

**Curriculum Vitae  
October, 2020**

**Name** Sara R. Elkins, Ph.D.

**Business Address** University of Houston – Clear Lake  
2700 Bay Area Blvd., MC 22  
Houston, TX 77058-1002

**Contact Information** Office: (281) 283-3315  
E-mail: elkins@uhcl.edu

**Employment**

2020-present **Associate Professor, Department of Clinical, Health, & Applied Sciences**  
Core Faculty, Clinical Psychology Master of Arts Program  
Core Faculty, Health Service Psychology Doctoral Program  
University of Houston – Clear Lake

2014-2020 **Assistant Professor, Department of Clinical, Health, & Applied Sciences**  
Core Faculty, Clinical Psychology Master of Arts Program  
Core Faculty, Health Service Psychology Doctoral Program  
University of Houston – Clear Lake

**Licensure**

2014-present Licensed Psychologist, State of Texas

**Education and Training**

2012-2014 **Postdoctoral Fellowship**  
Baylor College of Medicine, Texas Children’s Hospital  
Clinical Child Psychology, Disruptive Behavior Disorders Program  
Postdoctoral Mentors: David Curtis, Ph.D. and Marni Axelrad, Ph.D., ABPP

2011-2012 **Predoctoral Internship, APA-Accredited**  
Baylor College of Medicine, Texas Children’s Hospital  
Predoctoral Supervisors: David Curtis, Ph.D. and Marni Axelrad, Ph.D., ABPP

2009-2012 **Doctorate, Clinical Psychology, APA-Accredited**  
University of Tennessee  
Dissertation: Reciprocal Relationships between Parenting & Youth Substance Use  
Major Advisors: Todd Moore, Ph.D. and Paula Fite, Ph.D.

2006-2009 **Master of Arts, Clinical Psychology, APA-Accredited**  
University of Tennessee  
Thesis: Electronic Diary Assessment of the Temporal Association between Angry Affect and Intimate Partner Violence  
Major Advisor: Todd Moore, Ph.D.

2002-2006     **Bachelor of Arts, Psychology, Summa cum Laude**  
University of Tennessee  
Honors Thesis: The Relation of Creativity & Panic Symptoms in College Students  
Major Advisor: Derek Hopko, Ph.D.

### **Awards and Honors**

2020           Texas Research & Scholarship Award, for 2019 article entitled, *Surviving the storm: Avoidant coping, helping behavior, resilience, and affective symptoms around a major hurricane-flood*. Awarded by the Center for Faculty Development, UHCL.

2017           Nominee for the Minnie Stevens Piper Teaching Award

2015-2019     Faculty Development Support Funds for Conference Travel, UHCL

2013           Deborah L. Rhatigan Early Career Researcher Award for Excellence in Violence Research, awarded by the Child Maltreatment and Interpersonal Violence SIG of ABCT

2012           Co-Author, Best of 2011 Violence Research: *Psychology of Violence*

2010           SEARCH Tennessee (Student/Resident Experiences and Rotations in Community Health program) Research Grant Recipient, awarded by the Tennessee Primary Care Association

2009           ESPN Fellowship for Scholastic Achievement, University of Tennessee

2007           Men’s Mental Health Special Interest Group (SIG) Research Poster Award, Association for Behavioral and Cognitive Therapies (ABCT)

2007           Scholarly Activity and Research Incentive Funds (SARIF) Award: Summer Research Grant

2006-2010     University of Tennessee Department of Psychology Research Travel Award

### **Publications – Refereed** (\*denotes student author)

1. \*Casillas, L.M., **Elkins, S.R.**, Walther, C.A.P., Schanding, G.T., & Short, M.B. (2020). Helicopter parenting style and parental accommodations: The moderating role of internalizing and externalizing symptomatology. *The Family Journal*.
2. \*Hussain, H., Schanding, G. T., **Elkins, S.R.**, & Short, M.B. (2020). The relationship between helicopter parenting and social-emotional learning. *Research and Practice in the Schools*.
3. Bistricky, S L., \*Long, L.J., Lai, B. S., Gallagher, M.W., Kanenberg, H., **Elkins, S. R.**, \*Harper, K., Short, M. B. (2019). Surviving the storm: Avoidant coping, helping behavior, resilience and affective symptoms around a major hurricane-flood. *Journal of Affective Disorder*, 257, 297-306.
4. **Elkins, S.R.**, Bond, M., & Curtis, D.F. (2019). Oppositional problems as a predictor of change in ADHD symptoms following family skills training. *Child Psychiatry and Human Development*, 50(6), 918-926.
5. Curtis, D.F., **Elkins, S.R.**, Duran, P., & Venta, A. (2016). Promoting a climate of reflective practice and clinician self-efficacy in vertical supervision. *Training and Education in Professional Psychology*, 10(3), 133-140.
6. Curtis, D.F., **Elkins, S.R.**, Areizaga, M., Miller, S., Brestan- Knight, E., & Thornberry, T. (2015). Oppositional Defiant Disorder. In G.M. Kapalka (Ed.) *Disruptive Disorders: A Guide for Integrating Pharmacotherapy and Psychotherapy*. Routledge: Taylor and Francis Group.

