



University
of Houston
Clear Lake

MASTER OF ARTS IN CLINICAL PSYCHOLOGY

APPLICATION INFORMATION

Revised October 2016

NOTE: Deadline for Master's program: January 25th, 2017

CLINICAL PSYCHOLOGY

The Clinical Psychology program prepares students to become mental health professionals and includes theoretical training and practical experience in psychological assessment and psychotherapy with emphasis on behavioral and cognitive approaches. The program is a member of the Council of Applied Masters Programs in Psychology (CAMPP) and adheres to the academic and training standards of CAMPP. Graduates of the program regularly meet the requirements for licensure in Texas as a Professional Counselor and/or Psychological Associate (LPC and LPA).

ADMISSIONS: Applicants must apply to the program as described above. Admission is competitive. The program accepts a new cohort of approximately 10 students each year. **This cohort will typically start in the summer.** The Clinical Psychology faculty review all applications and interview the top candidates to discuss their interest in the field and assess personal readiness for the program. In selecting candidates for the program, the faculty are concerned with (1) academic ability to complete graduate course work, (2) personal maturity and interpersonal skills necessary for mental health practitioners, (3) life experience and professional background which might enhance professional competence, and (4) motivation for and commitment to studying clinical psychology including appropriate career and professional goals.

BEHAVIOR ANALYSIS (BA) CERTIFICATION: Students interested in pursuing BA certification along with the clinical psychology degree should consult with both their faculty advisor and the Director of the UHCL BA Program.

PRACTICUM: Clinical Practicum is a two-semester sequence which is often the student's first professional training contact with real clients. It is conducted in the university's Psychological Services clinic under the supervision of a faculty supervisor, using two-way mirrors and audio- and videotaping. Practicum has two prerequisites that must be completed prior to registering for the course; see the university Catalog for further information. The program director will consult with each student as each begins the program to determine when the student will take practicum. The two-semester sequence can begin in any semester, including summer.

INTERNSHIP: There are a number of facilities in the greater Houston area which provide internship training for students in the program. An intern spends 500 hours, spanning a minimum of two semesters, in a mutually selected facility where he/she is supervised by an appropriately credentialed clinician, preferably a licensed psychologist. Recent internship facilities include the Harris County Psychiatric Center (affiliated with University of Texas Medical School), University of Houston Counseling and Psychological Services, the University of Texas Mental Science Institute, and Texas Department of Criminal Justice, as well as a number of other hospitals, agencies and clinics. Internship may include the summer term.

SCHOLARSHIPS: For information on scholarships, see the Scholarships section above.

PREREQUISITES: Graduate admission to the university. The program requires five prerequisite undergraduate psychology courses (15 hours): Introductory Psychology, Abnormal Psychology, Social Psychology, Theories of Personality and one (3 additional

hours) of upper-level psychology. Preference is given to applicants with all prerequisites completed.

CURRICULUM

REQUIRED CORE COURSES 21 hours	PSYC 5031 PSYC 5235 PSYC 5734 PSYC 6036/37 PSYC 6134 PSYC 6531	Human Growth and Development Learning Principles Professional Practice, Law and Ethics ^a Research Design and Statistics I & II Biological Basis of Behavior Psychopathology ^{a,b}
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SOCIOLCULTURAL ELECTIVE Select 1 course, 3 hours	PSYC 5136 PSYC 5437 PSYC 5533 PSYC 5534 PSYC 5535 PSYC 5831	Multicultural Counseling ^a Aging Psychology of Gender Minorities and Majorities Cross-cultural Perspectives on the Family Gender Perspectives in Therapy
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OTHER COURSES MAY BE SUBSTITUTED WITH CONSENT OF FACULTY

ASSESSMENT REQUIREMENTS 2 of 3 courses, 6 hours	PSYC 6031 PSYC 6032 PSYC 6033	Behavioral Assessment ^b Intellectual Assessment ^{a,b} Personality Assessment ^{a,b}
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THERAPY REQUIREMENTS 4 courses, 12 hours	PSYC 5231 PSYC 5239 PSYC 5731 PSYC 6235	Psychotherapy: Theory and Research ^{a,b} Group Psychotherapy ^{a,b} Basic Psychotherapy Skills ^{a,b} Behavioral/Cognitive Therapies ^{a,b}
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THERAPY ELECTIVES Select 2 courses, 6 hours	PSYC 5138 PSYC 5233 PSYC 5735 PSYC 5736 PSYC 6238 PSYC 6534	Mindfulness and Acceptance Therapies ^a Introduction to Family Therapy Behavioral Parent Training Behavioral Medicine Applied Behavioral Analysis Development/Treatment of Mood and Anxiety Disorders <i>Other courses may be substituted with consent of Advisor</i>
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FREE ELECTIVE 3 hours	<i>Students working toward the LPC should take PSYC 5335 Career Counseling</i>	
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SUPERVISED CLINICAL EXPERIENCE 12 hours	PSYC 6038 PSYC 6636	Clinical Practicum (2 semesters) ^{a,b} Clinical Internship (2 semesters) ^{a,b}
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Footnotes:

