INTRODUCTION
Many welding, cutting, and allied processes produce fumes and gases, which may be harmful to your health.

DEFINITION

- Fumes are solid particles which originate from welding consumables, the base metal, and any coatings present on the base metal.

- In addition to shielding gases that may be used, gases are produced during the welding process or may be produced by the effects of process radiation on the surrounding environment.

- Acquaint yourself with the effects of these fumes and gases by reading the Material Safety Data Sheets (MSDSs) for all materials used (consumables, base metals, coatings, and cleaners).

- The amount and composition of these fumes and gases depend upon the composition of the filler metal and base material, welding process, current level, arc length, and other factors.

POSSIBLE EFFECTS OF OVER-EXPOSURE

- Depending on material involved ranges from irritation of eyes, skin, and respiratory system to more severe complications.

- Effects may occur immediately or at some later time.

- Fumes can cause symptoms such as nausea, headaches, dizziness, and metal fume fever.

- The possibility of more serious health effects exists when highly toxic materials are involved. For example, manganese overexposure can affect the central nervous system resulting in impaired speech and movement.

- In confined spaces the gases might displace breathing air and cause asphyxiation.

HOW TO AVOID OVEREXPOSURE

- Keep your head out of the fumes.

- Do not breathe the fumes.

- Use enough ventilation or exhaust at the arc, or both, to keep fumes and gases to a safe level.
gases from your breathing zone and general area.

- In some cases, natural air movement provides enough ventilation and fresh air.

- Where ventilation is questionable, use air sampling to determine the need for corrective measures.

- Whenever the following materials are identified as other than trace constituents in welding, brazing, or cutting operations, and unless breathing zone sampling under the most adverse conditions has established that the level of hazardous constituents is below the allowable limits specified by the authority having jurisdiction, special ventilation precautions shall be taken: Antimony, Arsenic, Barium, Beryllium, Cadmium, Chromium, Cobalt, Copper, Lead, Manganese, Mercury, Nickel, Ozone, Selenium, Silver, Vanadium. See section 5.5, Special Ventilation Concerns, ANSI Z49.1:2005, Safety in Welding, Cutting, and Allied Processes.

- Use mechanical ventilation to improve air quality.

- If engineering controls are not feasible, use an approved respirator.

- Work in a confined space only if it is well ventilated, or while wearing an air-supplied respirator. Fumes from welding or cutting and oxygen depletion can alter air quality causing injury or death. Be sure the breathing air is safe.

- Follow OSHA guidelines for permissible exposure limits (PELs) for various fumes.

- Follow the American Conference of Governmental Industrial Hygienists recommendations for threshold limit values (TLVs) for fumes and gases.

- Have a recognized specialist in Industrial Hygiene or Environmental Services check the operation and air quality and make recommendations for the specific welding or cutting situation.

**INFORMATION SOURCES**


For specific information, refer to the applicable Material Safety Data Sheet (MSDS) available from the manufacturer, distributor, or supplier.

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