
CURRICULUM VITAE

Steven L. Bistricky, Ph.D.

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CONTACT INFORMATION

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CURRENT POSITION

2012-present UNIVERSITY OF HOUSTON-CLEAR LAKE
Assistant Professor, Department of Clinical, Health, and Applied Sciences
Clinical Psychology Program Director

EDUCATION AND TRAINING

2010-2012 UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
Clinical Psychology Internship and Post-Doctoral Fellowship
Clinical Psychology Training Program, Department of Psychiatry, Langley Porter
Psychiatric Hospital & Clinics (APA Accredited-Clinical)

2005-2010 UNIVERSITY OF KANSAS
Clinical Psychology Ph.D. Program
Degrees: Master of Arts (February 2008), Doctor of Philosophy (August 2011)
Masters Thesis: Reaction time and pupillary dilation measures of emotional information
processing in dysphoria
Dissertation: Inhibitory processing of sad facial expressions and depression
Vulnerability
Masters Thesis and Dissertation Chair: Rick Ingram, Ph.D.

1997-2000 UNIVERSITY OF ARIZONA
Major: Communication
Degree: Bachelor of Arts, *Magna cum Laude* (May 2000)

1996-1997 NORTHERN ARIZONA UNIVERSITY

INSTRUCTIONAL AND SUPERVISORY EXPERIENCE

2012-present

Assistant Professor

UNIVERSITY OF HOUSTON-CLEAR LAKE. Teach primarily graduate courses with occasional undergraduate courses..

- Basic Psychotherapy Skills
- Group Psychotherapy
- Development and Treatment of Mood and Anxiety Disorders
- Personality Assessment
- Clinical Psychology Graduate Practicum
- Anxiety and Stress Management
- Abnormal Psychology
- Theories of Personality
- Social Psychology

Thesis committee member for master's students.

COMPLETED THESES

Caroline Roberts, B.A. (2017)

Title: Parental accommodation and children's sleep behaviors

Chair: Mary Short, Ph.D.; *Committee Members:* **Steven Bistricky, Ph.D.**, Julia Strait, Ph.D.

Jessica Balderas, M.A. (2016)

Title: Implementation of emotion regulation strategies and emotional experience in dysphoric individuals.

Chair: **Steven Bistricky, Ph.D.**; *Committee Member:* Mary Short, Ph.D.

Eric Lee, M.A. (2014)

Title: Thought control and emotion regulation strategies' relationships with treatment outcome in individuals with obsessive-compulsive disorder. (Thesis accepted by Utah State University Ph.D. program).

Chair: **Steven Bistricky, Ph.D.**; *Committee Members:* Alex Milam, Ph.D., Chad Wetterneck, Ph.D., Throstur Bjorvingsson, Ph.D.

Lindsey Knott, M.A. (2014)

Title: The impact of training in Functional Analytic Psychotherapy on therapists' target behaviors (Thesis accepted by Western Michigan University Ph.D. program).

Chair: William Norwood, Ph.D.; *Committee Members:* **Steven Bistricky, Ph.D.**, Chad Wetterneck, Ph.D.

Daniel Steinberg, M.A. (2014)

Title: Experiential avoidance and obsessive beliefs in obsessive-compulsive disorder. (Thesis accepted by University of North Texas Ph.D. program)

Chair: William Norwood, Ph.D.; *Committee Members:* **Steven Bistricky, Ph.D.**, Chad Wetterneck, Ph.D.

Jared Broussard, M.A. (2014)

Title: Effect of video game use and content on participant behavior and values

Chair: Mary Short, Ph.D.; *Committee Member:* **Steven Bistricky, Ph.D.**

THESES CURRENTLY IN PROGRESS

Kristin Boyd, B.A.

Title: Use of trial-level bias scoring to examine variability in attention associated With dysphoria

Chair: **Steven Bistricky, Ph.D.**; *Committee Members:* additional TBD

Katie Dirks, B.A.

Title: The influence of mindfulness practices on the fundamental attribution error

Chair: Amanda Johnston, Ph.D.; *Committee Member:* **Steven Bistricky, Ph.D.**

Dissertation committee member for doctoral students.

DISSERTATIONS CURRENTLY IN PROGRESS

Kristina Harper, M.A.

Title: '1-2-3! Catch-up for HPV': A theoretically informed psychoeducational intervention to increase HPV vaccine uptake among young adults .

Chair: Mary B. Short, Ph.D.; *Committee Member:* **Steven Bistricky, Ph.D.**

Diana Cook, M.A.

Topic: Mindfulness and expressive writing for performance anxiety

Chair: **Steven Bistricky, Ph.D.**; *Committee Members:* Sara Elkins, Ph.D., Amanda Johnston, Ph.D., Gerald Strait, Ph.D.

Staci Schield, M.A.

Topic: Development of a valid measure of psychosocial intervention adherence for chronic health conditions

Chair: **Steven Bistricky, Ph.D.**; *Committee Member:* Sara Elkins, Ph.D., additional member TBD

Mentor for student research and student educational/career goals.

MENTEES ADMITTED INTO DOCTORAL PROGRAMS

Jessica Balderas, Diana Cook, Jocelyn Gomez, Kristina Harper, Lindsey Knott, Eric Lee, Jasmin Prudon, Caroline Roberts, Staci Schield, and Daniel Steinberg.

MENTEES ADMITTED INTO MASTER'S PROGRAMS

Crystal Carbone, Katie Dworzycki, Donielle Garcia, Melissa Negrete, Amber Patterson, Beth Rainey, Staci Schield, Shelby Terral.