^aRestricted Course open only to students admitted to a professional psychology program

^bCourse requires one or more prerequisites—see University catalog

TOTAL SEMESTER HOURS = 63

RECOMMENDED SEQUENCE OF STUDY

These are the recommended course sequences for full-time students. In sequences 1 and 2 students complete the program in two academic years but must register in the summer following admissions and the two summers thereafter. It is possible to complete the program in two years without attending the summer after admission by taking five courses in two long semesters, which is, however, a very heavy course load. Sequence 3 offers more flexibility regarding hours per semester and summer enrollment but requires a minimum of one additional semester to complete the degree.

Practicum Sequence 1 in which practicum begins in Spring1

<p>SUMMER 1 Basic Psychotherapy Skills <i>1 course from this list:</i> Biological Basis of Behavior Human Growth and Development Therapy Elective 1 Therapy Elective 2 Sociocultural Elective Free Elective* <i>or</i> <i>2 courses from list [take Basic Skills in FALL1]</i></p>	<p>FALL 1 Learning Principles Psychopathology Research Design and Statistics I <i>1 course from this list:</i> Biological Basis of Behavior Group Therapy Human Growth and Development Therapy Elective 1 Therapy Elective 2 Sociocultural Elective Free Elective* <i>or Basic Psychotherapy Skills</i></p>	<p>SPRING 1 Psychotherapy: Theory and Research Research Design and Statistics II Behavioral/Cognitive Therapies Clinical Practicum[§]</p>
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Practicum Sequence 2 in which practicum begins in Summer2

<p>SUMMER 1 Basic Psychotherapy Skills <i>1 course from this list:</i> Biological Basis of Behavior Human Growth and Development Therapy Elective 1 Therapy Elective 2 Sociocultural Elective Free Elective* <i>Or</i> <i>2 courses from list [take Basic Skills in FALL1]</i></p>	<p>FALL 1 Learning Principles Psychopathology Research Design and Statistics I <i>1 course from this list:</i> Biological Basis of Behavior Group Therapy Human Growth and Development Therapy Elective 1 Therapy Elective 2 Sociocultural Elective Free Elective* <i>or Basic Psychotherapy Skills</i></p>	<p>SPRING 1 PSYCHOTHERAPY: THEORY AND RESEARCH Research Design and Statistics II Behavioral/Cognitive Therapies <i>1 course from the FALL1 List</i></p>
<p>SUMMER 2 Clinical Practicum[§] <i>1 course from the FALL1 List</i></p>	<p>FALL 2 Professional Practice, Law & Ethics <i>Assessment Course[‡]</i> Clinical Practicum[§] <i>1 course from the FALL1 List</i></p>	<p>SPRING 2 <i>Assessment Course[‡]</i> Clinical Internship[†] <i>1-2 courses from the FALL1 List</i></p>
<p>SUMMER 3 Clinical Internship[†] <i>[1 course from the FALL1 list if not already completed]</i></p>		

Clinical Practicum is a two-semester sequence which can begin in Spring 1, Summer 2 or Fall 2 as shown in the examples above. Practicum placement will be negotiated with each student based on several factors including tenure in the program, completion of prerequisites and individual needs and preferences.

†**Clinical Internship** is a two-semester sequence, requiring 500 clock hours of clinical training in a mutually selected facility. At least one semester of **Clinical Practicum** and **Professional Practice, Law and Ethics** must be completed before beginning internship. It is recommended that students also complete the other specific courses listed for Fall 1, Spring 1 and Fall 2 and **Group Therapy** prior to internship.

*Students should take either Intellectual Assessment or Personality Assessment in Fall 2 and the remaining course in Spring 2.

*PSYC 5335 **Career Counseling** is required for all students working toward LPC licensure, though it is not a degree requirement in the curriculum.