7. Butler, A. M., **Elkins, S.**, Kowalkowski, M., & Raphael, J. L. (2015). Shared decision making among parents of children with mental health conditions compared to children with chronic physical conditions. *Maternal and Child Health Journal, 19*(2), 1-9.
8. **Elkins, S. R.**, Fite, P. J., Moore, T. M., Lochman, J. E., & Wells, K. C. (2014). Bidirectional effects of parenting and youth substance use during the transition to middle and high school. *Psychology of Addictive Behaviors, 28*(2), 475-486.
9. Curtis, D.F., Heath, C., Chapman, S.G., & **Elkins, S.R.** (2013). Family skills training intervention for ADHD: Putting the child back into child therapy. *Journal of Psychological Abnormalities in Children, 2*: 107. doi: 10.4172/2329-9525.1000107.
10. Harris, T.B., **Elkins, S.R.**, Butler, A., Shelton, M., Robles, B., Kwok, S., Simpson, S., Young, D., Mayhew, A., Brown, A., Sargent, A. J. (2013). Youth gang members: Psychiatric disorders and substance use. *Laws, 2*(4), 392-400; doi:10.3390/laws2040392.
11. Shorey, R. C., Fite, P. J., **Elkins, S. R.**, Frissell, K. C., Tortolero, S. R., Stuart, G. L., & Temple, J. R. (2013). The association between problematic parental substance use and adolescent substance use in an ethnically diverse sample of 9th and 10th graders. *The Journal of Primary Prevention, 34*, 381-393; doi:10.1007/s10935-013-0326-z.
12. Stuart, G. L., Moore, T. M., **Elkins, S. R.**, O'Farrell, T. J., Temple, J. R., Ramsey, S. E., & Shorey, R. C. (2013). The temporal association between substance use and intimate partner violence among women arrested for domestic violence. *Journal of Consulting and Clinical Psychology, 81*(4), 681-690.
13. **Elkins, S.R.**, Moore, T.M., McNulty, J.K., Kivisto, A.J., & Handsel, V.A. (2013). Electronic diary assessment of the temporal association between proximal anger and intimate partner violence perpetration. *Psychology of Violence, 3*(1), 100-113.
14. Fite, P. J., Preddy, T. M., Vitulano, M. L., **Elkins, S. R.**, Grassetti, S. N., & Wimsatt, A. R. (2012). Perceived best friend delinquency moderates the link between contextual risk factors and juvenile delinquency. *Journal of Community Psychology, 40*(6), 747-761.
15. Fite, P.J., Wimsatt, A.R., **Elkins, S.R.**, & Grassetti, S. N. (2011). Contextual influences of proactive and reactive subtypes of aggression. *Child Indicators Research, 5*, 123-133.
16. **Elkins, S.R.** & Moore, T.M. (2011). A time-series study of the treatment of panic disorder. *Clinical Case Studies, 10*, 3-22.
17. Moore, T.M., **Elkins, S.R.**, McNulty, J.K., Rhatigan, D.L., Kivisto, A.J., & Handsel, V. (2011). Alcohol use and intimate partner violence perpetration among college students: Assessing the temporal association using electronic diary technology. *Psychology of Violence, 1*(4), 315-328.
18. Shorey, R., Sherman, A., Kivisto, A.J., **Elkins, S.R.**, Moore, T.M., & Rhatigan, D.L. (2011). Gender differences in depression and anxiety among victims of intimate partner violence: The moderating effect of shame-proneness. *Journal of Interpersonal Violence, 26*(9), 1834-1850.
19. Kivisto, A.J., Moore, T.M., **Elkins, S.R.**, & Rhatigan, D.L. (2009). The effects of PTSD symptomatology on laboratory-based aggression. *Journal of Traumatic Stress, 22*(4), 344-347.

### **Manuscripts Under Review** (\*denotes student author)

1. Axelrad, M.E., Martel, M.M., **Elkins, S.R.**, Chapman, S.G., Duran, P., & Minard, C. (**revise and resubmit**). A pilot randomized trial of a brief behavioral intervention for preschool disruptive behavior. *Behavioral Modification*.
2. **Elkins, S.R.**, \*Darban, B., \*Millmann, M.M., \*Martinez, M., Short, M.B, (**under review**). Predictors of family accommodations in the aftermath of Hurricane Harvey. *Child and Youth Forum*.
3. \*Patterson, P., Walther, C.A.P., & **Elkins, S.R. (under review)**. Associations among teacher identification of symptomology in the classroom and children's post-traumatic stress disorder symptomology: Potential influences of caregiver childhood maltreatment. *Psychology in the Schools*.
4. Kelling, N.J., Kelling, A.S., Walther, C.A.P., Johnston, A.M., & **Elkins, S.R. (revise and resubmit)**. Keep calm and conceal carry: Opinions about campus carry on a non-traditional university campus in Texas. *The Social Science Journal*.

### **Publications – Non-Refereed**

1. Curtis, D.F. & **Elkins, S.R.** (2014). Ensure back-to-school success for children with ADHD. *Our Children's Health: Texas Children's Hospital and Defender Media Group, 1*, 12-13.
2. Curtis, D. F. & **Elkins, S.R.** (August 18, 2014). Make a plan: Start early to ensure back-to-school success for children with ADHD. Texas Children's Hospital: Medicine | Milestones | Miracles Blog. <http://www.texaschildrensblog.org/author/dcurtis/>
3. Moore, T. M., Kivisto, A., & **Elkins, S.** (2008). Book Review. *Behavioral couples therapy for alcoholism and drug abuse*. O'Farrell, Timothy J., & Fals-Stewart, W. (2006). New York: Guilford. *The Family Psychologist, 24*(1), 26-28.

