# Li Ping Su-Kubricht, Ph.D., LMFT Professional Vita

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### **EDUCATION**

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- Ph.D., Marriage and Family Therapy, Brigham Young University, 2018

  Academic Advisor: Rick Miller, Ph.D., *The Effect of Common Factor Therapist Behaviors on Change in Martial Satisfaction*—Ph.D. Dissertation
- M.S., Marriage and Family Therapy, Brigham Young University, 2014
  Academic Advisor: Rick Miller, Ph.D., *A Comparison of Contemporary Filial Piety in Urban and Rural China and Taiwan* Master's Thesis
- TESOL Graduate Certificate, Teaching English as Second or Foreign Language. Brigham Young University, 2012

  Academic Advisor: Mark Tanner, Ph.D.
- B.A., International Cultural Studies-Communication, Brigham Young University-Hawaii, 2007 Academic Advisor: Chiung-Hwang Chen, Ph.D., *Changing Communication: Network Identity Performance on Facebook*— Senior Paper

# RESEARCH INTERESTS

Parent-child and couple relationships in ethnically diverse families, mechanisms of change in couple and family therapy, therapist behaviors and common factors in couple and family therapy and impacts of trauma in family systems.

# RESEARCH EXPERIENCE

### **Graduate Research Assistant**

Brigham Young University, 2011–2017

Responsibilities include: Managing research labs, co-teaching research practicums, analyzing research data, writing manuscripts for publications, presenting research

findings in national and international conferences, assisting professor in teaching and grading, etc.

Participated and managed in the following research projects:

- Meta-analysis project on effectiveness of family therapy with young children
- Meta-analysis project on effectiveness of couple therapy
- Focus groups on Taiwanese contemporary views on family and marriage
  - Collaborated with Fu Jen University in Taiwan
- The effect of common factor therapist behaviors on family functioning in family therapy with young children

# **PUBLICATIONS**

- Lin, S. Y., Miller, R., **Su-Kubricht, L. P.**, Whiting, J., Bean, R., Hsieh, C. H., & Li, T. S. (2021). Insider Perspectives on Ideal Partner Preferences in Modern Chinese Society. *Journal of Asian Research*, *5*(1), *28-46*. DOI:10.22158/jar.v5n1p28
- Lin, S. Y., Miller, R., **Su-Kubricht, L. P.**, Whiting, J., Bean, R., Hsieh, C. H., & Li, T. S. (2019). Parental Influence on Mate Selection in Modern Chinese Society. *Asian Journal of Family Therapy*, 3(2), 29-42.
- **Su, L. P.**, Kubricht, B., & Miller, R. (2017). The influence of father involvement in adolescent's overall development in Taiwan. *Journal of Adolescence*, *59*, 35-44. DOI: http://dx.doi.org/10.1016/j.adolescence.2017.05.010
- Su, L. P. & Miller, R., Canlas, J., Li, T. S., Hsiao, Y. L., & Willoughby, B. (2015). A cross-cultural study of perceived marital problems in Taiwan and the United States. *Contemporary Family Therapy, 37*, 165-175. DOI: 10.1007/s10591-015-9337-7
- **Su-Kubricht, L. P.** & Miller, R. (In progress). Marital interactions in contemporary Chinese society: A qualitative study in Taiwan.
- **Su-Kubricht, L. P.**, Miller, R., Johnson, L., Bradford, A., & Sandberg, J. (In progress). The effect of common factor therapist behaviors on change in martial satisfaction.
- **Su-Kubricht, L. P.**, Kubricht, B., & Miller, R. (In progress). The effects of couple attachment style on trajectory of marital quality longitudinally.

- Jackson, J., Miller, R., **Su-Kubricht, L. P.**, & Hsieh, C. H. (In progress). The effectiveness of family therapy in child outcomes: A mate-analysis study.
- Jackson, J., Miller, R., **Su-Kubricht, L. P.**, Willis, K., & Cox, M. (In progress). The effectiveness of couple therapy: A mate-analysis study.
- Su-Kubricht, L. P., Miller, R., Yorgason, J. & Harper, J (In progress). A trajectory of filial piety in contemporary Taiwan.