Part-time students should note the sequencing of courses listed here as well as being aware of prerequisite requirements for many courses.

APPLYING TO THE PROGRAM

Students wishing to enroll in the Clinical Psychology Program must formally apply. Applications to the M.A. program are accepted for the **Summer semester only**. For additional information please visit the Clinical Psychology web site and read the Frequently Asked Questions document. After reviewing this document and the web site carefully, if you still have questions about the program, please contact the Program Director. If you have specific questions about the application process, please email: clinicalschool@uhcl.edu.

Application requires that both **Steps 1 and 2** below are completed

Step 1: Apply for admission to the University of Houston-Clear Lake:

- a. Complete the “ApplyTexas” on-line university application. Currently there is a fee for the university admission application. Go to www.uhcl.edu. Select the “Admissions” tab, and click on “Apply Now” near the top of the page. Once you create a profile, you will complete the application. Select U.S. Graduate Application. If applying to the master’s program, select HSH-Clinical Psychology MA as your major. The university application should be completed as early as possible before the admissions deadline to allow adequate time for the Office of Admissions to process the application and evaluate transcripts.
- b. Submit GRE scores (not more than 5 years old) through the standard reporting procedures.
- c. Submit official transcripts from all institutions attended. Transcripts should be mailed to this address:

Office of Admissions
University of Houston-Clear Lake
2700 Bay Area Blvd.
Box 13
Houston, TX 77058

Step 2: Submit Additional Supporting Documents for the Clinical Psychology Program

- (a) You will be assigned a UHCL account after you have completed the ApplyTexas (university on-line application). You will receive an e-mail with instructions on how to access your account. The following supporting documents must be uploaded within your account (see additional, detailed instructions at the end of this packet):
- Curriculum Vitae: An expanded résumé describing previous education; all work experience; relevant course work and relevant volunteer activities; any honors, presentations, papers, avocations or other relevant life experiences
 - Statement of purpose and goals, not to exceed 2 pages single-spaced, describing your reasons for wanting this degree and how it fits into career goals.
- (b) Three letters of recommendation and recommendation forms (found on program web site) **should be submitted directly by the recommenders to clinicalschool@uhcl.edu**. Recommendations from academic faculty and/or work supervisors who know the applicant well are preferred.
- (c) In addition to the university application fee, **there is an additional application fee of \$35 for the Clinical Psychology application**. Make check payable to “University of Houston-Clear Lake” and send it to:

Clinical Psychology Program Applications
University of Houston-Clear Lake
2700 Bay Area Blvd., **Box 73**
Houston, TX 77058

Applications received without fee paid by the deadline may not receive consideration.

Deadline for Application:

Applications will be accepted between December 10th-January 25th. Review of applications for admission into the next calendar year cohort will begin on January 25th. Applications attempted after this date may not be reviewed. The next cohort starts in the summer. It is the applicant’s responsibility to ensure that his/her application for university admission and supporting transcripts are received by the university **Office of Admissions**, that all additional supporting documents have been uploaded, and that letters of recommendation are submitted directly by the references by the application deadline. Applicants can check the status of their application by logging into their accounts.

Required Application Materials Checklist:

- _____ **ApplyTexas University Application**
- _____ **Transcripts**
- _____ **GRE scores**
- _____ **Curriculum Vitae**
- _____ **Statement of Purpose/Goals**
- _____ **Three Letters of Recommendation**
- _____ **Clinical Psychology Program application fee**

Additional information regarding applications:

1. Any evidence of tampering with recommendations or transcripts could result in disqualifying the applicant from admission. Applicants should note that admission to graduate status at the university is not equivalent to admission to the Clinical Psychology Program. Applicants are not admitted into the Clinical Psychology Program until they receive formal notice from the Clinical Psychology Program Admissions Committee that they have been accepted.
2. **If you are currently enrolled in another UHCL Master's Program**, The ApplyTexas online application interface will not allow you to apply to the Clinical Psychology Master's program. If you are planning to apply, speak to your academic advisor in your current program. If you do choose to apply, you will need to mail in application materials. **See instructions in pages to follow.**

**FOLLOWING INSTRUCTIONS APPLY ONLY TO STUDENTS CURRENTLY
ENROLLED IN OTHER UHCL MASTER'S PROGRAMS**

APPLICATION FOR ADMISSION AND SCHOLARSHIPS

A. Application for admission to a Professional Psychology Program

Applying for program admission requires submitting the documents described below. There is an application fee of \$35, payable to the UHCL, which is in addition to the university application fee. **All applications materials, including transcripts** (but not letters; see #4 below) **must be submitted in a single envelope, which the applicant submits as described below**. Applicants submit GRE scores to the university following the standard reporting procedure as well as entering them onto the program application form.