### **Current Projects in Data Collection**

1. Acceptability of behavioral parent training skills in a single-session seminar: How does perceived utility affect planned implementation?
2. Smartphone-delivered behavioral parent training for children receiving medication-management for ADHD.

### **Paper and Poster Presentations**

1. Martinez, M.\*, Nguyen, M.\*, Patterson, P.\*, Bathla, S.\*, Phan, C.\*, Mejia, C.\*, & **Elkins, S.R.** (November, 2020). *The moderating role of service utilization in the association between early childhood abuse and verbal and nonverbal abilities*. Poster accepted for presentation at the 54<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
2. Turner, K.\*, Walther, C.A.P., & **Elkins, S.R.** (November, 2020). *Helicopter parenting: Exploring the motivations and defining behaviors of parents who hover*. Poster accepted for presentation at the 54<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
3. Long, L.\*, Bistricky, S., Phillips, C.\*, D'Souza, J., Richardson, A.\*, Lai, B., Kanenberg, H., **Elkins, S.R.**, Harper, K., & Short, M. (November, 2019). *The comparative influence of hope and trait*

*resilience on mental health in the aftermath of Hurricane Harvey*. Poster presented at the 53<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

4. \*Millmann, M.M., \*Darban, B., \*Martinez, M., Short, M.B., & **Elkins, S.R.** (November, 2019). *Predictors of family accommodations in the aftermath of Hurricane Harvey*. Poster presented at the 53<sup>rd</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
5. \*Patterson, P., Walther, C.A.P., & **Elkins, S.R.** (November, 2019). *Associations among caregiver childhood maltreatment and children's post-traumatic stress symptomology: Potential influences on teacher identification of symptomology in the classroom*. Poster presented at the 53<sup>rd</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
6. \*Darban, B., \*Velasquez, K.M., \*Martinez, M., \*Nguyen, T., \*Casillas, L., \*Schield, S., Bistricky, S.L., Short, M.B., **Elkins, S.R.** (August, 2019). *Impact of Hurricane Harvey on parent psychopathology and parental accommodation*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
7. \*Turner, K., \*Torres, D., \*Speer, Z., Walther, C.A.P., & **Elkins, S.R.** (February, 2019). *Impact of clinical diagnosis and family values on acceptability of behavioral parent training skills*. Poster presented at the annual meeting of the Miami International Child and Adolescent Mental Health (MICAMH) Conference, Miami, FL.
8. \*Farah, L., \*Harper, K., \*Darban, B., \*Long, L., Lai, B., Short, M., **Elkins, S.**, Kanenberg, H., Gallagher, M., & Bistricky, S. (November, 2018). *How strongly were Hurricane Harvey exposure, coping, social support, and ethnicity related to PTSD symptoms?* Poster presented at the 52<sup>nd</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Washington, DC.
9. \*Casillas, L., Schanding, G.T., Short, M.B., Walther, C.A.P., & **Elkins, S.R.** (November, 2018). *Hovering or accommodating? An examination of differences in helicopter parenting and parental accommodations related to child psychopathology*. Poster presented at the 52<sup>nd</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Washington, DC.
10. \*Martinez, M., \*Casillas, L., \*Nguyen, T., \*Turner, K., \*Patterson, P., & **Elkins, S.R.** (November, 2018). *Moderating effects of parent monitoring and the parent-child relationship on early child temperament and the development of delinquency in adolescence: A longitudinal study of coercive family cycles*. Poster presented at the 52<sup>nd</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Washington, DC.
11. **Elkins, S.R.** (August, 2018). *Smartphone-delivered parent management training for children with ADHD*. In D. Curtis (Chair), *Innovations to extend best practice interventions for children with disruptive behavior disorders*. Symposium paper presented at the annual meeting of the American Psychological Association, San Francisco, CA.
12. \*Cook, D., Bistricky, S.L., Strait, G.G., Johnston, A., \*Velasquez, K., \*Harper, K., \*Schield, S., \*O'Brien, K., **Elkins, S.R.** (April, 2018). *How brief is too brief? A mindfulness intervention for social stress*. Poster presented at the annual meeting of the Southwestern Psychological Association, Houston, TX.
13. \*Torres, D., \*Turner, K., \*Speer, Z., Walther, C.A.P., & **Elkins, S.R.** (April, 2018). *Acceptability of behavioral parent training skills: Examination of family values on intent to implement skills*. Poster presented at the 2018 UHCL Student Conference for Research and Creative Arts, Houston, TX.