Mentor for student teaching assistantships

PAID ASSISTANTSHIPS (6; Personality Assessment course)

Crystal Carbone, Allison Garcia, Kristina Harper, Toby Meusburger, Ghazel Tellawi, Whitney Urane.

VOLUNTEER ASSISTANTSHIPS (27; Basic Psychotherapy Skills course)

Jessica Balderas, Antonio Bravo, Jennifer Bui, Laurel Casillas, Diana Cook, Lisa Dewaardt, Lauren Esworthy, Bri'Ana Gardner, Morgan Franklin, Jocelyn Gomez, Kristina Harper, Beth Jackson, Lindsey Knott, Lauren Long, Rebecca Marsh, Monica Martinez, Andrew Mattern, Jessica Miller, Nina Moak, Glenda Mutinda, Audrey Nguyen, Ryan Parker, Staci Schield, Sonia Singh, Kim Tran, Christopher Vo, Janet Zaborowski.

2011-2013

Clinical Skills Trainer

ADVANCING INTEGRATIVE MENTAL HEALTH SERVICES CENTER - UNIVERSITY OF WASHINGTON. Conduct trainings with various community mental health agencies to teach clinicians to administer evidence based treatments, such as Problem Solving Therapy. Provide individual case consultation.

2009-2010

Graduate Student Junior Clinical Supervisor

UNIVERSITY OF KANSAS PSYCHOLOGICAL CLINIC.

Duties: Provided junior (supervised) supervision to two novice graduate student therapists. Co-facilitated novice therapist orientation and training.

Supervisor: Sarah Kirk, Ph.D.

2008-2010

Instructor

UNIVERSITY OF KANSAS, Lawrence. Developed and taught Abnormal Psychology, Theories of Personality.

2007

Instructor

DUKE UNIVERSITY TALENT IDENTIFICATION PROGRAM, University of Kansas, Lawrence Campus. Taught intensive Introduction to Psychology course.

2006-2007

Graduate Discussion Section Instructor

UNIVERSITY OF KANSAS, Lawrence. For two semesters, created and executed lesson plans covering material for undergraduate psychology course. Lectured on research design, statistical analysis, and writing, and led discussions about clinical interviewing, diagnostic issues, and psychophysiological research.

- Experimental-Clinical Psychology

2006-2007

Graduate Teaching Guest Lecturer

UNIVERSITY OF KANSAS, Lawrence. Guest lectured on three occasions in psychological research methods course and introduction to psychology course regarding topics such as ethics in research, sampling techniques, abnormal psychology, and career development in psychology.

PEER REVIEWED JOURNAL ARTICLES

1. Knott, L., Wetterneck, C., Norwood, W., & **Bistricky, S.L.** (in press). The impact of training in Functional Analytic Therapy on therapists' target behavior. *Behavior Analysis: Research and Practice*.
2. **Bistricky, S.L.**, Harper, K.*, Roberts, C.*, Cook, D.*, Schield, S.*, Bui, J.*, & Short, M.B. (in press). Understanding and promoting stress management practices among college students with an integrated health behavior model. *American Journal of Health Education*. doi: 10.1080/19325037.2017.1377651
3. Gomez, J.*, Hoffman, H.G., **Bistricky, S.**, Gonzalez, M., Rosenberg, L., Sampaio, M., García-Palacios, A. Navarro-Haro, M.V., Alhalabi, W., Rosenberg, M., Meyer 3rd, W.J., Linehan, M.M. (2017). The use of Virtual Reality facilitates Dialectical Behavior Therapy® “observing sounds and visuals” mindfulness skills training exercises for a Latino patient with severe burns: A case study. *Frontiers in Psychology: Clinical and Health Psychology*.
4. **Bistricky, S.L.**, Gallagher, M.W., Roberts, C.*, Ferris, L.*, Gonzalez, A.*, & Wetterneck, C. (2017). Frequency of interpersonal trauma types, avoidant attachment, self-compassion, and interpersonal competence: A model of persisting post-traumatic symptoms. *Journal of Aggression, Maltreatment, and Trauma*. doi:10.1080/10926771.2017.1322657
5. Short, M.B., Wetterneck, C.T., **Bistricky, S.L.**, Shutter, T., & Little, T.E.* (2016). Clinicians' beliefs, observations, and treatment effectiveness regarding clients' sexual addiction and internet pornography use. *Community Mental Health Journal*, 51(8), 1070–1081. doi:10.1007/s10597-016-0034-2
6. Lee, E.*, **Bistricky, S.L.**, Milam, A., Wetterneck, C., & Björgvinsson, T. (2016). Thought control strategies and symptom dimensions in obsessive-compulsive disorder: Associations with treatment outcome. *Journal of Cognitive Psychotherapy*, 30(3), 177–189. doi:10.1891/0889-8391.30.3.177
7. **Bistricky, S.L.**, Harrison, J.*, Tran, K.*, & Schield, S.* (2016). Attending to emotional faces: Interpersonal connections and depression history. *Journal of Social and Clinical Psychology*, 35(3), 202-234. doi: 10.1521/jscp.2016.35.3.202
8. **Bistricky, S.L.**, Tran, K.*, & Muths, L.A.H.* (2016). Increasing use and dissemination of stress reduction techniques: Learning, familiarity, and family history. *Training and Education in Professional Psychology*, 10(2), 117-124. doi:10.1037/tep0000116
9. **Bistricky, S.L.**, Ingram, R.E., Siegle, G.J., & Short, M.B. (2015). Parental depression risk and reduced physiological responses during a valence identification task. *Cognitive Therapy and Research*, 39(3), 318–331. doi:10.1007/s10608-014-9660-6
10. **Bistricky, S.L.**, Atchley, R.A., Ingram, R.E., & O'Hare, A. (2013). Biased processing of sad faces: An ERP marker candidate for depression vulnerability. *Cognition and Emotion*, 28(3), 470-492. doi.org/10.1080/02699931.2013.837815
11. **Bistricky, S.L.** (2013). Mill and mental phenomena: Critical contributions to a science of cognition. *Behavioral Sciences*, 3(1), 217–231. doi:10.3390/bs3020217.