There are **seven components** to the clinical psychology application:

1. An application form (at the end of this document).
2. A Curriculum Vitae (an expanded resume describing previous education, all work experience, relevant course work, any relevant volunteer activities, and honors, presentations, papers, avocations or other relevant life experiences).
3. A brief, 1-2 page statement of purpose describing your reasons for wanting this training, how it fits into your career goals, and prior relevant experiences.
4. Three (3) Recommendations for Applicant Admission. The form can be found on the program website. Instructions to the applicant and to the recommender are printed on the form (i.e., writers are to complete the form and letter and email both to clinicalschool@uhcl.edu directly). Recommendations from academic faculty, mental health professionals, and/or work supervisors who know the applicant well are preferred.
5. Transcripts from all colleges and universities previously attended (**except University of Houston-Clear Lake transcripts which will be generated internally**). These transcripts are **in addition to** the transcripts sent directly to the university Admissions office. The applicant should collect all transcripts and include them in the applications envelope;
6. Scores on general test of the Graduate Record Examination (GRE) which must be current within the past five years. Official scores are reported to the university through the standard GRE process. The applicant also enters GRE scores onto the program application form as indicated.
7. A \$35.00 check or money order made payable to: University of Houston-Clear Lake.

FOR ANY APPLICANTS WHO ARE CURRENTLY ENROLLED IN A DIFFERENT UHCL MASTER'S PROGRAM: ALL DOCUMENTS FOR CLINICAL PSYCHOLOGY MUST BE SENT IN A SINGLE ENVELOPE TO:

Clinical Psychology Admissions Committee
School of Human Sciences and Humanities
University of Houston-Clear Lake
2700 Bay Area Blvd., Box 73
Houston, Texas 77058-1098

B. Application for admission to the University

Applicants are advised that they must complete a university Application for Admission and submit it and all required fees and documents to the university Admissions Office before beginning the program. Submit for summer admission. There is an application fee for university admissions, which is in addition to the program application fee. Online admissions instructions may be found on the university's web site following the Admissions: Graduate Admissions link, or admissions information may be requested directly from the UHCL Admissions office. International students are advised to consult the relevant web pages and/or contact International Admissions in the Admissions Office as early as possible for information specific to international applicants. For further information regarding university admission contact:

Admissions Office
University of Houston-Clear Lake
Houston, Texas 77058-1098
(281) 283-2500
<http://www.uhcl.edu/>

All other relevant details about the application process timeline is listed earlier in this document.

University of Houston-Clear Lake
PROFESSIONAL PSYCHOLOGY PROGRAMS
Application for Admission

DATE:

NAME _____ STUDENT ID:

ADDRESS

CITY/STATE/ZIP

TELEPHONE

EMAIL

1. I am applying for admission to (check one):

____ Clinical Psychology

2. Please indicate what degree(s) you hold or are completing.

Undergraduate

____ degree from _____ (College or University)

Major Date (or date expected) _____

Graduate

____ degree from _____ (College or University)

Major Date (or date expected) _____

3. Please indicate your overall GPA.

Undergraduate _____ Graduate _____

4. Please indicate your GRE scores (must be current within the past 5 years).

Date _____ Verbal _____ Quantitative _____ Analytical Writing _____

5. Please indicate any prerequisite courses which you have completed in the list below, indicating the course title and when and where completed. Please do not list any courses currently in progress.

<u>Prerequisite</u>	<u>Course title</u>	<u>When & Where Completed</u>
<i>Introductory Psychology</i>		
<i>Child Psychology</i>		
<i>Abnormal Psychology</i>		
<i>Theories of Personality</i>		
<i>Social Psychology</i>		
<i>Other Upper-level Psych.</i>		
<i>Research Design</i>		
<i>Statistics</i>		

6. Please list any psychology courses that are currently in progress.

7. Have you submitted a University application for Admission and transcripts to the UHCL Admissions Office? Y/N (you must apply for university admission in addition to and separate from this program application).

8. Have you submitted a program application fee? Y/N (you must pay for a university admission fee in addition to and separate from this program application fee).

9. From whom are you requesting recommendations?