# INSTRUCTION EXPERIENCE

# **Assistant Professor of Family Therapy (Tenure-Tracked)**

University of Houston-Clear Lake, Psychology Department, Fall 2022- Present Responsibilities included: Teaching graduate courses at Family Therapy Program, advising and supervising students' academic and clinical progress, participating on college, program, and department committees, conducting/incorporating research in course designs, grading papers and quizzes, designing and selecting course materials, communicating with students in terms of instruction and questions related to class.

# Assistant Professor of Marriage and Family Therapy (Tenure-Tracked)

Dixie State University, Psychology Department, Fall 2021- Summer 2022

Responsibilities included: Teaching undergraduate and graduate courses at Psychology department and Marriage and Family Therapy Program, advising and supervising students' academic and clinical progress, participating on college, program, and department committees, conducting/incorporating research in course designs, grading papers and quizzes, designing and selecting course materials, communicating with students in terms of instruction and questions related to class.

#### **Instructor**

Brigham Young University, SFL 354: Cross-Cultural Families and Human Development, Winter 2017

Responsibilities included: Teaching classes on personal cultures and contextual issues related to family functioning, grading papers and quizzes, designing and selecting course materials, communicating with students in terms of instruction and questions related to class.

### **Teaching Assistant**

Brigham Young University, SFL 403R: Research/Creative Works Practicum, Fall 2014, Spring 2014, Winter 2015, Fall 2016, Winter 2017

Responsibilities included: Teaching the Ratings of Therapists' General Clinical Skills Qualities (TGCSQ) and meta-analysis coding systems, organizing the pairs and assigning tapes to code, monitoring student's learning progress, communicating with students in terms of instruction and coding questions and evaluating students' class performance.

Brigham Young University, SFL 354: Cross-Cultural Families and Human Development, Fall 2016

Responsibilities included: Teaching classes on personal cultures and feminism related to family functioning, grading papers and quizzes, inputting grades into system, managing course materials on the online learning suite, communicating with students in terms of instruction and questions related to class.

Brigham Young University, SFL 334: Aging, Fall 2014

Responsibilities included: Grading papers and quizzes, inputting grades into system, communicating with students in terms of instruction and questions related to class.

### **English Language Instructor**

Brigham Young University, English Language Center: Intermediate Writing, 2011 – 2012 Responsibilities included: Teaching English, American culture, and the importance of thinking diversely to a wide range of adolescents and adults, teaching mechanics and formatting of English language writing and reporting grades and organized performances to integrate with lesson plans.

### **Community CORE English Language Instructor**

Brigham Young University, English Language Center: Community English, 2011 – 2012 Responsibilities included: Teaching English, American culture, and the importance of thinking diversely to adults, teaching basic language skills to daily communications and organizing performances to integrate with lesson plans.

# **English Language Tutor**

Brigham Young University, English Language Center: Listening, Speaking, Reading and Writing, 2011 – 2012

Responsibilities included: Teaching English, American culture, and the importance of thinking diversely to a wide range of adolescents and adults, teaching mechanics and formatting of English language writing, assisting students in developing analytical thinking skills and counseling students with cultural adjustment and social support.

### **Special Education Paraprofessional/Substitute Teacher**

McWhirter Elementary School (Webster, Texas), Special Education, 2009 – 2011 Responsibilities included: Implementing lesson plans and motivated students to learn and participate, working with individual students or groups of students to reinforce learning of class material, appropriate behavior or skills initially outlined by certified staff and teaching students' social skills by understanding others' thoughts and feelings.

### **English Language Instructor**

Hess Educational Organization, Level 1-9, 2008 – 2009

Responsibilities include: Teaching English, American culture, and the importance of thinking diversely to a wide range of adolescents and adults, teaching mechanics and

formatting of English language writing and reporting grades and organizing performances to integrate with lesson plans.

