General Laboratory and Chemical Safety





Environmental, Health and Safety Department

1

Outline

- Safety is Everyone's Responsibility
- MSDS to SDS
- SDS Sections
- GHS
- Toxicity Terms
- CAS Number
- NFPA Diamond
- Other Health Terms
- Common Routes of Exposure
- Labeling
- Waste
- PPE Personal Protective Equipment
- Proper Laboratory Practice
- Glassware
- Proper Laboratory Techniques

- Fume Hoods
- Cross Contamination
- Emergency Preparedness
- Fire Safety
- · Incident Reporting
- First Aid
- BBP Description & Routes of Transmission
- · Governing Laws and Regulations
- Minimize or Eliminate Biohazards
- Engineering Controls & Injury Prevention
- How to Remove Gloves
- · Hand Hygiene
- Biohazard Waste Containers, Handling & Disposal
- · Spill Clean Up
- Sharps Injury Log

Safety is Everyone's Responsibility



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University's Responsibility

- Provide you a safe laboratory work environment
- Give you proper instruction on procedures
- Train you on safely handling potential laboratory hazards
- Ensure all safety and laboratory equipment is in good condition
- Make every attempt to keep hazardous chemical exposures low to keep you safe
- Design experiments with safe practices to eliminate as many hazards as possible

Your Responsibility

- Follow all safety guidelines, instructions and procedures
- Follow all instruction given by your instructor and teacher's aid (TA)
- Read and understand all experiment procedures, and material given in lectures
- Know how to safely operate equipment or instruments prior to use
- Understand and follow all product warning labels
- Read, understand and follow all (Material) Safety Data Sheets
- Always correctly wear proper Personal Protective Equipment when in the laboratory
- Expect that some hazards are always present in a chemistry laboratory
- Always report any unsafe conditions to your instructor

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MSDS to SDS

 OSHA's adoption of the Globally Harmonized System (GHS) for Hazard Communication 2012, has brought significant changes to Material Safety Data Sheets (MSDS).

 The new Safety Data Sheets (SDS) are an essential component of GHS, and are intended to provide comprehensive information about a substance or mixture for use in workplace chemical management.

 SDS are intended to promote a consistent, user-friendly source of info about hazards, including environmental hazards, and to obtain advice on safety precautions. cide Globally Harmonized System of Classification and Labelling of Chemicals (GHS)

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SDS Sections

• Section 1 – Product and Company Identification

Includes product identifier; manufacturer or distributor name, address, phone number; emergency phone number; recommended use: restrictions on use.

• Section 2 – Hazards Identification

Includes all hazards regarding the chemical; required label elements.

Section 3 – Composition/Information On Ingredients

Includes information on chemical ingredients; trade secret claims.

• Section 4 – First-Aid Measures

Includes important symptoms/ effects, acute, delayed; required treatment.

• Section 5 – Firefighting Measures

Lists suitable extinguishing techniques, equipment; chemical hazards from fire.

• Section 6 – Accidental Release Measures

Lists emergency procedures; protective equipment; proper methods of containment and cleanup.

• Section 7 – Handling and Storage

 $Lists\ precautions\ for\ safe\ handling\ and\ storage, including\ incompatibilities.$

• Section 8 – Exposure Controls/Personal Protection

Lists OSHA's Permissible Exposure Limits (PELs); Threshold Limit Values (TLVs); appropriate engineering controls; personal protective equipment (PPE).

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SDS Sections, Cont.

- Section 9 Physical and Chemical Properties
 - Lists the chemical's characteristics.
- Section 10 Stability and Reactivity

Lists chemical stability and possibility of hazardous reactions.

• Section 11 – Toxicological Information

Includes routes of exposure; related symptoms, acute and chronic effects; numerical measures of toxicity.

• Section 12 – Ecological Information

This section provides information to evaluate the environmental impact of the chemical(s) if it were released to the environment.

• Section 13 – Disposal Considerations

This section provides guidance on proper disposal practices, recycling or reclamation of the chemical(s) or its container, and safe handling practices.

• Section 14 – Transport Information

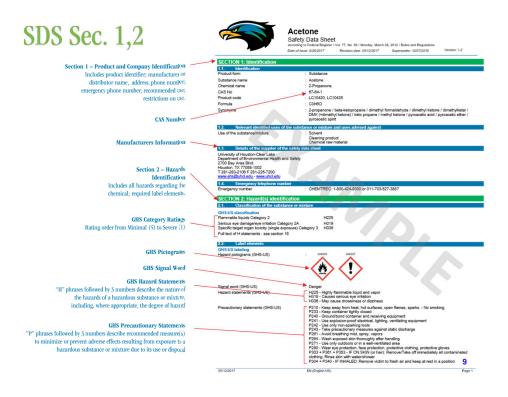
This section provides guidance on classification information for shipping and transporting of hazardous chemical(s) by road, air, rail, or sea.

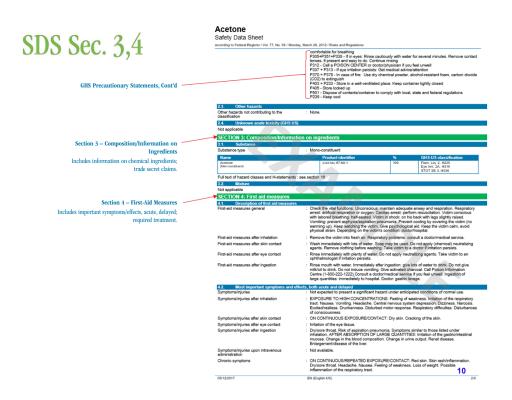
• Section 15 - Regulatory Information

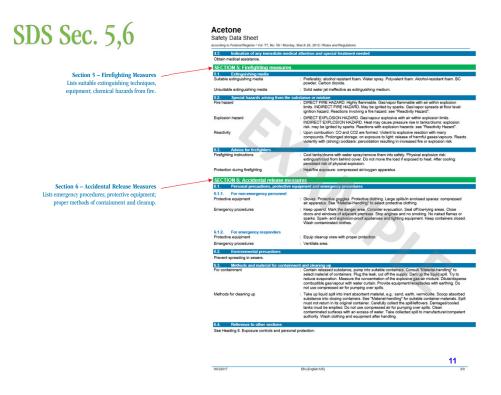
This section identifies the safety, health, and environmental regulations specific for the product that is not indicated anywhere else on the SDS.