14. \*Schild, S., \*Casillas, L., \*Nguyen, T., \*Martinez, M., Walther, C.A.P., & **Elkins, S.R.** (April, 2018). *Associations between family size and implementation of behavioral parent training skills*. Poster presented at the 2018 UHCL Student Conference for Research and Creative Arts, Houston, TX.
15. \*Spinelli, M., **Elkins, S.R.**, & Walther, CA.P. (April, 2018). *Behavioral parent training: Tracking the employability of skills learned in a single session format*. Poster presented at the 2018 UHCL Student Conference for Research and Creative Arts, Houston, TX.
16. \*Cook, D., \*O'Brien, K., \*Harper, K., Johnston, A., **Elkins, S.**, Bistricky, S. (November, 2017). *To perform or not to perform: Avoidance, fear, and a brief training to increase mindfulness*. Poster presented at the 51<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
17. \*Casillas, L., \*Gardiner, B., \*Hussain, H., Walther, C.A.P., & **Elkins, S.R.** (April, 2017). *The relation between helicopter parenting and parent accommodation behaviors*. Poster presented at the 2017 UHCL Student Conference for Research and Creative Arts, Houston, TX.
18. \*Clark, L., \*Willis, M., Walther, C.A.P., & **Elkins, S.R.** (April, 2017). *The role of parenting on the effects of early childhood maltreatment: Do parenting practices serve as a predictor of adolescent delinquency?* Poster presented at the 2017 UHCL Student Conference for Research and Creative Arts, Houston, TX.
19. \*Cook, D., \*Harper, K., \*Bui, J., \*Roberts, C., \*Schild, S., \*Dworzycki, K., \*Garcia, D., Johnston, A., **Elkins, S.**, Bistricky, S. (April, 2017). *Trait mindfulness and short-term mindfulness use as predictors for anxiety level*. Poster presented at the 2017 UHCL Student Conference for Research and Creative Arts, Houston, TX.
20. \*Clark, L. & **Elkins, S.R.** (October, 2016). *Early child maltreatment and adolescent delinquency: Parent-child relationship and parent monitoring as predictors of resilience*. Poster presented at the 50th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
21. **Elkins, S.R.** & Curtis, D. F. (November, 2014). *Oppositional problems as a predictor of change in ADHD symptoms following family skills training*. Poster presented at the 48<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
22. **Elkins, S.R.**, Curtis, D.F., & Chapman, S.G. (November, 2013). *Smartphone monitoring of ADHD symptom changes in behavioral parent training*. Paper presented at the annual meeting of the Texas Psychological Association, Houston, TX.
23. Curtis, D.F., Chapman, S.G., **Elkins, S.R.**, Heath, C., & Perle, J. (November, 2013). *Applying evidence-based practices for ADHD intervention for school-aged children*. Workshop presented at the annual meeting of the Texas Psychological Association, Houston, TX.
24. **Elkins, S. R.**, Curtis, D. F., & Chapman, S. G. (November, 2013). *Smartphone monitoring of ADHD symptom changes in behavioral parent training*. Poster presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
25. Ritter, K., Moore, T. M., **Elkins, S. R.**, & McNulty, J. K. (November, 2013). *Electronic diary assessment of the temporal association between proximal negative affect, substance use, and intimate partner violence*. Poster presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

26. **Elkins, S.R.**, Fite, P.J., Moore, T.M., Lochman, J.E., & Wells, K.C. (November, 2011). *Bidirectional relationships between parenting and youth substance use: Examination of a cross-lagged developmental model of reciprocal effects*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
27. Curtis, D.F., Chapman, S.G., **Elkins, S.R.**, Heath, C., & McPherson, R. (November, 2012). *Behavioral innovations in child-focused treatment for ADHD*. Symposium paper presented at the annual meeting of the Texas Psychological Association, Austin, TX.
28. Sherman, A., Moore, T.M., **Elkins, S.R.**, Handsel, V., Kivisto, A., Ritter, K., Tirone, V., Shorey, R.C., Allen, L., Brown, M., De Caestecker, S., Mueller, J., Origin, D., Strickland, T., Turner, M. (November, 2011). *Effects of masculine gender role stress, Provocation, and gender of confederate on lab-based aggression*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
29. **Elkins, S.R.**, Moore, T.M., & McNulty, J.K. (November, 2010). *Moderating effects of alcohol use on the relationship between anger and dating violence*. Poster presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
30. Moore, T.M, Sherman, A., Ritter, K., **Elkins, S.R.**, Tirone, V., Handsel, V., Kivisto, A., De Caestecker, S., Brown, M., Allen, L., Gordon, K.C., McNulty, J.K., & Stuart, G.L. (November, 2010). *Assessing risk factors for substance use relapse using handheld computers*. Poster presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
31. Sherman, A., Shorey, R., Kivisto, A., **Elkins, S.**, Moore, T., & Rhatigan, D. (November, 2010). *Gender differences in the relationship between intimate partner violence victimization and anxious symptoms: The moderating role of shame-proneness*. Poster presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
32. De Caestecker, S., Sherman, A., Ritter, K., **Elkins, S.**, Handsel, V., Kivisto, A., Tirone, V., Allen, L., Brown, M., & Moore, T. (March, 2010). *The relationship between trauma history and relapse among patients in substance abuse treatment*. Poster presented at the Exhibition of Undergraduate Research and Creative Achievement, The University of Tennessee, Knoxville, TN.
33. Moore, T. M., Stuart, G. L., **Elkins, S.**, McNulty, J. K., Kivisto, A., Handsel, V., & Sherman, A. (November, 2009). Electronic diary assessment of the temporal association between substance use and intimate partner violence perpetration and victimization. In T. Moore & G. Stuart (Chairs), *Substance Use and Intimate Partner Violence: Is There a Causal Connection?* Symposium paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
34. Stuart, G.L., Moore, T.M., **Elkins, S.**, O'Farrell, T.J., Bucossi, M.M., Anderson, S.M., Ramsey, S.E., Kahler, C.W., Schonbrun, Y.C., Walsh, Z., Temple, J.R., & Monti, P. (November, 2009). The temporal association between substance use and intimate partner violence perpetration and victimization in men and women arrested for domestic violence. In T. Moore & G. Stuart (Chairs), *Substance Use and Intimate Partner Violence: Is There a Causal Connection?* Symposium paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