* denotes mentored trainee/student

12. Atchley, R.A., Ilardi, S.S., Young, K., Stroupe, N., O'Hare, A. **Bistricky, S.L.**,...Lepping, R.J. (2012). Depression reduces perceptual sensitivity for positive words and pictures. *Cognition and Emotion*, 26(8), 1359-1370. doi:10.1080/02699931.2012.660134
13. **Bistricky, S.L.**, Ingram, R.E., & Atchley, R.A. (2011). Facial affect processing and depression susceptibility: Cognitive biases and cognitive neuroscience. *Psychological Bulletin*, 137(6), 998-1028. doi:10.1037/a0025348
14. **Bistricky, S.L.**, Mackin, R.S., Chu, J., & Areán, P.A. (2010). Recruitment of older African Americans and Asian Americans with late life depression and mild cognitive impairment. *American Journal of Geriatric Psychiatry*, 18(8), 734-742. doi:10.1097/JGP.0b013e3181cc0314
15. Ingram, R.E., Nelson, T., Steidtmann, D., & **Bistricky, S.** (2007). Comparative data on child and adolescent cognitive measures associated with depression. *Journal of Consulting and Clinical Psychology*, 75, 390-403. doi:10.1037/0022-006X.75.3.390

* denotes mentored trainee/student

MANUSCRIPTS IN PROGRESS

1. Malchar, S., Praytor, S., Wallin, A., **Bistricky, S.L.**, & Schanding, Jr., G.T. (in peer review). Development of the Family-School Collaboration Inventory.
2. Balderas, J.*, Schield, S.*, Harper, K.*, Schanding, T., Ingram, R.E., Atchley, R.A., & **Bistricky, S.L.** (manuscript in revision). Memory for affective facial expressions in dysphoric individuals with or without past depression history.
3. Balderas, J.*, **Bistricky, S.L.**, Schield, S.*, & Short, M.B. (manuscript in revision). Spontaneous and instructed emotion regulation in dysphoria: Effects on emotion experience and use of other emotion regulation strategies.
4. **Bistricky, S.L.**, Walther, C., Balderas, J.*, Prudon, J.*, Ward, C., Ingram, R.E., & Atchley, R.A. (manuscript in revision). Distinct sleep deficits yield different neurocognitive attentional responses to socially salient information.
5. **Bistricky, S.L.**, Harper, K.*, Balderas, J.*, Cook, D.*, Rios, D., & Short, M.B. (manuscript in preparation). Optimizing social connection? Past depression, Hispanic ethnicity, and attention to facial affect among individuals in the US.
6. Ma, X., **Bistricky, S.L.**, & Milam, A. (manuscript in preparation). This is how I will feel: Immediate emotion prevents future anhedonia and future aversion.

PUBLISHED BOOK SECTIONS

1. Hammen, C., **Bistricky, S.L.**, & Ingram, R.E. (2009). Vulnerability to depression in adulthood. In R. Ingram & J. Price (Eds.), *Handbook of vulnerability to psychopathology: Risk across the lifespan*, 2nd Edition. New York: Guilford.
2. **Bistricky, S.L.** (2009). The Dysfunctional Attitudes Scale. In R.E. Ingram (Ed.), *International encyclopedia of depression*. New York: Springer Publishing Company.

3. **Bistricky, S.L.**, & Klein, J.* (2009). Minor depression. In R.E. Ingram (Ed.), *International encyclopedia Of depression*, New York: Springer Publishing Company.
4. Ingram, R.E., Steidtmann, D.K. & **Bistricky, S.L.**, (2008). Information processing: Attention and memory. In K. Dobson & D. Dozois (Eds.), *Risk factors in depression*. New York: Elsevier Books.

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NON-PEER REVIEWED PUBLIC HEALTH ARTICLES

1. Areán, P.A., **Bistricky, S.L.** (2003) Depression later in life: San Franciscans have treatment options. *San Francisco Observer*. July.
2. **Bistricky, S.L.** (2003) Holiday blues. *The Richmond Review*. December.