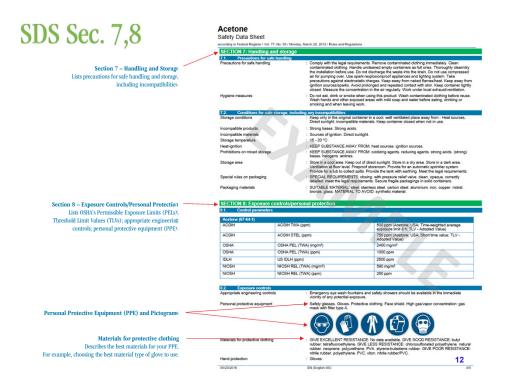
• Section 16 - Other Information

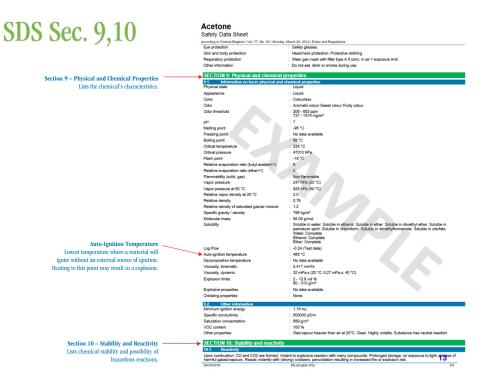
Includes the date of preparation or last revision.

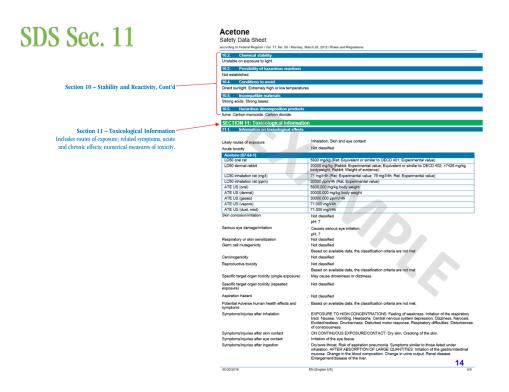


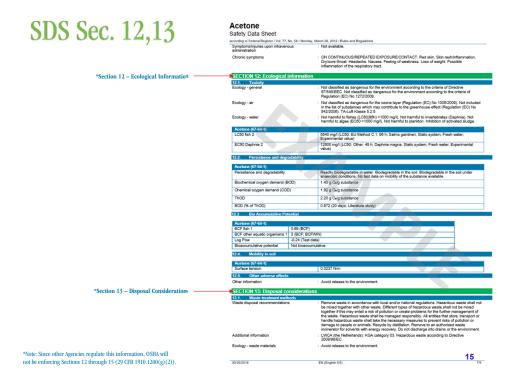


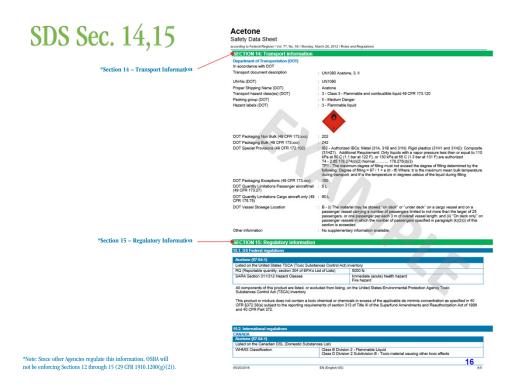


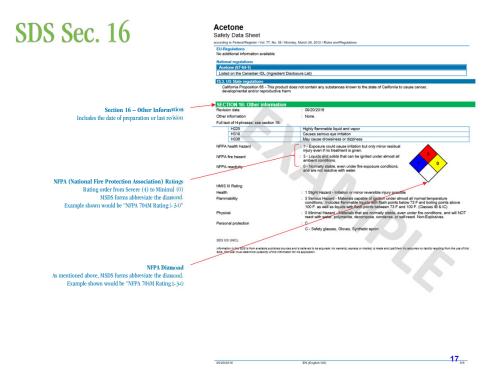












GHS

GHS – is an acronym for the **Globally Harmonized System (GHS)** of Classification and Labeling of Chemicals developed by the United Nations for Hazard Communication purposes.

- It is not a global law or regulation, but it has been adopted by over 65 countries.
- It is a worldwide system for standardizing hazard classification criteria and the communication of chemical hazards.

GHS system includes these 6 label elements:

- 1 Signal Word
- 2 GHS Symbols (Hazard Pictogram)
- **3** Manufacturing Information
- 4 First Aid
- **5** Hazard Statements
- 6 Product Name / Identifier



GHS Label Elements

- 1 Signal Word Indicates the hazard level. "Danger" is used for the most severe, "Warning" is less severe.
- **2 GHS Hazard Pictograms (Symbols)** Identifies hazardous products, commonly grouped by chemical/physical risk, health and environmental risk.
- **3** Manufacturing Information Manufacturer's name, address telephone number.
- 4 First Aid Describes general preventative, response, storage or disposal precautions.
- **5 Hazard Statements** Describes the nature of hazardous products and degree of hazard.
- 6 Product Name/Identifier Identifies the product or chemical name.



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10

Additional Pictogram Hazards Indicated





Chemical may cause a fire when they come in contact with other chemicals and are extremely reactive. Some chemicals react to exposure to air. Other related cautionary names: PEROXIDE, PEROXIDIZABLE Mean the same thing, Oxidizer.



All of these will damage (burn) metal, eyes, and skin. (Acids) – Acidic, pH < 7.0 (Alkali) – Basic, pH >7.0 (Corrosive) – General term, can be either acidic or basic



Adverse effects occur within a short time after exposure, sometimes after a single exposure. Effects may be severe or fatal. Sometimes labeled "ACUTE", "SEVERE".



Effects occur much later (days, months, even years). It may be because of repeated exposures smaller doses. Chronic effects often hard to diagnose because of delay in response and lack of supporting evidence. Possible carcinogen, clastogen (mutagenic). Possible reproductive, respiratory, target organ, and aspiration toxicity. Sometimes labeled, "CHRONIC", "HEALTH DANGER".



Narcotic effects, skin sensitizer, respiratory, skin and eye irritant. Possible acute toxicity. May be hazardous to Ozone layer (non-mandatory warning). Sometimes labeled, "ACUTE", "IRRITANT", "HARMFUL".