35. Stuart, G.L., Moore, T.M., **Elkins, S.**, O'Farrell, T.J., Leonard, K., Bucossi, M.M., Anderson, S.M., Ramsey, S.E., Kahler, C.W., Schonbrun, Y.C., Walsh, Z., & Temple, J.R. (November, 2009). The temporal association between substance use and intimate partner violence perpetration and victimization in men and women in treatment for substance abuse. In T. Moore & G. Stuart (Chairs), *Substance Use and Intimate Partner Violence: Is There a Causal Connection?* Symposium paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
36. Shorey, R., Sherman, A., Kivisto, A., **Elkins, S.**, Moore, T., & Rhatigan, D. (November, 2009). *Dating violence victimization and depression: The moderating effect of shame*. Poster presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
37. Sherman, A. E., Shorey, R. C., Kivisto, A., **Elkins, S.**, Rhatigan, D. L., & Moore, T. M. (November, 2009). *Dating violence victimization and anxiety: The moderating effect of shame*. Poster presented at the 43<sup>rd</sup> annual meeting for the Association for Behavioral and Cognitive Therapies, New York, NY.
38. **Elkins, S. R.**, Moore, T. M., Kivisto, A. J., Handsel, V., Nathanson, A., McCollum, K., & McNulty, J. K. (November, 2008). *Electronic diary assessment of the temporal association between intimate partner violence and negative affect*. Poster presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
39. Kivisto, A.J., Moore, T.M., **Elkins, S.R.**, & Rhatigan, D.L. (November, 2008). *An examination of the PTSD-aggression relationship using a lab-based aggression paradigm*. Poster presented at the 2<sup>nd</sup> annual meeting for the Association for Behavioral and Cognitive Therapies, Orlando, FL.
40. Moore, T. M., **Elkins, S. R.**, Kivisto, A. J., Handsel, V., Nathanson, A., McCollum, K., & McNulty, J. K. (November, 2008). *Electronic diary assessment of the temporal association between intimate partner violence and substance use*. Poster presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
41. **Elkins, S. R.**, Kivisto, A. J., Rhatigan, D., Stewart, C., & Moore, T. M. (November, 2007). *Masculine gender role stress and dating violence: Moderating effects of substance use*. Poster presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
42. Kivisto, A. J., **Elkins, S. R.**, Rhatigan, D. L., Anderson, K. J., & Moore, T. M. (November, 2007). *Validation of the masculine gender role stress scale in an ethnically diverse sample: Evidence for a multidimensional view of masculinity*. Poster presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
43. Rhatigan, D.L., Stewart, C., **Elkins, S. R.**, Kivisto, A. & Moore, T.M. (November, 2007). *College student attributions regarding female versus male perpetrated intimate partner violence*. Poster presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
44. **Smith, S. R.**, Miles, T., Smith, J., Hardesty, M., Rozell, B., Plenzler, S., Eisenstadt, M., & Hopko, D. R. (November, 2006). *Predicting CPAP compliance in patients with sleep apnea*. Poster presented at the 40<sup>th</sup> Annual meeting for the Association for Behavior and Cognitive Therapies, Chicago, IL.



45. **Smith, S. R.**, Hopko, D., Moore, E., & Yonkee, N. (March, 2006). *The relation of creativity and panic symptoms in college students*. Poster presented at the Exhibition of Undergraduate Research and Creative Achievement, The University of Tennessee, Knoxville, TN.