RESEARCH PRESENTATIONS

1. Boyd, K.*, Balderas, J.C.*, Rogers, S.*, Short, M.B., & **Bistricky, S.L.** (2017). Emotion regulation and attention in dysphoria: When does rumination predict mood-congruent attention? Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
2. Harper, K.*, Urane, W.*, Balderas, J., **Bistricky, S.L.**, & Short, M.B. (2017). 1-2-3 for HPV! 'Catch up' To take care of me! A pilot intervention to increase HPV vaccination uptake among 18-26 year olds. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
3. Cook, D.*, Boyd, K.*, Harper, K.*, Johnston, A., Elkins, S. & **Bistricky, S.L.** (2017). To perform or not to perform: Avoidance, fear, and a brief training to increase mindfulness. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
4. Balderas, J.C.*, Harper, K.L.* , Schield, S.L.* , Boyd, K., Short, & Bistricky, S.L. (2017). Spontaneous and instructed emotion regulation in dysphoria: Effects on emotion experience. Poster abstract accepted for presentation at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
5. Balderas, J.C.*, Harper, K.L.* , Schield, S.L.* , & **Bistricky, S.L.** (2017). Effects of spontaneous and instructed emotion regulation on competing emotion regulation strategies. Poster presented at annual Student Conference for Research and Creative Arts, University of Houston-Clear Lake, Houston, TX.
6. Cook, D.*, Harper, K.L.* , Bui, J.* , Schield, S.* , Dworzycki, K.* , Roberts, C.M.* , Garcia, D.* , Johnston, A., Elkins, S., & **Bistricky, S.L.** (2017). Relationships between anxiety and mindfulness: Traits, training, and practice. Poster presented at annual Student Conference for Research and Creative Arts, University of Houston-Clear Lake, Houston, TX.
7. Roberts, C.* , Cook, D.* , Bui, J.* , & **Bistricky, S.L.** (2017). Social and psychological predictors of stress reduction technique use in undergraduates. Research poster presented at annual conference of the Southwestern Psychological Association, San Antonio, TX.

8. Roberts, C.*, Wang, S.*, Nguyen, T.*, Ward, C., **Bistricky, S.L.**, & Short, M.B. (2017). Bedtime behaviors: The relationship of children's sleep disturbance behaviors and parental variables. Research poster presented at the annual conference of the Southwestern Psychological Association, San Antonio, TX.
9. **Bistricky, S.L.** (2016). Interpersonal trauma, competence and self-compassion: Relationships with post-traumatic symptoms. Presentation at Emily G. Sutter UHCL Symposium: Current Issues in Clinical, Health, and Applied Sciences. April 8th. Houston, TX.
10. Harper, K.H.*, Balderas, J.C.*, Bui, J.*, Short, M.B., & **Bistricky, S.L.** (2016). Health Belief Model as a predictor for college student intended use of stress management techniques. Research poster presented at the Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.
11. Balderas, J.C.*, Harper, K.L.*, Ingram, R.E., Atchley, R.A., **Bistricky, S.L.** (2016). Affective memory in dysphoric individuals with or without past depression history. Research poster presented at the Association for Behavioral and Cognitive Therapies 50th Annual Convention, New York, NY.
12. **Bistricky, S.L.** (2016). Social Anxiety and Autism. Presentation to students and faculty in grand rounds-Style colloquium at University of Houston-Clear Lake. February 25th. Houston, TX.
13. Gomez, J.*, Hoffman, H., Gonzalez, M., Patterson, D., Palacios, A.G., Navarro Haro, M.V., Al-Halabi, W., Rosenberg, L., Rosenberg, M., **Bistricky, S.**, Linehan, M., & Meyer, W. (2016). The use of virtual reality with Oculus Rift to facilitate Dialectical Behavior Therapy "observing sounds and visuals" mindfulness skills training exercises for a Latino patient with severe burns: A case study. Presented at International Society for Burn Injuries Annual Convention, Miami, FL.
14. Harper, K.*, Balderas, J.S.*, Osegueda, A.J.*, Short, M.B., & **Bistricky, S.L.** (2015). Re-attuned to harmony? Depression history, Hispanic ethnicity, and attention to emotion. Research poster presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.
15. Balderas, J.S.*, Love, D.*, Harper, K.*, Schield, S.*, Guidry, A.*, & **Bistricky, S.L.** (2015). Conflict management, negative assertion, rumination and self-esteem in remitted depressed individuals. Research poster presented at the Association for Behavioral and Cognitive Therapies 49th Annual Convention, Chicago, IL.
16. Harper, K.*, Balderas, J.S.*, Harrison, J.*, Love, D.*, Bui, J.*, & **Bistricky, S.L.** (2015). Fear of negative evaluation and rumination in relation to initiation, disclosure, and current dysphoria. Research poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Chicago, IL.
17. **Bistricky, S.L.**, Elmore, J.*, Guidry A.*, Tran, K.*, & Hellinghausen, L.* (2014). Personal predispositions and persuasion in selecting specific stress reduction techniques. Featured presentation. New Dimensions Day Hospital Continuing Education Series, Houston, TX.
18. **Bistricky, S.L.** (2014). Over the borderline: Dialectical behavior therapy's broadening applications. Paper Presentation at annual Current Issues in Mental Health symposium at University of Houston-Clear Lake. Houston, TX.