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Toxicity Terms

Toxic chemicals may list specific actions such as:

- Carcinogenic Possibly Causes Cancer
- **Teratogenic** (aka Mutagenic) Possibly Causes Embryo and Fetus (Birth) Defects
- **Hepatotoxic** Possibly Causes Liver Damage
- Nephrotoxic Possibly Causes Kidney Damage
- Neurotoxic Possibly Causes Nervous System Damage
- Hematopoietic Damage Possibly Causes Blood Cells and/or Bone Marrow Damage
- Clastogenic Possibly causes chromosomal breaks in cells, which causes mutated cells
 possibly leading to cancer. Benzene and Arsenic are examples known to cause this.
- Systemic poison Can cause severe poisoning or death by remote exposure such as a small amount onto the skin. Phenol,
 Hydrofluoric Acid, and Methyl Mercury are examples of systemic poisons. Extreme care and special protective equipment and
 procedures are required for the use of these materials.

Manufacturers are required to study toxicity of new chemicals and report new adverse effects.

The (M)SDS gives information about toxicity which should help guide you to the proper PPE and handling safeguards to prevent exposure.

HOWEVER, toxicity of chemicals are not always known, so they should always be handled with caution.



CAS Number

- · Chemicals sometimes have more than one name
- Acetone for example is also called Aceton, Dimethyl Ketone, and 2-Propanone
- The Chemical Abstracts Service (CAS) assigns a unique CAS Number, to each compound
- You will find this universal number in the (M)SDS on the original container label (as shown)
- Emergency personnel can use this number to readily access safety information for the correct compound



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NFPA to GHS

Prior to the introduction of GHS and its hazard rating system, there was the National Fire Protection Association NPPA diamond on (M)SDS. The new SDS's GHS hazard rating system is opposite of NFPA's diamond hazard score.



Always be aware which hazard system you are viewing.



Other Chemical Terms

(Primarily applies to research laboratories)

Peroxidizable

Material that can form peroxides during storage, generally after contact with the air. Special precautions must be taken to test for peroxides and routinely discard.

Commonly used compounds <u>can explode</u> upon heating or distilling, but some may also be sensitive to shock or opening the container.

NOTE: Never open or use any of these compounds that do not have the date opened written on the container or any test data within a year of opening.

Pyrophoric

Material that reacts or <u>ignites upon contact with air</u> at temperatures below 45°C, or sometimes the moisture in air, or *water* itself.

Spontaneously Combustible

Material that can ignite without an external source of heat, perhaps by reaction with oxygen in the air, by absorption of moisture, or from heat generated during processing.

Other Health Hazard Terms

Asphyxiant

Displaces air and/or reduces the level of oxygen in the body to dangerous levels. No pain is felt, the only indication may be light-headed or sleepiness.

Sensitizer

Causes reaction, often to the skin, possibly after repeated exposure

• Irritant

Causes inflammation of the skin, mucous membranes, or lungs

Hygroscopic

A material which attracts moisture. Some dry forms may create a solution upon contact with air, and some may dry out the skin

Vessicant

Causes severe, painful skin, eye and mucous membrane irritation often referred to as chemical burns or water blisters

Lachrymator

Causes tears and eye irritation

• Sternutator

Irritates the nasal and respiratory passages and causes coughing, sneezing, lachrymation (tearing of the eyes), and possibly vomiting

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SDS Exposure Terms & Limits

• LD50 – Lethal Dose to 50% (of the population)

When this amount of chemical is taken (by contact or ingestion) 50% of the test subjects (usually mice) die. Reported in mg of substance per kg body weight. The smaller the number, the more lethal the substance is.

• TLV – Threshold Limit Value

The maximum believed amount that a worker may be exposed to in the 8-hour day/40-hr week work environment for a working lifetime without adverse effect. Reported in mg/m³ or ppm as a volume of air space in the room. Again, the smaller the number, the more harmful the substance is.

• PEL – Permissible Exposure Limit

A legal standard of exposure in the workplace for a typical 8-hr work day. This value may not be exceeded.

• STEL – Short Term Exposure Limit

The maximum amount believed (not necessarily known to be) safe for a single short term exposure (<15 minutes), which should not be exceeded. There is also a maximum instant or ceiling value within this.

• IDLH – Immediately Dangerous to Life and Health

An atmospheric concentration of any toxic, corrosive or asphyxiant substance that poses an immediate threat to life or could cause irreversible or delayed adverse health effects or interfere with an person's ability to escape from a dangerous atmosphere. [29 CFR 1910.120]

Common Routes of Exposure

• Inhalation

This is the most common mode of exposure. Some chemicals have no odor (like Mercury); some odors you get used to after a while (attenuated) or your nose loses the ability to smell it. Strength of odor is not equal to how toxic it may be or how concentrated it is. Chemical vapors, gases, aerosols, or mists can be absorbed through the mucous membranes of the mouth, nose, or throat.

Skin Contact

You may think of skin as barrier, but chemicals can penetrate the skin. Contact may be indirect such as when you adjust your glasses while wearing dirty gloves and then later adjust your glasses with gloves off, or contact with items contaminated by others. Chemical vapors, gases, aerosols, or mists can be absorbed through the skin.

Eye Contact

Eye exposure can be indirect through vapors, or direct via a splash (when not wearing goggles), or touching your eye while your hand or glove is contaminated by a chemical. Chemical vapors, gases, aerosols, or mists can be absorbed through the mucous membranes of the eyes.

Ingestion

Ingestion is usually by accident. It is avoided by never eating or drinking in the laboratory, and washing your hands after working with chemicals, not touching your face or mouth when working with chemicals (cross-contamination), etc.

Injection

This can occur by skin puncture with a dirty piece of glassware or apparatus or accidental needle injury. Breaking a piece of glassware is a common route; chemicals can enter through a cut.

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Manufacturer's Container Labels

- Chemicals distributed prior to 1985 may not include hazard warnings on these labels as it was not a requirement then.
- Anything manufacturers labels after 1985 is required to specify known hazards, and the most important information from the (M)SDS sheet.
- It is ILLEGAL to remove or deface the original manufacturer label information as long as the
 container still contains the chemical.
 - $\bullet \hspace{0.4cm}$ You are however, allowed to add information to the primary container.
- The Hazard Communication Act requires re-labeling of primary containers if the label becomes illegible.
- If you have to replace the original label, the replacement label MUST include:
 - Identity of the chemical as listed on the MSDS;
 - Appropriate hazard warnings (words, pictures, symbols, combinations) for the chemical's physical and health hazards, including target organs effected.
 - Manufacturer's name and address.

This container still contains chemical and the manufacture label on this container is not legible.

It is required **BY LAW** to be re-labeled.