### **Workshops/Invited Addresses**

1. **Elkins, S.R.** (January, 2020). *Assessing and Developing Your Faculty Mentoring Network*. Invited workshop presented at the Center for Faculty Development Conference. University of Houston – Clear Lake, Houston, TX.
2. **Elkins, S.R.** & Martinez, M. (April, 2019). *Preschool Behavior Management Seminar*. Invited workshop presented to Moody Early Childhood Learning Center. Galveston, TX.
3. **Elkins, S.R.** (November, 2018). *Childhood Behavior Management Seminar*. Two workshops presented to UHCL and community members with graduate students in psychology. University of Houston – Clear Lake.
4. **Elkins, S.R.** (November, 2018). *Childhood Behavior Management Seminar*. A workshop presented to the Clear Lake City Freeman Library with graduate students in psychology. University of Houston – Clear Lake.
5. **Elkins, S.R.** (November, 2018). *Childhood Behavior Management Seminar*. A workshop presented to Family Service Center of Galveston County with graduate students in psychology. University of Houston – Clear Lake.
6. \*Martinez, M., \*Torres, D., \*Guzman, M., \*Schmidt, S., \*Cruz, A., & **Elkins, S.R.** (May, 2018). *Capacitación y Entrenamiento para Padres de Familia (Behavior Management Training for Parents)*. A 3-hour invited seminar presented to Spanish-speaking community members in El Campo, TX.
7. \*Casillas, L., \*Turner, K., \*Torres, D., \*Patterson, P., \*Nguyen, T., & **Elkins, S.R.** (April, 2018). *Behavior Management Training for Parents of Teenagers*. A 3-hour invited seminar presented to the Center for Success and Independence, Houston, TX.
8. \*Schield, S., \*Martinez, M., \*Nguyen, T., \*Torres, D., \*Speer, Z., \*Turner, K., \*Casillas, L., & **Elkins, S.R.** (January, 2018). *Behavior Management Training for Parents of Teenagers*. A 3-hour invited seminar presented to the Center for Success and Independence, Houston, TX.
9. **Elkins, S.R.** (November, 2017). *Behavior Management Seminar*. Two 3-hour workshops presented to UHCL and community members with graduate students in psychology. University of Houston – Clear Lake.
10. \*Martinez, M., \*Hernandez, E., & **Elkins, S.R.** (May, 2017). *Basics of Behavioral Parent Training*. A 2-hour invited workshop presented in Spanish to parents in the community. St. Robert Bellarmine Catholic Church, El Campo, TX.
11. **Elkins, S.R.** (January, 2017). *Oppositional Defiant Disorder: Introduction to Theory and Treatment*. Invited presentation in the Applied Behavior Analysis Program, University of Houston – Clear Lake.
12. **Elkins, S.R.** (November, 2016). *Introduction to Behavioral Parent Training*. Two 3-hour workshops presented to UHCL and community members with graduate students in psychology. University of Houston – Clear Lake.

13. **Elkins, S.R.** (November, 2015). *Behavioral Parent Training (BPT) Strategies for Parents and Professionals*. Two 3-hour workshops presented to UHCL and community members with graduate students in psychology. University of Houston – Clear Lake.
14. **Elkins, S. R.** (April, 2014). *Overview to Parent Management Training*. Invited address in the Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, Houston, TX.
15. **Elkins, S. R.** (April, 2014). *Preschool-Age Parent Management Strategies*. Invited address in the Department of Psychiatry and Behavioral Sciences, Baylor College of Medicine, Houston, TX.
16. Axelrad, M. E. & **Elkins, S. R.** (February, 2013). *Sleep Disorders and Sleep Training in Infants*. Invited address at the Mothers of Multiples Group, Houston, TX.
17. Axelrad, M.E. & **Elkins, S. R.** (June, 2013). *Behavior Management Strategies for Elementary-Aged Children*. Invited address at the Jewish Community Center, Houston, TX.

### **Grant Activity**

- |           |   |
|-----------|---|
| 2020      | Center for Faculty Development Grant, University of Houston –Clear Lake (\$1500)<br>“Developing Transferable Expertise: HSH Faculty Mentoring Program”<br>Development of workbook materials to be used by the HSH Faculty Mentoring Program and the University Mentoring Workgroup across the four colleges at UHCL.  |
| 2017-2019 | Faculty Research and Support Funds, University of Houston – Clear Lake (\$4500)<br>“Smartphone-Delivered Behavioral Parent Training for Children with ADHD”<br>Feasibility and outcome study of a smartphone-delivered intervention to children receiving medication management for ADHD.<br>Role: Principal Investigator   |
| 2017-2018 | Faculty Research and Support Funds, University of Houston – Clear Lake (PIs: Mary Short & Steven Bistricky) (\$3800)<br>“Effects of Hurricane Harvey”<br>Part I: Survey of mental health experiences following Hurricane Harvey (child, parent).<br>Part II: Motivational intervention for helping behavior related to Hurricane Harvey.<br>Role: Co-Investigator |
| 2015-2017 | Faculty Research and Support Funds, University of Houston – Clear Lake (\$5380)<br>“Dual Task Paradigms for ADHD Classification”<br>Pilot study of a dual task computer program to classify severity levels of ADHD in a sample of elementary-age children.<br>Role: Principal Investigator   |
| 2013-2014 | Robert Little Foundation, Inc. (\$3000) (Awarded to David F. Curtis)<br>“Smartphone Monitoring of ADHD Symptom Changes”<br>Pilot study of a Smartphone App for BPT treatment monitoring for children with ADHD.<br>Role: Principal Investigator   |

2012-2014      Baylor College of Medicine, Pediatric Pilot Research Award (PI: Marni E. Axelrad)  
“Efficacy of a Brief Behavioral Intervention to Treat ADHD and Disruptive Behaviors in Preschoolers”  
Randomized controlled trial of a 5-session behavioral intervention to reduce disruptive behaviors among a sample of 2- to 5-year-olds.  
Role: Co-Investigator and Interventionist

### **Clinical Experience**

2015-present    **Clinical Practicum Supervisor**  
University of Houston – Clear Lake, Psychological Services Clinic  
MA Practicum, PsyD Internal Practicum, PsyD External Practicum

2012-2014      **Postdoctoral Fellow**  
Baylor College of Medicine, Texas Children’s Hospital  
Rotations: Disruptive Behavior Disorders, Behavior Disorders in an Oncology Population, Anxiety Disorders  
Supervisors: Marni Axelrad, Ph.D., ABPP, David Curtis, Ph.D., Liza Bonin, Ph.D.