19. Lee, E. B.*, **Bistricky, S. L.**, Milam, A. C., Wetterneck, C. T., & Björgvinsson, T. (November 2014). Thought control strategies and obsessive-compulsive disorder dimensionality. Poster presented at the Association for Behavioral and Cognitive Therapies Annual Convention, Special Interest Group Poster Exposition, Philadelphia, PA.
20. Knott, L.E.*, Norwood, W. **Bistricky, S.L.**, & Wetterneck (2014). The impact of training in Functional Analytic Psychotherapy on therapists' target behaviors. Poster presented at the Annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
21. Negrete, M.*, Elmore, J.*, Hellinghausen, L.*, Tran, K.*, & **Bistricky, S.L.** (2014). Do as I say, do, and know: Disseminating stress reduction techniques. Presented at Southwestern Psychological Association. San Antonio, TX.
22. Harrison, J.*, Hellinghausen, L.*, **Bistricky, S.L.**, Elmore, J.*, Tran, K.*, Osegueda, A*. & Schield, S.* (2014). Afraid to ask: Relationships among past depression, current dysphoria, fear of negative evaluation, and reassurance seeking. Poster presented at annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
23. Harrison, J.*, Page, T.*, Hellinghausen, L.*, **Bistricky, S.L.**, Lazorwitz, B.*, Prudon, J.*, Negrete, M.*, & Guidry, A. (2014). Interpersonal incompetence and deficient social support: Correlates of past depression or current dysphoria? Poster presented at the Annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
24. Hellinghausen, L.*, Short, M.B., & **Bistricky, S.L.** (2014). Parental involvement and how it may affect children in dance. Research poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies. Philadelphia, PA.
25. Osegueda, A. J.*, David, C. A.*, **Bistricky, S. L.**, & Wetterneck, C. T. (2014). The effects of interpersonal trauma on intimacy, relationships and social competence. Poster presented at the International Society for Traumatic Stress Studies annual conference. Miami, FL.
26. Osegueda, A. J.*, David, C. A.*, **Bistricky, S. L.**, & Wetterneck, C. T. (2014). Effects of trauma types and frequency on PTSD severity and levels of distress. Poster presented at the International Society for Traumatic Stress Studies annual conference. Miami, FL.
27. Negrete, M.*, Elmore, J.*, Prudon, J.*, & **Bistricky, S.** (2014). Preferences for stress reduction techniques in racial and ethnic minority students. Poster presented at UHCL Student Conference for Research and Creative Arts. Houston, TX.
28. Ma., X., Short, M., **Bistricky, S.**, & Zaborowski, J.* (2014). The role of anticipated regret in risky sexual Decision making. Society for Personality and Social Psychology Annual Meeting. Austin, TX.
29. **Bistricky, S.** (2013). Problem Solving Therapy: An evidence based intervention for depression. Presentation at Current Issues in Mental Health symposium at University of Houston-Clear Lake. Houston, TX.
30. Tran, K.*, Hellinghausen, L.*, & **Bistricky, S.** (2013). What factors predict stress reduction technique use in future mental health practitioners? Poster presented at Association for Behavioral and Cognitive Therapies conference. Nashville, TN.

31. Hellinghausen, L.*, Tran, K.*, & **Bistricky, S.** (2013). What makes trainees willing to recommend certain Stress reduction techniques? Poster presented at Association for Behavioral and Cognitive Therapies conference. Nashville, TN.
32. Tran, K.*, Hellinghausen, L.*, & **Bistricky, S.** (2013). What predicts future mental health practitioners' intention to use certain stress reduction interventions? Poster presented at Association for Behavioral and Cognitive Therapies conference. Nashville, TN.
33. Fekri, S. M.*, Baker, M., **Bistricky, S.**, Couture, L., Nelson, C. J., & Mackin, R. S. (2012). Effect of anxiety on cognitive functioning and perception of cognitive difficulties in individuals with late life depression. Poster presented at American Association for Geriatric Psychiatry Convention. Washington, DC.
34. **Bistricky, S.**, Atchley, R.A., Ingram, R.E., O'Hare, A., Candea-Kromm, B.*, Judah, M.*, Appier, S.*, Garcia, A.*, Meyer, K.*, Bradshaw, G.*, Kearney, W.*, & Powell, E.* (2011). Preferential Processing of Sad Facial Expressions: An ERP Marker of Depression Risk. Poster presented at Society for Research in Psychopathology. Boston, MA.
35. Flach K.*, Pugh, S.R.*, Rudd L.*, Pan, J., Lii, S., **Bistricky, S.**, Areán, P., & Mackin, R.S. (2010). Expressive Language impairments in older adults with late life depression. Conference of the American Society on Aging. San Francisco, CA.
36. Flach, K.*, Lii, S., Pan, J., Pugh, S.*, Rudd, L.*, **Bistricky, S.**, Areán, P., & Mackin, R.S. (2010). Impairments of financial capacity in older adults with late life depression. Bay Area Clinical Research Symposium. San Francisco, CA.
37. **Bistricky, S.**, Young, K., O'Hare, A., Stroupe, A., Fitts, A. Schuster, J. Ilardi, S. and Atchley, R.A. (2009). Depression and attention to emotionally valenced words and images: An event-related potentials (ERP) study. Poster presented at the Society for Research in Psychopathology Conference, Minneapolis, MN.
38. Young, K. Stroupe, N., Fitts, A. Ilardi, S. Collison, E.*, **Bistricky, S.**, O'Hare, A., & Atchley, R.A. (2009). The influence of depression on the detection of affect in pictures and words. Abstract published for presentation at the Theoretical & Experimental Neuropsychology meeting, Montreal, Quebec.
39. **Bistricky, S.L.**, Garcia, A.J.*, Candea-Kromm, B.*, Bradshaw, G.*, Ingram, R.E. (2009). Emotional facial expression interpretation differences among individuals with and without risk factors for major depression. Poster presented at the Graduate Research Competition, Lawrence, Kansas.
40. **Bistricky, S.L.**, & Ingram, R.E. (2008). Sustained pupil dilation and reaction time measures of emotional information processing in dysphoria: Gender matters. Poster presented at Society for Psychophysiological Research conference, Austin, TX.
41. **Bistricky, S.L.**, & Ingram, R.E. (2008). What were they thinking? Pupil dilation, self-reported off-task thinking, and incidental recall following attentional focus on emotional aspects of information. Poster presented at 2008 Society for Psychophysiological Research conference, Austin, TX.
42. **Bistricky, S.L.**, & Hamilton, N.A. (2008) The Positive and Negative Affect Schedule and dysphoria: A principal components analysis. Poster presented at Southwestern Psychological Association Convention, Kansas City, MO.