Secondary Container Labels

- When a chemical is transferred to another (secondary) container, the new container MUST be labeled with:
 - The chemical name as listed on the MSDS (chemical formula may be used, but NO acronyms or abbreviations or structures) in English.
 - <u>Hazard warnings</u> including words, pictures/symbols or combinations that provide general information
 on the hazards of the chemical.
- Unless the container is for the immediate use of the individual who made the transfer, the contents MUST be written on the container before it is left unattended in the lab.
- All experiment solutions prepared for other people, or for use later, MUST also be labeled with all
 the chemical contents and hazards.



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Alternative Labeling Systems

There are some allowable alternatives to full labeling requirements of containers to make labeling easier for multiple or small containers:

• Laboratory Notebook (logbook)

Multiple or smaller containers may have a unique ID or acronym and be formally documented in this book, readily accessible to anyone.

Signage

A sign nearby which explains what it is can also be used.

• Outer Container

Labeling for multiple smaller containers of an identical material. The outer container can have the full label.

• Equipment Process Logs

For containers with constant material changes, such as those inside equipment. Signs, process/log sheets, operating procedures, or other similar written materials may be used in lieu of affixing labels. The alternative method must identify the containers to which it is applicable and convey both the name and hazards required.

Chemical / Hazardous Waste

- It is your responsibility to clean up during and after your experiments.
- Used glassware should be properly solvent rinsed out, cleaned and put away.
- All chemical wastes are collected for disposal by an outside waste vendor.
- Chemical or biological waste shall be collected in their respective properly labeled waste containers.
- Never dump hazardous waste in regular trash or broken glass container or down the sink.
- Never dump contaminated glass in broken glass container. Dispose of as hazardous waste.

This is our waste label with the information the UHCL Environmental Health & Safety Department needs to properly treat and dispose of waste.

Health & Flish Point <140 Corrosive (pH<2 or >12.5) Reactive(Explosive, Air/Water reactive, cyanidesulfide releasing) Halogen Oxidizer Contains metal(s):

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Hazardous Waste, Cont'd

- The moment a container is started for waste accumulation, it MUST contain a Hazardous Waste label, filled out completely.
- Hazardous Waste Labels must include all contents (even water) and concentrations.
- The name is a contact to ask any questions regarding the waste.
- The Hazards are required by both waste and hazard communication regulations.
- The date filled is the date it is done being used, so this is written on the last day of the experiment or when the container is full.



Hazardous Waste, Cont'd

Hazardous Waste includes chemicals that are one or more of the following:

- Toxic Components 40 listed chemicals (Benzene, Lead, Mercury...)
- Reactive Unstable, reacts violently with water or air, potentially explosive
- Ignitable Liquid flash point <140°F, or non-liquid spontaneously combustible at STP
- **Corrosive** Liquid with pH <2 or >12.5 (highly acidic or basic)
- Specific lists of chemicals regulated as hazardous that carry these characteristics, for example common solvents like Acetone or Methanol

Because of the lists and other waste requirements, all Chemical Waste is handled as Hazardous Waste until evaluated by EHS.



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Non-Hazardous Waste

Non-Hazardous Trash/Solid Waste

- Paper products, plastics, and other uncontaminated, non-hazardous substances may be placed in the trash – containers with these labels.
- Never place any glass (broken or not) in these trash
- Never place any needles or sharps in these trash containers.

Broken Glass

- Broken glass and/or glass waste must disposed of in a special cardboard box container (as shown).
- Before glass is thrown away, it must be clean of chemicals and biological contamination.
- Never place non-hazardous trash/solid waste as described above in these containers.
- Never place any needles or sharps in the glass boxes.





Non-Hazardous Waste

Sharps

- Needles, razorblades, scalpels, probes, or other small sharp objects that could puncture a trash bag and broken glass box go in rigid sharps containers.
- Note and adhere to the maximum "full" line at ¾ full
- One cited source of Needlestick injuries (and spread of infectious diseases) is from overfilled sharps containers.
- · Chemically contaminated sharps get picked up by chemical waste vendor
- Sharps contaminated with blood, human bodily fluid, or biological materials get picked up by medical waste vendor





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Personal Protective Equipment (PPE)

Eye Protection

• Chemical splash safety goggles



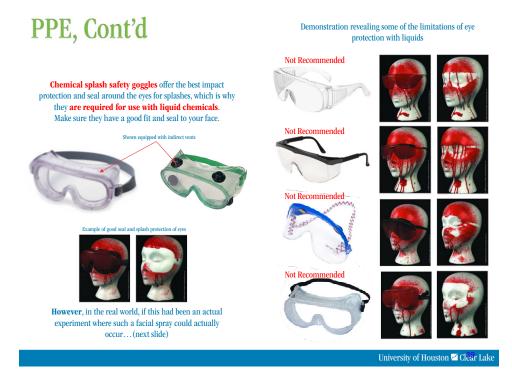
Safety goggles must be worn in the lab with liquids. They must be Indirect vented so liquids don't get in the eyes. These offer the best overall protection and are recommended (pictures shown). These are available in the UHCL bookstore.

Contact lenses

May be worn in the laboratory, but you **MUST** also wear approved safety goggles for liquids or safety glasses when working with dry materials only. Contact lenses may melt or trap chemicals against your eye, so they must be removed in the event of a chemical splash.

Prescription Evewear

Some safety glasses and goggles will fit over them. Ordinary eye glasses **DO NOT** provide adequate eye protection for impact or chemical hazards. They **MUST** be rated Z87, have clip-on side shields, and provide adequate (large area) coverage to the eyes.



PPE, Cont'd

Where splashes to the face are likely, and cannot be engineered out, a splash shield is the proper defense for the face, with safety glasses or goggles underneath.

It is ultimately up to \underline{you} to decide what is the best possible protection to minimize your exposure to hazards in the laboratory or the workplace.



Always avoid direct contact with any chemical by correctly choosing and wearing PPE.

PPE Hand Protection



Gloves

Natural rubber, butyl rubber, Viton® PVC, nitrile...all these materials, as well as others, are possible options for laboratory gloves. They all come in different colors. Nitrile gloves are shown, and provide resistance against the widest variety of chemicals used in our labs.

Breakthrough

Is the movement of a chemical through a protective material, such as nitrile gloves.

This gradual permeation or chemical degradation of the glove/material, can be slowed or prevented by checking for the best material compatibility for the chemical being used, lowering concentrations and chemical contact time, or obtaining thicker gloves.

Gloves that are contaminated, damaged, or worn must be replaced.