2011-2012      **Clinical Psychology Intern**  
Baylor College of Medicine, Texas Children’s Hospital  
Rotations: Disruptive Behavior Disorders, Pediatric Health, Pediatric Primary Care, Anxiety Disorders  
Supervisors: Marni Axelrad, Ph.D., ABPP, David Curtis, Ph.D., Karin Price, Ph.D., ABPP, Gia Washington, Ph.D., ABPP, David Schwartz, Ph.D., Ashley Butler, Ph.D.

2007-2011      **Graduate Clinician**  
The University of Tennessee Psychological Clinic  
Supervisors: Jeffrey Erickson, Ph.D., Paula Fite, Ph.D., Lance Laurence Ph.D., Jenny Macfie, Ph.D., Todd Moore, Ph.D., Michael Nash, Ph.D.

2009-2010      **Graduate Clinician**  
Cherokee Health Systems, Knoxville, TN--urban community mental health center (CMHC)  
Supervisor: Kristin Dean, Ph.D.

2008-2009      **Graduate Clinician**  
Cherokee Health Systems, Talbott, TN--rural CMHC for children/adolescents  
Supervisor: Allison East, Ph.D.

### **Teaching Experience**

2014-present    **Graduate Level Teaching, University of Houston – Clear Lake**  
Behavioral Parent Training (7630)  
Advanced Behavior Therapy (7235)  
Doctoral External Practicum (7039)  
Doctoral Practicum I (7038)  
Behavioral & Cognitive Therapies (6235)  
Master’s Clinical Practicum (6038)  
Personality Assessment (6033)

Behavioral Family Systems (5931, 5630)  
 Basic Psychotherapy Skills (5731)  
 Psychotherapy: Theory and Research (5231)

2014-present **Guest Lectures, University of Houston – Clear Lake**  
 Child Clinical/Behavioral Assessment (Personality Assessment course)  
 Ethics of Assessing and Treating Children (Ethics course)  
 Disruptive Behavior Disorders (Fritz Research Group)  
 Integration of Clinical/School Psychology (PsyD Orientation course)

2010-2011 **Clinic Coordinator/Teaching Assistant**  
 Directed psychology clinic functioning in collaboration with faculty director.  
 TA for second-year clinical practicum course (PSY 673: Lab in Psychotherapy).  
 The University of Tennessee Psychological Clinic, Knoxville, TN

**Dissertation Committees (UHCL)**

<b>Name</b>	<b>Project Title</b>	<b>Status</b>	<b>Role</b>
Paige Patterson	Spanking and aggression: Protective effects of parent-child relationship quality during early childhood.	Proposal Development	Chair
Hannah Hyatt	The impact of IQ and Autism severity on social-emotional learning skills of children with Autism Spectrum Disorder.	Proposed 2020	Committee Member
Jennalee Turner	Childhood maltreatment and school related outcomes in adulthood.	Proposed 2020	Committee Member
Jocelyn Gomez	Utilization of behavioral health within a patient-centered medical home model for childhood Attention-Deficit/Hyperactivity Disorder (ADHD).	Proposed 2020	Committee Member
Monica Martinez	Efficacy of an ACT-enhanced BPT intervention for parents of children with Attention-Deficit/Hyperactivity Disorder (ADHD).	Proposed 2019	Chair
Diana Love	To perform or not to perform: Avoidance, fear, and a brief training to increase mindfulness.	Proposed 2019	Committee Member
Laurel Casillas	Without a paddle: Utilizing OARS within an online problem-solving communication training program to improve the parent-child	Proposed 2018	Chair

relationship.

Staci Schield	Procedural adherence in pediatric medical conditions.	Proposed 2018	Committee Member
---------------	---	---------------	------------------

### **Master's Committees (UHCL)**

<b>Name</b>	<b>Project Title</b>	<b>Status</b>	<b>Role</b>
Kristin O'Brien	Attention bias variability and implications for depression vulnerability.	Proposing 2020	Second Reader
Debbie Torres	Psychosocial risk factors predict prescription opioid usage after spine surgery.	Completed 2019	Second Reader
Karina Turner	Helicopter parenting: Exploring the motivations and defining behaviors of parents who hover.	Completed 2019	Chair
Paige Patterson	Teacher recognition of externalizing and internalizing symptomatology among survivors of child trauma.	Completed 2019	Second Reader
Hira Hussain	The relationship between helicopter parenting and social-emotional development.	Completed 2018	Second Reader
Lindsay Clark	Early child maltreatment and adolescent delinquency: Parent-child relationship and parent monitoring as predictors of resilience.	Completed 2017	Chair

### **Independent Study Research Projects with Students**

<b>Name/ Degree</b>	<b>Project Title</b>	<b>Status</b>	<b>Role</b>
Thu (Mimi) Nguyen PsyD	<i>Empirical research project:</i> Self-concept change following Structured Dyadic Behavior Therapy for children with ADHD.	In progress	Chair
Monica Martinez PsyD	<i>Empirical research project:</i> Monitoring parent implementation in	In progress	Chair

a behavioral parent training intervention for ADHD.