43. **Bistricky, S.L.**, Mackin, R.S., & Areán, P.A. (2005). Effective strategies for recruiting minorities suffering from late life depression and mild cognitive impairment. Poster presented at 2005 American Association for Geriatric Psychiatry Convention, San Diego, California.
44. **Bistricky, S.L.**, Mackin, R.S., & Areán, P.A. (2004). Efficacy of recruitment strategies for individuals suffering from late life depression and mild cognitive impairment. Poster presented at 2004 Bay Area Clinical Research Symposium, San Francisco, California.

RESEARCH EXPERIENCE

- 2012-present **Research Faculty**
UNIVERSITY OF HOUSTON-CLEAR LAKE
Develop and conduct a line of research focused on cognitive biases and cognitive functioning in depressed and depression-vulnerable individuals. Supervise undergraduate and graduate students in research projects. Conceptualize research projects, collect data, and publish and present findings.
- 2010-2012 **Post-Doctoral Research Fellowship in Clinical Psychology**
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO CLINICAL PSYCHOLOGY TRAINING PROGRAM, Clinical, Translational and Clinical Services Research in the Treatment of Mood Disorders in Older Adults, Department of Psychiatry. Collect and analyze data, write manuscripts for journal publication, and consult on new and existing research projects related to late life depression.
Research Mentors: Patricia Areán, Ph.D.; R. Scott Mackin, Ph.D.
- 2005-2010 **Project Coordinator**
UNIVERSITY OF KANSAS, Department of Psychology
Cognitive-Clinical Lab. Designed, implemented, and collaborated on research projects related to cognition and depression vulnerability. Used self-report, behavioral and psychophysiological (pupil dilation) measures to examine cognitive processing of emotional stimuli in individuals vulnerable to depression based on personal or family depression history or current dysphoria.
Research Mentor: Rick Ingram, Ph.D.

Psychophysiology, Emotion, and Psycholinguistics Lab. Designed, implemented, and collaborated on projects related to depression and behavioral and electrophysiological (event-related potentials) responses to emotional words, pictures, and facial expressions. Trained research assistants in data collection and cleaning procedures.
Research Mentor: Ruth Ann Atchley, Ph.D.
- 2007-2008 **Lab Coordinator of Undergraduate Research Assistants**
UNIVERSITY OF KANSAS, Department of Psychology, Cognitive-Clinical Lab.
Recruited, interviewed, and selected qualified students to join research lab; assigned students with current research projects, designed curriculum, and conducted meetings.

2003-2005

Lead Research Associate

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, Department of Psychiatry, Collaborative Psychotherapy for the Elderly with Depression Project. Position with NIMH-funded clinical trial. Prepared subject tracking and recruitment reports, oversaw databases, and trained new staff on study protocols. Produced research posters and manuscript for publication.

Research Mentors: Patricia Areán, Ph.D.; R. Scott Mackin, Ph.D.

2003

Volunteer Research Assistant

UNIVERSITY OF CALIFORNIA, BERKELEY, Institute of Personality and Social Research, 1/03-7/03. Research project within Dr. Ann Kring's laboratory investigating verbal and nonverbal sequencing of behaviors in normal and socially anxious individuals in interpersonal situations. Provided feedback for piloting coding procedures, coded non-verbal behaviors in dyadic interactions.

Primary Research Mentor: Erin Heerey, Ph.D.

CLINICAL EXPERIENCE AND TRAINING

2013-present

Clinical Practicum Supervisor

UNIVERSITY OF HOUSTON-CLEAR LAKE

Provide individual and group supervision to graduate student clinicians', manage caseloads, coordinate with Clinic Director regarding functioning of practicum and clinic.

2011-2012

Post-Doctoral Fellowship in Clinical Psychology

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO CLINICAL PSYCHOLOGY TRAINING PROGRAM, Clinical Assessment and Intervention Cluster, Department of Psychiatry.

Over 60 Program

Duties: Conducted Problem Solving Therapy or conduct novel evidence-based, stepped-care psychotherapy tailored to individual needs of depressed older adults.

Clinical Supervisors: Pat Areán, Ph.D.; R. Scott Mackin, Ph.D.

Adolescent Dialectical Behavior Therapy Graduate Group

Duties: Co-led process group with adolescents and young adults who have completed multifamily skills group modules of DBT to address multiple problems, often including suicidal ideation and other self-injurious impulses and behaviors. Participate in weekly multidisciplinary consult meetings with individual DBT therapists and other group leaders.

Clinical Supervisors: Barbara Stuart, Ph.D., Alison Yeager, Psy.D., Esme Shaller, Ph.D.

Mindfulness Based Cognitive Therapy for Depression

Duties: Co-facilitated 8-week MBCT group for adults with depression resistant to psychopharmacological intervention.

Clinical Supervisors: Stuart Eisendrath, M.D.; Maura McLane, MFT.

Psychological Assessment Clinic—Psychiatric Differential Diagnosis Emphasis

Duties: Conducted psychological and neuropsychological assessments of patients referred to specialty assessment clinic based on complex psychiatric, cognitive, and neurological complaints and suboptimal response to previous psychiatric or medical interventions.