Reference your chemicals SDS in **Section 8 – Exposure Control/Personal Protection** and the **chemical resistance guide** from your glove manufacturer for chemical compatibility.

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PPE, Body Protection

Lab Coat, Clothing, etc.

Lab Coat

MUST cover torso, upper leg, whole arms, and not too loose as to get caught on items in the lab. These are available in the UHCL bookstore.

NOTE: If your lab coat gets contaminated, simply dispose of it as chemical waste (ask your instructor for assistance) and purchase a new one. Professional laundering is optional.

Personal Clothing

Leg covering MUST be long (e.g. pants) and of a durable material, like denim.

NO shorts or skirts allowed. Your legs are NOT to be exposed.

Foot Covering

MUST wear closed toe shoes of non-porous material like leather or polymeric substitute (e.g. vinyl) that completely cover your feet. NO open-toe sandals are allowed.

Hair Restraint (Ties)

Long hair MUST be properly secured and away from face and work space to prevent contamination and accidents.



Foot Covering

Ultimately, your shoe is a barrier, offering protection from a chemical spill coming in contact with the skin.

Choose solid footwear covering the whole foot, not porous or perforated. Solid, one-piece top shoes made of vinyl like this medical safety shoe are ideal.



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PPE, Cont'd

Correctly choosing and wearing your PPE may save you from injury.

<u>Always</u> put on your PPE before you enter the lab.

Anyone not properly dressed for the laboratory will not be allowed to work in the lab.





Proper Laboratory Practice

Put large articles like backpacks inside designated drawers or designated shelves near the front room entrances of STEM labs.

Read, understand procedures and (M)SDS

- Don't use a chemical you don't know the hazards of
- Use chemicals only as directed and for their intended purpose

Organize Workspace

- Wash your benchtop, keep clean during and after experiment
 - · Clean up any spills promptly
- Take out only what you need for the experiment
- Prevent slips and trips by making sure your floor is clean, dry and clutter free



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Proper Laboratory Practice, Con't

Practice proper hand hygiene, wash hands frequently, after:

- Handling chemicals (with gloves and other PPE on)
- After removing gloves
- Before you leave the lab

Practice proper hand hygiene. Otherwise, you'll mi illuminated areas like these



• Always support bottles from the bottom as well as side or top when carrying

Return chemicals to storage when not in use.

wear jewelry while working in the labs. It can trap chemicals or puncture gloves.



Turn off all equipment and disconnect electrical cords after use.

Proper Laboratory Practice, Cont'd

Other rules to remember are:

- Never work alone in the lab.
- Never eat or drink in the lab. This includes drinking water from the lab sinks or faucets. Do not bring food or drinks into the lab.
- Never apply any cosmetics while in the lab.
- Never inhale or taste laboratory chemicals.
- Never engage in inappropriate behavior or horseplay in the lab.
- Never even partially block the pathway to an exit or safety equipment, like a safety shower or fire extinguisher, not even temporarily.
- Never store chemicals on the floor.
- Never use unlabeled chemicals.
- Never leave a running experiment or heat source, like a Bunsen burner, roto-evaporator or hot plate unattended.
- Never remove chemicals from the lab without instructor authorization.
- Always keep aisles clear of obstacles such as boxes, chemical containers, and other storage items.
- Always keep work area clean and uncluttered.
- Always keep chemicals and equipment stowed away when not in use.
- Always keep drawers and cabinet doors closed.
- Always keep all potential trips hazards, including electrical cords off the floor.

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Glassware

Some accidents can be prevent by simply inspecting glassware prior to use.

Any combination of heating, cooling, pressurizing and vacuuming of glassware will cause imperfections to break the glassware.

Look for any imperfections or discoloration. If you come across glassware that appears damaged,

Carefully rinse and clean off any hazardous chemicals from it, and put in the broken glass container.

After using your good glassware always properly clean it and safely put away for future use.





Proper Laboratory Techniques

Before inserting any glass tubing, thermometers, or thistle tubes into a stopper, always lubricate it using vacuum grease or something similar.

Carefully use a gentle slow rotating motion while inserting.

Never force any type of glassware into stoppers, pipette bulb, pumps or similar as they may break and cause injury.



Laboratory Hood

• Use a Laboratory Hood When

Using volatile materials, solvents, alcohols, toxic materials, or where there is a possibility of poisonous or corrosive or irritating vapors emitted from the materials used or reaction taking place.

• 18" Sash Opening

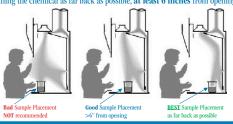
This is one our Fume Hood Labels

<--18" Sash Height

Lower the fume hood sash while experiments are running to protect you and other users in the lab. The sash is designed to be operated with an 18 inch opening (about halfway up). This allows you to see through the glass, while your face and upper body are still protected.

• Sample Placement

Place your sample containing the chemical as far back as possible, at least 6 inches from opening.

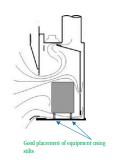


Laboratory Hood, Cont'd

• Fume Hood and Large Equipment

Position large, bulky equipment as far back as possible, and place on top of stilts to allow the best possible circulation both around and underneath the equipment.





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Fume Hood, Cont'd

Always very that a Fume Hood is working properly. Do not use a hood without verifying these first.

• Velocity Flow Monitor

There is a constant face velocity measuring device on every fume hood, equipped with visual lights and audible alarms to indicate proper or inadequate air flow. Most flow monitoring devices display face velocity, which should be 80-100 linear feet per minute.

• Hood Testing Certification Sticker

Every hood should have one of these affixed to the front of the glass sash. It contains information about hood performance, and the most recent inspection. Hoods not inspected within the past year should be immediately reported to the EHS Department.

• Maintain proper airflow:

Keep hoods free of clutter and extra debris, and do not block vents (baffles) at the back of hood Do not block front of hood opening. One person per 2.5 feet of hood width.

 $Do \ not \ walk \ fast \ in \ front \ of \ hoods \ or \ open \ lab \ doors \ quickly, \ as \ this \ can \ disturb \ flow \ and \ cause \ backdrafts$

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Cross-Contamination

Unexpected reactions may occur when dealing with cross-contaminated chemicals.

- Never put unused chemicals back into stock reagent bottles.
 Returning any unused sample into the original container may jeopardize the quality and purity of that stock reagent.
- Never place lids directly on benchtops.
 Place container lids on a clean non-permeable surface, like a watch glass, piece of parafilm, or hold between fingers.
- Always take out only the amount you need.
 Dispose of unused material in the chemical waste container.