Michelle Spinelli Postbaccalaureate	<i>Empirical research project:</i> Employability of skills in behavior management training.	Completed 2018	Co-Chair
Laurel Casillas PsyD	<i>Empirical research project:</i> Helicopter parenting: The role of accommodations in children with ADHD and anxiety.	Completed 2018	Chair
Jeanne' Dyer MA	<i>Review paper:</i> A review of the relationship between cyberbullying and traditional bullying in childhood.	Completed 2016	Chair

### **Qualifying Exam Papers**

<b>Name/ Degree</b>	<b>Project Title</b>	<b>Status</b>	<b>Role</b>
Rojan Bagheri PsyD	The effect of goal-setting on academic performance among school-aged children and adolescents.	Outline approved	Committee Member
Thu (Mimi) Nguyen PsyD	Emotion dysregulation among children with Attention-Deficit/Hyperactivity Disorder.	Completed 2020	Chair

### **Service Activities**

#### *Service to MA Program/ PsyD Program*

2018-present	Co-Director, External Practicum, Health Services Psychology PsyD
2018-present	Chair, various student remediation committees, Health Services Psychology PsyD
2017-present	Committee Member, Diversity Training Committee, Health Services Psychology PsyD
2017-present	Committee Member, Qualifying Exam Committee, Health Services Psychology PsyD
2017-2019	Faculty contributor to PsyD Self-Study & Accreditation
2017-2019	Clinical supervisor, weekly supervision for PsyD students (outside of a course, to allow to continue practicum hours)
2015-present	Faculty Advisor, UHCL Clinical Psychology Student Association (CPSA)
2015-present	Chair and Committee Member for graduate theses/dissertations
2015-present	Advisor to MA and PsyD students (12-15 advisees per year)
2015-present	Co-facilitator for MA and PsyD student admissions/interviews, new student orientations
2015-2017	Chair of Procedures and Requirements Committee, Health Services Psychology PsyD
2014-2016	Faculty contributor to the Health Services Psychology PsyD: Program mission, structure; Proposal Development; Coordinating Board Approval; SACS Accreditation

*Service to Department of Clinical, Health, and Applied Sciences (CHAS)*

- 2020 Search Committee Member, Health Services Psychology Program (3 searches)
- 2020 Search Committee Member, Social Work Program
- 2019 Search Committee Member, Social Work Program
- 2018 Search Committee Member, Health Services Psychology Program
- 2017 Search Committee Member, School Psychology Program
- 2015-present Participation in search activities for five other CHAS positions

*College of Human Sciences & Humanities*

- 2018-present Chair, HSH Faculty Mentoring Committee
- 2017-present Committee Member, HSH Faculty Mentoring Committee
- 2017 Search Committee Member, Psychological Services Clinic Office Administrator
- 2015 Search Committee Member, Clinic Director
- 2015-present Undergraduate advising for students interested in Clinical Psychology

*Service to University*

- 2020 Presenter, Faculty Development Day
- 2019-present Committee Member, Faculty Mentoring University Workgroup
- 2017-present Member, UHCL Institutional Review Board (Committee for the Protection of Human Subjects)
- 2016-2018 Committee Member, Parental Policies Workgroup
- 2015 Faculty evaluator for Student Conference for Research and Creative Arts
- 2014-present Faculty participant at UHCL Open Houses, Student Expos, Commencement

*Service to Profession: National Appointments*

- 2020-present Chair, Awards and Recognition Committee, Association for Behavioral and Cognitive Therapies (ABCT)
- 2015 Committee Member, ABCT Child Maltreatment & Interpersonal Violence Special Interest Group (SIG) Project Review Committee
- 2014-present Chair, Student Awards Subcommittee, Association for Behavioral and Cognitive Therapies (ABCT) Awards Committee
- 2012-2019 Committee Member, Dissertation Subcommittee
- 2010-present Committee Member, ABCT Awards Committee
- 2010-present Ad Hoc Reviewer: *Academic Pediatrics; Pediatrics; Journal of Child and Family Studies; Journal of Abnormal Psychology; Journal of Psychopathology and Behavioral Assessment; Prevention Science; Psychology of Violence*

*Service to Profession: Local Appointments*

- 2018-2019 Committee Member, Texas Psychological Association (TPA), Convention Planning Committee
- 2015-present Board Member, Academic Advisory Council, ESCAPE Family Resource Center, Houston, TX
- 2015-present Community Service as Advisor to Clinical Psychology Student Association (monthly participation in service events such as mental health awareness seminars, youth mental health fairs, fundraising for mental health events, sponsorship for professional trainings)

2015 Reviewer, Peer Review Think Tank, Texas Children's Hospital, Psychology Service  
2010-2011 Student Representative to the Clinical Psychology Program, University of Tennessee  
2008-2009 President, Psychology Graduate Student Association, University of Tennessee  
2007-2011 Clinical Psychology Student Liaison for the Council of University Directors in Clinical Psychology (CUDCP), University of Tennessee  
2007-2008 Vice President, Psychology Graduate Student Association, University of Tennessee

**Professional Associations**

2013 Society for Developmental and Behavioral Pediatrics (SDBP)  
2012-present Texas Psychological Association (TPA)  
2005-present American Psychological Association (APA) (Division 53)  
2005-present Association for Behavioral and Cognitive Therapies (ABCT) (Parenting and Families, ADHD, and Child Maltreatment/Interpersonal Violence Special Interest Groups)