Clinical Supervisors: William Hooker, Ph.D.; Joel Kramer Psy.D.

2010-2011

Pre-Doctoral Internship in Clinical Psychology

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO CLINICAL PSYCHOLOGY TRAINING PROGRAM, Clinical Assessment and Intervention Cluster, Department of Psychiatry.

General Psychiatric Outpatient Services (San Francisco VA Medical Center)

Duties: Conducted Cognitive Behavioral Therapy with patients with diagnoses such as Major Depressive Disorder, Bipolar Disorder, Post-Traumatic Stress Disorder, Social Phobia, and Attention Deficit/Hyperactivity Disorder. Utilized mindfulness, exposure, cognitive behavioral, and acceptance and commitment therapy strategies. Consulted with social workers, nurses, and psychiatrists regarding patients' psychosocial functioning.

Clinical Supervisors: John McQuaid, Ph.D.; Jane Zich, Ph.D.

Adult Psychiatry Clinic

Duties: Conducted Cognitive Behavioral Therapy in an outpatient setting with a population including adults with diagnoses such as Major Depressive Disorder, Bipolar Disorder, and Anxiety disorder NOS. Participated in team case supervision.

Clinical Supervisors: Patricia Areán, Ph.D.; Beverly Lehr, Ph.D.

Over 60 Program

Duties: Conducted Problem Solving Therapy with depressed older adults with disability, financial problems, and various other case management needs.

Clinical Supervisors: Patricia Areán, Ph.D.; Jane Zich, Ph.D.

Psychological Assessment Clinic—Neuropsychology Emphasis

Duties: Conducted assessments with adult patients with suspected neurological disorder caused by trauma, vascular disorders, infectious diseases, or degenerative disorders, as well as primary psychiatric disorders. Provided consultation and referral services for patients within the UCSF Adult Inpatient Unit and Partial Hospitalization program.

Clinical Supervisors: Joel Kramer, Psy.D.; William Hooker, Ph.D.

Adolescent Dialectical Behavior Therapy Program

Duties: Co-led DBT-A Multi-Family Skills Groups for adolescents with multiple chronic psychiatric problems, including suicidality and other self-injurious behaviors, and the adolescents' guardians. Taught and motivated families to use new skills, and responded empathically to their experiences. Participated in weekly multidisciplinary consult team meetings.

Clinical Supervisors: Auran Piatigorski, Ph.D.; Samantha Fordwood, Ph.D.; Alison Yeager, Psy.D.; Esme Shaller, Ph.D.

Partial Hospitalization Program

Duties: Individually led DBT emotion regulation skills groups with a diverse adult population of patients with mood disorders, anxiety disorders, thought disorders, Borderline Personality Disorder, and various other Axis II disorders, patients requiring a greater level of care than outpatient psychiatric services.

Clinical Supervisors: Alla Spivack, M.D.; Martin Mulkey, MFT; Venus Bobis, MFT

Adult Inpatient Psychiatric Hospitalization Program

Duties: Provided intake assessment, brief psychosocial intervention, and case management for patients in a locked psychiatric facility. Worked with a diverse population of individuals, ranging in age, ethnicity, socioeconomic status, and acuity diagnosed with psychotic disorders, mood disorders, substance-induced disorders, and various Axis II disorders. Collaborated with multidisciplinary team of psychiatrists, social workers, and psychiatric nurses.

Supervisors: Andrew Booty, M.D.; Stephen Hall, M.D.; Dale McNeil, Ph.D.

Emergency Department, Psychology Consultation and Liaison

Duties: Provided assessment and crisis management with a diverse population of patients. Trained in empirically based evaluation of patient risk for violence and suicide. Worked with patients and family members, typically of lower socioeconomic status, with a wide range of diagnoses.

Clinical Supervisors: Jewel Shim, M.D.; Kristen Brooks, M.D.; Eve Maremont, M.D.

2006-2010

Graduate Student Clinician

UNIVERSITY OF KANSAS PSYCHOLOGICAL CLINIC.

Duties: Conducted individual, couples, and group psychotherapy with community members and college students varying widely in socioeconomic status and educational background. Conducted ongoing comprehensive psychological assessments. Consulted with external agencies and care providers about treatment and case management issues. Utilized attachment therapy, ACT, CBT, mindfulness, motivational interviewing.

Supervisors: Sarah Kirk, Ph.D.; Doug Witt, Ph.D.; Cyd Schnacke, Ph.D.

2003- 2005

Research Clinician

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO, LANGLEY PORTER PSYCHIATRIC INSTITUTE.

Duties: Conducted research and clinical assessments with diverse population of elderly participants, longitudinally assessing mood, disability and health status.

Supervisor: R. Scott Mackin, Ph.D.

SERVICE ACTIVITIES

Service to Profession

External Member of Institutional Review Board

NASA-Johnson Space Center, 2014-present.

Service as sole non-NASA/JSC member and sole Psychologist on IRB Board.

- Each month, review dozens of new research proposals, current project amendments, and participate in meeting.

- Contribute to collaborative decision making regarding the protection of human subjects in research at NASA and/or in collaboration with other research institutions and international space agencies, such as the European Space Agency (ESA), Japanese Aerospace Exploration Agency (JAXA), and the Russian Space Agency (RSA).
- Provide focused consultation to IRB regarding stress and behavioral health research, including HERA, an analogue environment for simulating isolation, confinement, and extreme conditions of long-term space exploration.
- Protect human subjects and facilitate operation of studies generating valuable findings.

