

The Employees Retirement System of Texas (ERS) is working with its health plan administrators, state leadership and other state agencies to closely monitor the potential impact of COVID-19 (coronavirus). With growing concerns regarding COVID-19, we want to ensure you that our health plans are equipped to help participants understand, prevent and, if needed, treat the virus.

Your health is our top priority. To ensure you have access to the right care at the right time, please review and access the resources below.

- **BlueCross BlueShield**
 - 24/7 Nurseline: **(800) 581-0368**
 - Contact number for participants/members : **(800) 252-8039**

- **Medical Virtual Visits:**
 - Covered at no cost to participants in the **HealthSelect of Texas®** plan.
 - Covered at a lower costs than a typical office visit (subject to deductible and coinsurance) for participants in the **Consumer Directed HealthSelectSM** plan.

- **Prescription Drug Coverage:** Participants may be able to get an early refill of up to a 90-day supply of their prescription by calling **(855) 828-9834**.

- **Emotional-Support Help Line** provided by Optum: Staffed by mental health professionals, and open to anyone who may be experiencing fear or stress because of COVID-19. Members can call **(866) 342-6892**, free of charge, 24 hours a day, 7 days a week.

To stay up to date on the coronavirus and your health plans, please visit [ERS](#). For general coronavirus information from State and Federal health officials, please visit [Texas Department of State Health Services](#) and the [CDC](#).