1000 (Funded)

2013 Co-Investigator. University of Texas Medical Branch, National Institute of Health. *Qualitative Study Investigating Reasons for the Gap between Parental Intentions and Initiation of HPV Vaccination.* $253,000 (Funded).

2012 Co-Principal Investigator, Texas Children's Hospital, Center for Disease Control. *Qualitative Assessment of Parental Factors Associated with Non-initiation or Noncompletion of the HPV Vaccination for Adolescents.* $150,000 (Not Funded)

2012 Co-Principal Investigator, University of Houston – Clear Lake, Hogg Foundatin. *Development of a Referral System to a Comprehensive Childhood and Adolescent Obesity Intervention in a Low Income Community.* $24,796 (Not Funded)

2012 Co-Principal Investigator, Texas Children's Hospital, Society of Adolescent Medicine. *Vaccinating Adolescents Now at School* (*VANS): Evaluating the Role of Trust in School-Located Immunization Programs.* $115,000 (Funded)

2010 Consultant, Texas Children's Hospital, MedImmune. *Focusing on Flu for Adolescents.* $75,000 (Funded)

DISSERTATION/THESIS SUPERVISED:

Dissertation Chair +12
Dissertations Committee Member = 6
Thesis Chair = 18
Thesis Committee Member = 12

RECENT PUBLICATIONS

1. Van Wie, M., **Short, M.**, Ahmed, M*., Verstovsek, l*., Winkler, L*., Mroczek, M*., Auslander, B. *Tropical Cyclone Effects: Impact of Parenting Behaviors and Styles on Mental Health Outcomes in Children.* Environmental Research and Public Health. Accepted for Publication.

2. Sandhu, H., Van Wie, M., **Short, M.,** Miller, C. Post-traumatic stress disorder after acute cardiovascular events: *Protocol of a systematic review and meta-analysis.* Journal of Clinical Medicine. Revise and Resubmit.

3. Balderas, J.,* Bistricky, S. L., Gimenez-Zapiola, M.,* Pascuzzi, B.*, Millmann, M.,* **& Short, M. B.** (2024). *Brief online intervention model promotes sustained helping behavior across 6 months following a population-wide traumatic event.* Psychological Reports.

4. Bistricky, S. L., Brickman, S., Littleton, H. L., & **Short, M. B.** (2023). *Don't fade on me: Coping, instrumental support, and posttraumatic growth in the year after a catastrophic hurricane-flood.* Traumatology.

5. **Short, M. B**., Kaye, S.*, KnightC.*, Riobueno-Naylor, A.*, Lai, B., Elkins, S., ... & Bistricky, S. L. (2023). *Parental Influence on Child Mental Health Post-Hurricane Harvey.* Journal of Child & Adolescent Trauma, 1-15.

6. **Short, M.B.** and Kanenberg, H. (2023). *Lessons Learned for Mitigating Psychological Distress Post-Natural Disaster: An Exploration of Giving and Receiving Help after Hurricane Harvey*. Texas Psychologist.

7. Harper, K.*, **Short, M. B.**, Bistricky, S. L, & Kusters, I.S. (2022). 1-2-*3! Catch- Up for HPV: A Theoretically Informed Pilot Intervention to Increase HPV Vaccine Uptake among Young Adults.* American Journal of Health Education , 54, 119=134.

8. Turner, K.A.*, Elkins, S.R., Walther, C.A., **Short, M. B.,** & Schanding, G. T. (2022). *Too Much of a Good Thing? Associations among Parenting Profiles and Helicopter Parenting.* The Family Journal, 31, 296-307.

9. Balderas, J.*, Bistricky, S.L., Schield, S., & **Short, M. B**. (2022). *Spontaneous and Instructed Emotion Regulation in Dysphoria: Effects on Emotion Experience and Use of Other Emotion Regulation Strategies.* Current Psychology, 12, 1-14.

10. **Short, M.B.,** Knight, C.,* Marek, R., & Kusters, I. (2022)**.** *Understanding factors associated with intent to receive the COVID-19 Vaccine.* Family, System, and Health.

11. Hussan, H.*, **Short, M.B.,** Elkins, S., & Schanding, G.T. (**Accepted**). *Effects of helicopter parenting on social emotional learning.* Contemporary School Psychology, 8, 10-23.

12. Elkins, S. R., Darban, B.,* Millmann, M.*, Martinez, M.,* & Short, M. B. (2021). *Predictors of Parental Accommodations in the Aftermath of Hurricane Harvey*. Child & Youth Care Forum*,* 1*,* 1-21.

13. Casillas, L.M.,* Elkins, S.R., Walther, G.T., Schanding, G.T., & **Short, M.B.** (2021). *Helicopter parenting style and parental accommodations: The moderating role of internalizing and externalizing symptomology.* The Family Journal, 29 (2), 245-255

14. Hudson, P.J,* Lai, B.S., & **Short, M. B.** (2021). *Cumulative Risk of Psychological Distress in College Students Effected by Hurricane Harvey.* European Journal of Psychology and Educational Research, 3, 101-109.

15. Lai, B.S., LaGreca, A. M., Colgan, C. A., Herge, W., Chan, S., Medzhitova, J., & **Short, M.B. (2021)**. *Sleep problems and posttraumatic stress: A prospective study of school-aged children following a natural disaster.* Journal of Pediatric Psychology, 38, 1-12.

16. Long, L. J.,* Bistricky, S.L., Phillips, C.A., D'Souza, J. M., Richardson, A.L., Lai, B.S., & **Short, M.B.** (2020). *The potential unique impacts of hope and resilience on mental health and well-being in the wake of Hurricane Harvey.* Journal of Traumatic Stress.

