

Frequently Asked Questions (FAQs)

Verbal Behavior Clinic (VBC)



(1) What is the Verbal Behavior Clinic?

The Verbal Behavior Clinic (VBC) is one of the clinics that compose the University of Houston-Clear Lake (UHCL), Center for Autism and Developmental Disabilities (CADD). The focus of the clinic is to teach communication and social skills to individuals of all ages and their families. Services are delivered by graduate students enrolled in the UHCL, Behavior Analysis master's program under the supervision of the clinic director, Dr. Sarah Lechago, BCBA-D, LBA.

(2) What types of services does the VBC provide?

- Assessments of language and social skills
- Caregiver training
- Teaching language skills
- Teaching social skills
- Supporting families at IEP meetings
- Teaching clients to communicate using a wide variety of modalities including vocal, picture exchange, voice output devices, and sign language

(3) How do I sign up for services?

Please email the clinic coordinator at: ybclinic@uhcl.edu

Include the following information in your email message:

1. Your name
2. Name of any other caregiver who will be involved
3. Name of the child

4. Child's age
5. Primary concern
6. Your preferred phone number

(4) What can my family and I expect to experience once enrolled in the program?

- First meeting:
 - We will get to know the child and your family
 - Tell you more about the clinic and answer your questions
 - Obtain your consent for services
 - You and your therapist will select a language or social skills goal together
- Assessments will be conducted to evaluate the child's language or social skills
- The therapist will develop a treatment plan based on the assessment results
- The therapist will implement the treatment with the child to ensure it is effective
- The therapist will teach you how to implement the treatment plan with your child
- Services are terminated when you have feel confident implementing the treatment plan, and when we see evidence of learning with the child

(5) Who is eligible for services?

Anyone with a language and/or social skills deficit and caregivers.

There is no diagnostic or age requirement to qualify for services.

(6) What are the hours of operation?

Wednesdays, from 12pm-3pm.

Sessions are typically 2 hours in length and conducted on a weekly basis.

(7) What is the cost of services?

Our standard fee for services is \$50 per hour. There is also a sliding scale for payments, which considers family household size and annual income. During the intake session, families can bring their proof of household income. Acceptable forms of documentation include the previous year's income tax return, W-2 forms, pay stubs, or a letter from an employer indicating salary.

(8) Where is the clinic located?

The VBC is an on-campus clinic of the University of Houston-Clear Lake. The clinic is located in the Arbor South Building ([2700 Bay Area Blvd, Box 245, Houston, TX 77058-1002](https://www.uhclearlake.edu/clearlake/2700-bay-area-blvd-box-245-houston-tx-77058-1002)).

If you have any additional questions that were not answered here, please contact us at vbclinic@uhcl.edu, or contact the clinical coordinator (832-908-3879) on Fridays (from 11am-12pm).