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Emergency Preparedness

First things you should do when entering a laboratory is:

- Identify all the EXITS and stairwells; always have and EXIT strategy
- Identify the location of the **fire alarm pull station** (may be outside lab)
- Identify the location of **eye wash stations**
- Identify the location of the safety shower
- Identify the location of the first aid kit
- Identify the location of the spill kit
- Identify the location of the (M)SDS
- Identify the location of the laboratory telephone and emergency numbers
 NOTE: UHCL Campus Police can see where you're calling from when you use a UHCL Campus landline.

Remember, the way you came in isn't always the safest way out.

KNOW YOUR EXITS.

STRATEGY

In an emergency, every second counts.

In the Event of an Emergency
Dial 911 and Contact the UHCL Campus Police
(Dial from any UHCL Campus phone)
2222

Or Direct at 281-283-2222

Fire Safety

Be aware of the following in order to prevent a fire from happening:



- Many solvents used in the laboratory are flammable.
- Never use Bunsen burners to heat flammable liquids (Acetone, Methanol, Iso-Propanol, Toluene etc...)
 - · Use hotplates instead provided by your instructor or TA.
- Vapors from flammable solvents can also ignite with electrical sources.
- · Keep containers closed and work in a fume hood with flammable materials.
- Keep water away from electrical outlets and electrical equipment.
- · Keep in mind Plexi-glass and other plastics are combustible and can burn easily.

In the Event of an Emergency

Dial 911 and Contact the UHCL Campus Police (Dial from any UHCL Campus phone)

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Fire Safety, Cont'd

Rules for Fighting Fires

1ST

Remember the A's:

Alert & Activate
 Yell "Fire" to alert room
 Activate the building alarm system



Attempt
 Only attempt to extinguish a fire only after the first two A's are completed

 2^{ND}

Fight a fire only IF:

- Only IF it is small fire. (It is small and contained)
- Only IF you are comfortable doing so. (Your instincts tell you it's OK)
- Only IF you can do it safely and quickly. (You are safe from toxic smoke)
- Only IF you have a clear pathway to an **EXIT.** (You must be able to escape!)

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Elements of a Fire



This is The Fire Triangle. Actually, its a tetrahedron, because there are four elements that must be present for a fire to exist. There must be Oxygen to sustain combustion, Heat to raise the material to its ignition temperature, Fuel to support the combustion and a Chemical Reaction between the other three elements.

Remove any one of the four elements to extinguish the fire.

The concept of Fire Prevention is based upon keeping these four elements separate.

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Fires and Extinguisher Types

- · Not all fires are the same.
- Different fuels create different fires and require different types of fire extinguishing agents.
- Some fire extinguishing agents can be used on more than one class (type) of fire.
- Others have warnings where it is dangerous to use that extinguisher agent on certain types of fire.

Class A

Class B

Class C

Class D

Class K



Class A fires are fires in **ordinary combustibles** such as **wood, paper, cloth, trash, and plastics**.



Class B fires are fires in **flammable liquids** such as **gasoline**, **petroleum oil** and **paint**.

Class B fires also include **flammable gases** such as **propane** and **butane**. Class B fires do not include fires involving cooking oils and grease.



Class C fires are fires involving **energized electrica equipment** such as **motors, transformers**, and **appliances**. Remove the power and the Class C fire becomes one of the other classes of fire.



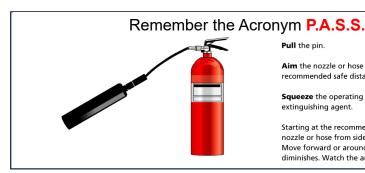
Class D fires are fires in combustible metals such as potassium, sodium, aluminum and magnesium.



Class K fires are fires in **cooking oils and greases** such as **animal fats** and **vegetable fats**.

58

Fire Extinguisher Use



Aim the nozzle or hose at the base of the fire from the recommended safe distance.

Squeeze the operating lever to discharge the fire extinguishing agent.

Starting at the recommended distance, Sweep the nozzle or hose from side to side until the fire is out. Move forward or around the fire area as the fire diminishes. Watch the area in case of re-ignition.

In the Event of an Emergency

Dial 911 and Contact the UHCL Campus Police

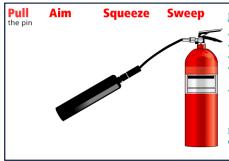
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Fire Extinguisher Use



Remember the rules for fighting fires:

- Only IF it is small fire.
- Only IF you are comfortable doing so.
- Only IF you can do it safely and quickly.
- Only IF you have a clear pathway to a close exit (no fire between you and exit). Smoke can fill a room fast and overcome you quickly.
- Fire extinguishers are instrumental to have on hand quickly to prevent a small fire from growing into something unmanageable, but property is never more important than ensuring your own safety and life.

If you don't sweep side to side at the base of the fire, you may not cover the whole flame and may not be able to extinguish the fire.

In the Event of an Emergency

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Accident / Incident Reporting



All accidents, incidents, & near misses must be reported to your instructor immediately.

A Student/Visitor Incident Report must be submitted by you or your instructor to the Environmental Health & Safety Department(ehs@uhcl.edu) within 24 hours.

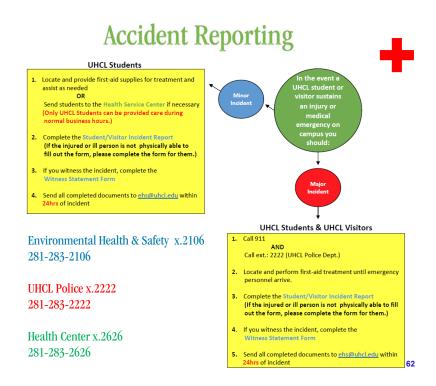
If you witness the incident, complete and submit the Witness Statement Form to ehs@uhcl.edu

Major Incidents:

- 1. Call 911, and 2222 (UHCL Police) from any campus phone, or 281-283-2222
- 2. Locate and perform first-aid treatment until emergency personnel arrive

Minor Incidents:

- 1. Locate first-aid supplies for treatment and assist as needed
- 2. Feel free to go to the Health Service Center, or your primary care physician.
- 3. Urgent care clinics can provide after hours care



^{*} Students must carry bealth insurance, and are expected to get medical attention after an accident, or will be taken for medical attention in the event of an emergency; and you are responsible for these costs.

Accident / Incident Reporting



Submit the Incident Report or Witness Statement to the Environmental Health & Safety Department at ehs@uhcl.edu within 24 hours.