17. Bistricky, S.L., Long, L.J., Lai, B.S., Gallagher, M.W., Kanenberg, H., Elkins, S.R, Harper, K.*, & **Short, M.B**. (2020). *Surviving the storm: Avoidant coping, helping behavior, resilience and affective symptoms around a major hurricane.* Journal of Affective Disorders, 257:297-306.

18. Bistricky, S. L., Harper, K.L.*, Balderas, J.C.*, Cook, D.*, Rios, D., & **Short, M. B.** (2020). *Attentional avoidance of historically relevant, task irrelevant facial affect: Past depression, interpersonal characteristics, and ethnicity.* Psychological Reports*, 123* (6), 2263-2281.

19. Roberts, C.*, **Short, M.B.,** Harper, K.*, Bistricky, S.L. (2020). *Bedtime behaviors: Parental mental health, parental sleep, parental accommodation, and children's sleep disturbance.* Children's Health Care, 4: 1-19.

20. Bistricky, S. L., Harper, K.L.*, Roberts, C.M..*, Cook, D.M.*, Scheild, S.L.*, Bui, J.*., & **Short, M. B.** (2019). *Understanding and promoting stress management practice among college students through an integrated health belief model.* American Journal of Health Education, 49 (2), 12-27.

21. Auslander, B.A., Meers, J.*, **Short, M.B.,** Zimet, G., & Rosenthal, S.L. (2018). *A qualitative analysis of the vaccine intention-behavior relationship: Parent's descriptions of their intentions, decision-making behavior, and planning processes toward HPV vaccination.* Psychology and Health, 26: 1 – 13.

22. Harrison, L.*, & **Short, M.B.** (2018). *A preliminary study on the effects of parental accommodations on frequency of sickness in children.* International Archives of Public Health and Community Medicine, 2 (1), 7 – 15.

23. Meers, J.*, **Short, M. B.,** Rosenthal, S.L., Zimet, G., & Auslander, B.A., (2018). *Provider recommendations for the HPV Vaccine: A qualitative study of parent-provider interactions.* International Archives of Public Health and Community Medicine, 15.

24. Middleman, A., Won, T.*, Auslander, B.A., Misra, S., & **Short, M. B.** (2016). *HPV vaccine uptake in a school-located vaccination program.* Human Vaccines & Immunotherapeutics, 12: 2872-2874.

RECENT PRESENTATIONS

1. Lindsey, W.*, Shchepetova, A.*, Bathla, S.*, Box, H,*, Verstokek, L.,*, **Short, M.** (November 2025). *The Roles of Psychological Inflexibility (PI) and Experiential Avoidance (EA) in Problematic Porn Use (PPU).* Poster presented at the Association for Behavioral and Cognitive Therapies. New Orleans, LA

2. Bathla, S.*, Elkins, S. & Short, M.B. (November, 2023). *Parental Accommodations and Child Outcomes in the Aftermath of Hurricane Harvey.* Poster presented at the Association for Behavioral and Cognitive Therapies. Seattle, WA.

3. Millmann, M.,* Kanenberg, H., & Short, M.B. *Acceptance, Loss, and Death Attitudes.* (November, 2023) Poster presented at the Association for Behavioral and Cognitive Therapies. Seattle, WA.

4. Knight, C.*, Kaye, S.M.*, Marek, R.J., Kusters, I.S., & **Short, M.B.** (November, 2018). *The Relationship Between Mental Health Factors, Maladaptive Coping Strategies, and Treatment Seeking Behaviors during the COVID-19 Pandemic.* Poster presented at the Association for Behavioral and Cognitive Therapies. New Orleans, LA

5. Knight, C.*, **Short, M.B.,** Marek, R.J., & Kusters, I.S. (November, 2018). *Understanding Factors Associated with Intent to Receive the COVID-19 Vaccine.* Poster presented at the Association for Behavioral and Cognitive Therapies. New Orleans, LA.

6. Kaye, S.M.*, Knight, C.*, Lai, B., Elkins, S.A., Schanding, T., & **Short, M.B.** (November, 2021). *The Impact of Hurricane Harvey on Mental Health in Children and Adolescents.* Poster presented at the Association for Behavioral and Cognitive Therapies. New Orleans, LA

7. Farah, L.*, Harper, K.*, Darban, B.*, Long, L., Lai, B., **Short, M.B.,** Sara Elkins[1], Kanenberg, H., Gallagher, M., & Bistricky, S. (November, 2018). *How Strongly Were Hurricane Harvey Exposure, Coping, Social Support, and Ethnicity Related to PTSD Symptoms?* Poster presented at the Association for Behavioral and Cognitive Therapies. Washington, D C.

8. Casillas, L.*, Schanding, G. T., Short, M., Walther, C. A. P., & Elkins, S. R. (November, 2018). *Hovering or accommodating? An examination of differences in helicopter parenting and parental accommodations related to child psychopathology.* Poster presented Association of Behavioral and Cognitive Therapies, Washington, DC.

9. Harper, K.,* Bistricky, S. L. & **Short, M. B.** (November, 2017). *123 for HPV. Catch-up to take care of me.* Poster presented at the Association for Behavioral and Cognitive Therapies. San Diego, CA.
10. Obrien, K.,* Balderas, J.,* Rogers, S.,* **Short, M. B.,** & Bistricky, S. L. (November, 2017). *Emotion regulation and attention in dysphoria: When does rumination predict mood-congruent attention?.* Poster presented at the Association for Behavioral and Cognitive Therapies. San Diego, CA.