Ad hoc consultant to Executive Director of Texas State Board of Examiners for Psychologists (TSBEP) regarding Licensed Psychological Associate training standards, 2017.

Affiliate Member, Council of Combined-Integrated Doctoral Programs in Psychology, 2017

Ad hoc reviewer. Provided evaluative commentary on manuscripts for the following academic journals:

Brain and Cognition, 2017
Journal of Affective Disorders, 2017
Journal of Behavior Therapy and Experimental Psychiatry, 2016
Biological Psychology, 2016
Journal of Traumatic Stress, 2016
Journal of Social and Personal Relationships, 2016
European Child & Adolescent Psychiatry, 2015
Psychology and Neuroscience, 2015
Cognitive Therapy and Research, 2009, 2010, 2015, 2016
Cognition & Emotion, 2013, 2014
British Journal of Education, Society, & Behavioral Science, 2013
Psychiatry Research, 2012-2014
Journal of Applied Gerontology, 2010
Clinical Psychology and Psychotherapy, 2007

Ad hoc presentation abstract reviewer for Southwestern Psychological Association, 2013.

Service for UHCL Clinical Psychology (M.A.) Program

- Director of Clinical Training (May 2017-present)
- Management of online application procedures for program admissions
- Management of program web site (2016-2017)
- Student admissions committee member each year
- Graduate thesis committee member
- Advisor for graduate students

Service for UHCL Health Service Psychology (PsyD) Program

- Chair of student admissions committee and contributor to student orientation to program
- Management of online application procedures
- Presenter for student professional development seminars
- Faculty contributor to establishing program mission, structure, and inaugural cohort and classes
- Faculty consultant on matters of program policy and functioning

Service for UHCL Department of Clinical, Health, and Applied Sciences (CHAS)

- Participate in department meetings and meetings among Professional Psychology programs
- Provide relevant information for semester course scheduling, other modest contributions necessary to departmental functioning
- Participation in faculty searches for CHAS programs

Service for UHCL College of Human Sciences & Humanities (HSH)

- Lead Administrator for interdepartmental Psychology Research Participant Pool, summer 2015-present. Coordinate functioning of research pool. Along with former lead administrator, coordinated collaborative revamping of policies, procedures, and use of SONA mass-testing feature to facilitate faculty research productivity. Coordinate collaborative research exchange with UHCL College of Business.
- Member of Faculty Mentoring Committee. Facilitate and assess new faculty assimilation and success, 2013-present
- Pro bono temporary clinical supervisor for two interns and seven students finishing practicum in Psychological Services Clinic, July-May 2014
- Pro bono presenter at UHCL Psychological Services Clinic's Current Issues in Professional Psychology symposium, 2013, 2014, 2016
- Provide informal advising about Clinical Psychology and Health Service Psychology programs to undergraduate students, 2012-present
- Participation in semi-weekly HSH Issues Forum meetings, 2014-present

Service for University of Houston-Clear Lake

- Senator, UHCL Faculty Senate, 2016-2017
 - Member, Faculty Senate Research Committee
 - Member, Faculty Senate Facilities and Support Services Committee
 - Member, UHCL Master Plan subcommittee
- Participated in UHCL Open House, 2013, 2014, 2015, 2016, 2017
- Faculty Evaluator for Student Conference for Research and Creative Arts, 2013, 2014, 2015, 2016
- Consultant on approved Doctor of Psychology proposal, 2012-2016
- Faculty Co-Advisor Psi Chi Student Honor Society, 2013-2016
- Faculty Co-Advisor Psychology Club Student Organization, 2014-2016

HONORS AND LEADERSHIP POSITIONS

- 2015-2016 **Minnie Stevens Piper Teaching Award Finalist**, University of Houston-Clear Lake. Recognition for finalist distinction at UHCL for Texas state-wide award for teaching excellence.
- 2009-2010 **C.R. Snyder Award for Excellence in Research Achievement**, University of Kansas. Clinical psychology program honor recognizes significant student research contributions.
- 2009-2010 **Lori Irving and Mitch Handelsman Graduate Student Teaching Award**, University of Kansas. Psychology Department honor recognizes outstanding performance in undergraduate instruction.
- 2009-2010 **Scott Mesh Honorary Scholarship for Research in Psychology**, American Psychological Association of Graduate Students. Received grant of \$2,000 to assist completion of proposed research examining cognitive processing of facial affect in depression-susceptible groups.

- 2008-2009 **David Schulman Award for Excellence in Clinical Psychology**, University of Kansas. Clinical Psychology program honor recognizes distinguished overall academic, clinical, and research performance by graduate trainee.
- 2008-2009 **Graduate Admissions Committee Member for the Clinical Psychology Program**, University of Kansas. Reviewed and rated all applications, collaborated with the two faculty committee members to select initial pool of applicants to receive offers, coordinated applicant transportation, accommodations, and interview weekend activities.
- 2005-2006 **Student Representative to the Clinical Psychology Program**, University of Kansas. Acted as liaison between students and faculty, discussed and voted on curriculum revisions, departmental hires, other topical program matters.
- 2000 **Graduated Magna Cum Laude**, The University of Arizona.
- 1998-1999 **Award for Academic Distinction**, College of Social and Behavioral Sciences, University of Arizona.
- 1996-1997 **Academic Scholarship**, Northern Arizona University.

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies
American Psychological Association
Southwestern Psychological Association
Society for Research in Psychopathology
Society for Psychophysiological Research