All Incidents are investigated by EHS for any appropriate corrective follow up measures.





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First Aid



In the event of an accident, follow-up with a professional medical evaluation.

Ensure those injured are under observation for a minimum of 24hrs.

Corrosives / Chemical Burns

• Wash under cold running water for at least 15 MINUTES.

Flame Burns

- Extinguish the fire. Use fire blanket if necessary, but remove immediately.
 - NOTE: The blanket traps heat in, causing internal damage if left on a burn victim.
- Wash under cold running water for at least 15 MINUTES.
- Apply burn gel if necessary for minor burns only

Accidental Ingestion

- Consult (M)SDS and call the local poison control center for advice: **800-222-1222**
- Do not drink anything unless instructed.

Accidental Inhalation

• Move to fresh air.



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64

First Aid, Cont'd



In the event of an accident follow-up with a professional medical evaluation. Ensure those injured are under observation for a period of 24hrs.

Lacerations (Cuts)

- Wash under running water with soap, allowing to bleed out slightly to cleanse the wound.
- Then compress and bandage. Encourage self-care (see Bloodborne Pathogens following)
- Seek medical attention.

Needle punctures (Injection)

- Wash under running water, allowing to bleed out slightly to cleanse the wound.
- Consult (M)SDS and call the local poison control center for advice: 800-222-1222



In the Event of an Emergency Dial 911 and Contact the UHCL Campus Police (Dial from any UHCL Campus phone) 2222 Direct at 281-283-2222

First Aid, Cont'd



In the event of an accident follow-up with a professional medical evaluation. Ensure those injured are under observation for a period of 24hrs.

Eye Accidental Chemical Splashes

- For the Eye Wash pictured.
 - FIRST Step you must turn the water on.
 - SECOND Step pull the plug on the front of eyewash towards you.
- Leave goggles on initially under the water
 - To prevent contaminated goggles from dripping into eyes when removed.
- · Hold eyelids open with fingers and thumb.

Have someone keep you in the water.

 $2^{nd}\,Step$ Pull plug on eyewash 1st Step

Wash for at least 15 MINUTES.

Remove contact lens if present and wash again.

Turn on cold water.

Turning the handle clockwise opens this faucet.

In the Event of an Emergency

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First Aid, Cont'd



In the event of an accident follow-up with a professional medical evaluation. Ensure those injured are under observation for a period of 24hrs.

BODY Accidental Chemical Splashes / Flame & Chemical Burns

- Get under Safety Shower.
- Pull metal handle off wall clip, or dangling from ceiling straight down.
- Remove affected clothing and any clothing below affected area.
- Stand under shower for at least 15 MINUTES.
- Push up to stop if not on a timer.
- Call EHS at ext. 2106 to notify of use.



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First Aid, Cont'd



Found in STEM Building

In the event of an accident follow-up with a professional medical evaluation. Ensure those injured are under observation for a period of 24hrs.

Eye Accidental Chemical Splashes

- For the Eye Wash pictured.
- Pull the yellow metal handle straight down, an alarm will sound.
- · Leave goggles on initially under the water.
 - To prevent contaminated goggles from dripping into eyes when removed.
- Hold eyelids open with fingers and thumb.
- Have someone keep you in the water.
- Wash for at least 15 MINUTES.
- Remove contact lens if present and wash again.
- Do Not pull Eyewash handle except in an emergency.



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34

First Aid, Cont'd



Found in STEM Building

In the event of an accident follow-up with a professional medical evaluation. Ensure those injured are under observation for a period of 24hrs.

Body Accidental Chemical Splashes / Flame & Chemical Burns

- · Get under Safety Shower.
- Pull the yellow metal handle straight down, an alarm will sound.
- Remove affected clothing and any clothing below affected area.
- Stand under shower for at least 15 MINUTES.
- NOTE: Do Not pull Safety Shower handle except in an emergency.



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69

First Aid & Bloodborne Pathogens Awareness

• Bloodborne Pathogen (BBP)

Any pathogenic microorganism that is present in human blood, or other potentially infectious materials (OPIM) that can cause disease in humans. An infected person may not know about it for years, therefore all blood is considered to be potentially contaminated, so handled and treated with precaution.

Some examples include:

- Hepatitis B Virus (HBV)
- Hepatitis C Virus (HCV)
- HIV / Aids
- Treponema pallidum (syphilis)
- Herpes Virus
- HTLV-I
- Mycobacterium tuberculosis



3 Most Common BBP

Hepatitis B Virus (HBV)

- Attacks the liver
- Initial symptoms are much like a mild flu
- The virus can go undetected for 10, 20, even 40 years
- Survives in dried blood for up to 1 week at room temperature

Hepatitis C Virus (HCV)

- Also Attacks and Inflames the Liver
- Similar symptoms to Hepatitis B, most common symptom is extreme fatigue
- No effective vaccine exists

Human Immunodeficiency Virus & Acquired Immune Deficiency Syndrome (HIV/AIDS)

- Acute HIV This is the Initial acute infection phase. During this phase, flu like symptoms develop within 2-4 weeks after infection, sometimes 3 months later, often described as "the worst flu ever."
- Asymptomatic HIV This the chronic infection period, approximately 8-12 years. Toward the middle and end of this period you
 may begin to have symptoms such as weight loss, fevers, chills, night sweats, abdominal issues, fatigue and muscle weakness.
- Acquired immunodeficiency syndrome (AIDS) Is defined in terms of either a CD4+ T cell count below 200 cells per μL or the
 occurrence of specific diseases in association with an HIV infection.

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BBP - Routes of Transmission

Bloodborne Pathogens may be transmitted by:

- Puncture wounds caused by sharp objects
 - Example- Broken glass, misuse of or accidental puncture by needle
 - NOTE: Needle sticks account for about 50% of injuries!
- Contact with open wound or broken skin
- Risk increases with prolonged contact or larger areas of broken/damaged skin
- Splash into the eyes
- Sprayed or aerosolized and into nose or mouth
- If you have been exposed to human body fluids, human cell lines, human blood, etc. report
 it immediately to your PI in charge and to EHS for assistance.



