A minor in Health Promotion will require a student to complete 15 hours from the Fitness and Human Performance program.

### Required Courses (15 hours)

- HLTH 3303 Nutrition and Weight Management
- HLTH 3304 Principles of Physical Fitness
- HLTH 3315 Health Promotion Program
- HLTH 3318 Community Health
- HLTH 3320 Health Inequalities

### General Minor Requirements

- Students must complete at least a minimum of 15 hours in the minor field.
  - At least 9 must be at the upper level (3000- and 4000-level classes).
  - At least 6 of the upper-level credits must be taken at UHCL.
- Students must earn a 2.00 minimum cumulative grade point average on courses in the minor at the University of Houston-Clear Lake.
  (GPA requirement may be higher in some minors.)

Some minors are associated with disciplinary programs, and some are interdisciplinary. Although the minor will not appear on your diploma, it will be noted on your transcript, which would be seen by future employers and others who review your academic record.

Keep in mind that because minors will require no fewer than 15 semester hours of course work, excluding prerequisite courses, **you must have 15 hours of electives available in your major degree plan.** Course substitutions to the minor degree plan may be made with the approval of both the major and minor advisors. Also, adding a minor to your program of study may not result in graduation requirements that exceed the approved length of your original degree plan and that the minor must be completed prior to graduation, not afterwards.

For more information, see the general and program requirements in the *Undergraduate Catalog*. For questions and academic advice, please contact Dr. Bill Amonette, Associate Professor of Exercise Health Sciences, at amonette@uhcl.edu.