

Fitness and Human Performance - Bachelor of Science  
with Public Health Concentration  
*College of Human Sciences and Humanities*

## I. TEXAS CORE CURRICULUM REQUIREMENTS (42 hours)

Course Name	Status	TCCNS	UHCL
<b>Communication 010 (6 hours) (Grade of C- or higher is required)</b>			
Composition I		ENGL 1301	WRIT 1301
Composition II		ENGL 1302	WRIT 1302
<b>Mathematics 020 (3 hours)</b>			
College Algebra		MATH 1314	MATH 1314
<b>Life &amp; Physical Sciences 030/090 (8 hours)</b>			
Anatomy & Physiology I and Lab		BIOL 2301/2101 <b>or</b> 2401	BIOL 2301/2101
Anatomy & Physiology II and Lab		BIOL 2302/2102 <b>or</b> 2402	BIOL 2302/2102
<b>Language, Philosophy, &amp; Culture 040 (3 hours)</b>			
Choose <b>one</b> course from your current college's Core Curriculum approved list for this category.		Any 040 coded class	Any 040 coded class
<b>Creative Arts 050 (3 hours)</b>			
Choose <b>one</b> course from your current college's Core Curriculum approved list for this category.		Any 050 coded class	Any 050 coded class
<b>American History 060 (6 Hours)</b>			
United States History I		HIST 1301	HIST 1301
United States History II		HIST 1302	HIST 1302
<b>Government/Political Sciences 070 (6 hours)</b>			
Federal Government		GOVT 2305	POLS 2305
Texas Government		GOVT 2306	POLS 2306
<b>Social &amp; Behavioral Sciences 080 (3 hours)</b>			
Choose <b>one</b> course from your current college's Core Curriculum approved list for this category.		Any 080 coded class (PSYC 2301 recommended)	Any 080 coded class
<b>Component Area Option 090 (4 Hours)</b>			
* Public Speaking, Intro. to Speech Comm. or any 090		Any 090 coded class	Any 090 coded class
* Learning Frameworks or any 090		Any 090 coded class	Any 090 coded class

## II. MAJOR REQUIREMENTS (3 hours) (Grade of C or higher is required)

Course Name	Status	TCCNS	UHCL
Foundations of Kinesiology		PHED 1301 <b>or</b> KINE 1301	HLTH 2301

## III. GENERAL ELECTIVES (15-30 hours)

Any additional academic-type classes will be applied toward the General Electives. It is recommended to only transfer in up to 15 hours of electives in order to allow the option to select a [Minor](#) at UHCL which is typically 15 to 18 hours which could apply toward the 30 hours.

\* Any additional core classes outside the usual core components may end up satisfying these, check with a UHCL transfer advisor prior to enrolling in the Component Area Option 090 courses. [www.uhcl.edu/academics/advising/transfer/advisers](http://www.uhcl.edu/academics/advising/transfer/advisers)

### Transfer Credit Limit

UHCL will accept all **75 hours** for the transfer courses listed above toward this particular degree's requirements. Student may transfer to UHCL at any point, the courses listed above are only provided for those who are attempting to maximize course options at their current community college prior to transferring. [www.uhcl.edu/admissions/apply/transfer/how-to-apply](http://www.uhcl.edu/admissions/apply/transfer/how-to-apply)

**This Bachelor's degree is 120 hours.** The remaining course requirements (approximately **45 hours**) to be completed at UHCL for this degree may be viewed in the undergraduate catalog. [www.uhcl.edu/academics/resources/catalog](http://www.uhcl.edu/academics/resources/catalog)