Governing Laws and Regulations

Occupational Safety and Health Administration (OSHA)

- Blood Borne Pathogen Standard found in 29 CFR 1910.1030, originally adopted in 1991
- Needlestick Reduction Act modified it in 2001
- Education of and selection of sharps injury reduction devices (like self-sheathing needles)
- Keeping a (contaminated) sharps injury log

Texas Department of State Health Services (TDSHS):

- Bloodborne Pathogen Control 25 TAC 96
- Exposure Control Plan required to minimize government agency employee's exposure to BBP

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Minimizing or Eliminating Biohazards

An **Exposure Control Plan** identifies all the following information:

- Engineering Controls
- Safe Work Practices & Universal Precautions
 - Treat all human blood and body fluids as if they are infectious.
- Signs and Labels
- Personal Protective Equipment
- Proper Hygiene
- Proper Waste Disposal Procedures
- Proper Spill cleanup
 - Decontaminate work surfaces frequently for preventive maintenance and after spills, using a disinfectant /sterilization solution like 10% bleach (sodium hypochlorite), 70% alcohol (Isopropanol) solution or commercial solution like Lysol (phenols).

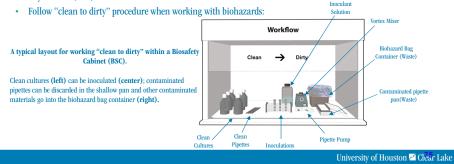


Engineering Controls

Engineering Controls – Devices that isolate or remove the BBP from the workplace.

They can include:

- · Handwashing facilities
- Leak-proof containers for storage and transportation
- Sharps Injury Reduction Devices such as retractable syringes and self-sheathing needles
- Biosafety cabinet (BSC) with HEPA filter and Directional air flow.



Engineered Sharps Devices



Sharps Injury Prevention

- Eliminate the use of sharps when possible
- If elimination is not possible, use engineered sharps devices that reduce injury
- · ALWAYS use a puncture resistant tray to transport sharps

Use Safe Sharps Practices at all times:

- Never recap a used needle!
- Never bend or manipulate sharps
- Never pass sharps by hand between people
- · Place on bench, allow other to pick up instead
- Never attempt to catch falling sharps if dropped
- Never fill container more than ¾ full





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PPE for BBP

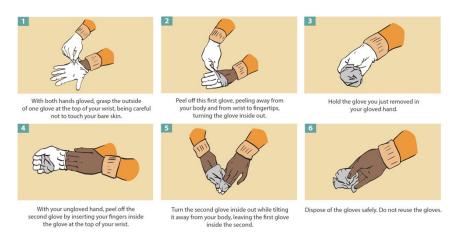
- All previously mentioned PPE applies in order to protect from contact with blood or OPIM and is required by the Bloodborne Pathogens Standard and UHCL.
- In the possibility of an event that would generate sprays or splashes of blood or OPIM:

A **face shield** must be used in conjunction with your PPE to protect mucous membranes, such as the nose, mouth and eyes from contact with any blood or OPIM during sample manipulation.

A **healthcare respirator mask** is also used to protect the nose and mouth.



How to Remove Gloves



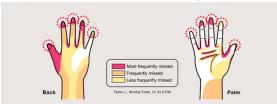
Clean your hands immediately after removing gloves and before touching any objects or surfaces. (next slide...)

79

Hand Hygiene

Frequent / effective hand washing is essential in reducing BBP and possible bacteria transmission such as: Methicillin Resistant Staphylococcus Aureus (MRSA) and Vancomycin Resistant Enterococcus (VRE)...

BUT unfortunately, these areas are frequently missed:



Follow the hand hygiene techniques provided, washing for a **minimum of 20 SECONDS.** (next slide...)

Follow the 3 Step Process:



Biohazardous Waste Containers

- Must be Rigid, Leak-proof containers
- Sealed and impervious to moisture
- Closed container for aerosols
- With Proper Labeling
- Biohazard Symbol Labels on Containers
- Orange heat withstanding bags for Autoclave
- · Moisture in bag when autoclaved
- Absorbent to capture free liquids when shipped offsite







Biohazardous Waste

All Biohazard Waste is Regulated Waste

The following are considered Biohazardous Regulated Waste:

- Blood or Other Potentially Infections Material (OPIM) such as human bodily fluids, whether liquid, semi-liquid, or dried
- Contaminated items that would release blood or OPIM if handled or compressed
- Contaminated sharps
- Pathological or microbiological waste with blood or OPIM or medical drugs for treatment or research
- Medical waste, biological teaching and research waste

All Regulated Waste MUST be rendered non-infectious prior to disposal.

It should be placed in properly labeled biohazard containers and then treated by

- Autoclave (Steam Sterilization),
- Disinfection, or
- Sent off-site for Incineration.

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Waste Handling & Disposal

Methods of Biological Waste Treatment

Autoclaving (Steam Sterilization)

Similar to a pressure cooker, and autoclave relies on high temperature, pressure and steam, in an enclosed pressure chamber to kill or remove all forms of life on an object's surface such as bacteria, fungi, viruses, and spores. You may see Orange heat resistant bags, and rigid leak proof containers that don't morph or melt used in this process.

Disinfection / Sterilization (Chemical)

Involves completely immersing surfaces, equipment and disposable equipment with chemicals designed to kill virtually every organism for a minimum period of 10 minutes. Some examples of solutions used are: 70-100% alcohol, 1:10 Bleach solution, iodine, phenols/Lysol, Iodine, and quaternary ammonium salts.

Incineration

Biological wastes that cannot be autoclaved or sterilized are properly packaged and professionally incinerated off-site. Properly labeled plastic sharps containers are placed in special biohazard cardboard box or tub for off-site disposal. Red bags are used in certain locations on campus for off-site disposal. When ready, they are tied in a knot and placed in biohazard box or tub, all labeled with the biohazard swmbol.







Spill Clean-Up

If you spill blood or OPIM:

- Inform you instructor.
- Place paper towel(s) or other absorbent material on top.
- Wet the paper toweled area with disinfectant and let it soak for 15 MINUTES.
- Pick up broken glass pieces with tongs or a dustpan.
- Never pick up broken glass with your hands, even if you're wearing gloves.Contaminated broken glass should go in a sharps container (Biohazard).
- Disinfected broken glass goes in the broken glass container (Hazardous Waste).
- Wipe up spill from outward to inward to avoid spreading it any further.

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Sharps Injury Log

- An injury log must be maintained by EHS.
- Injuries are reported by supervisor to EHS Department within 24 hours.
 Incidents are investigated for any appropriate corrective follow up measures.
- Some incidents are reportable to outside agencies, like **TDSHS**.
- At a minimum, the log must contain, for each incident:
 - Type and brand of device involved
 - Original intended use of sharp
 - Department or area of incident
 - Description of incident





This concludes the General Laboratory and Chemical Safety Training

Thank you!