### COURSES WILL TEACH AT UNIVERSITY of HOUSTON-CLEAR LAKE

PSYC 6236 Family Therapy with Children and Adolescents

PSYC 6233 Advanced Family Therapy

PSYC 5738 Practicum in Family Therapy

### **COURSES TAUGHT AT UTAH TECH UNIVERSITY**

PSY 1100 Human Development Through Lifespan, Fall 2021

PSY 3400 Abnormal Psychology, Fall 2021, Spring 2022

MFT 6060 Individual and Family Life Cycle, Fall 2021

MFT 6330 Introduction to MFT Theories I, Spring 2022

MFT 6355 MFT with Children (Play Therapy), Spring 2022

MFT 6391R Practicum in Marriage and Family Therapy, Spring 2022

MFT 6340 Advanced MFT Theories II, Summer 2022

### COURSES TAUGHT AT BRIGHAM YOUNG UNIVERSITY

SFL 345 Cross-Cultural Families and Human Development, Winter 2017

### TEACHING ASSISTANT

- SFL 354 Cross-Cultural Families and Human Development, Fall 2016
- SFL 403R Research/Creative Works Practicum, Fall 2014, Spring 2014, Winter 2015, Fall 2016, Winter 2017

Managing the coding labs and teaching the Ratings of Therapists' General Clinical Skills/Qualities (TGCSQ) and the meta-analysis coding systems to undergraduate students.

SFL 334 Adult Development and Aging in a Family Context, Fall 2014

# COURSES TAUGHT AT BRIGHAM YOUNG UNIVERSITY ENGLISH LANGUAGE CENTER

TESOL Intermediate Writing, 2011-2012

Community CORE English Language, 2011-2012

English Language Tutor, Listening, Speaking, Reading, and Writing, 2011-2012

# COURSE TAUGHT AT ROCKY MOUNTAIN UNIVERSITY OF HEALTH PROFESSIONALS

Guest Lecturer for Physical Therapy Program: Anxiety and Depression Disorders and DSM-5, Summer 2019

# PROFESSIONAL PRESENTATIONS

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- **Su-Kubricht, L. P.** (2022, January). Introduction to EMDR Therapy. MFT students seminar presented at Utah Tech University, St. George, Utah.
- **Su-Kubricht, L. P.** (2020, April; 2021, January). Introduction to Couples Therapy. Psychology intern training seminar presented at Utah State University, Logan, Utah.
- **Su-Kubricht, L. P.** (2020, March; 2021, March). Introduction to Sex Therapy. Psychology intern training seminar presented at Utah State University, Logan, Utah.
- **Su-Kubricht, L. P.** (2020, January; 2021, April). Micro-aggression in Therapy and Supervision. Psychology intern and staff seminar presented at Utah State University, Logan, Utah.
- **Su-Kubricht, L. P.** (2019, November). Introduction to EMDR Therapy. Psychology intern training seminar presented at Utah State University, Logan, Utah.
- **Su-Kubricht, L. P.**, Miller, R., Johnson, L., Bradford, A., Sandberg, J., & Bean, R. (2019, September). *Can Therapist Behaviors Change Martial Satisfaction in Therapy?*. Poster presented at the AAMFT Conference, Austin, Texas.
- Jackson, J, Miller, R., **Su, L. P.**, & Hsieh, C. H. (2017, November). *A Meta-analysis of Family Therapy with Children*. Paper presented at the National Council on Family Relations Annual Conference.
- **Su, L. P.**, Jackson, J., Willis, K., Cox, M., & Miller, R. (2016, September). *A Meta-analysis of Couple Therapy*. Poster presented at the AAMFT Conference, Indianapolis, Indiana.
- Daley, L., Oka, M., Brown, B., & Su, L. P. (2016, September). *Family Play Therapy with Young Children*. Institute presented at the AAMFT Conference, Indianapolis, Indiana.

- **Su, L. P**. (2016, April). Eye Movement Desensitization Reprocessing (EMDR) training. Workshop presented at Brigham Young University, Provo, Utah.
- **Su, L. P.**, Espino, J., Alder, M., Willis, K., Davis, S., & Rackham, E. (2016, May). *Trauma Treatment: A Comprehensive Approach for Individual, Couple, and family.* Workshop presented at Brigham Young University, Provo, Utah.
- **Su, L. P.**, Hsieh, C. H., Kung, P., Miller, R., & Jackson, J. (2015, November). *The Effectiveness of Couple Therapy on Marital Outcomes: A Meta-Analysis*. Presented at the National Council on Family Relations Annual Conference. Vancouver, Canada.
- Kubricht, B., Migdat, T., Miller, R., & Su, L. P. (2015, November). *The Course of Romantic Attachment over Five Years in Married Couples*. Presented at the National Council on Family Relations Annual Conference. Vancouver, Canada.
- Kubricht, B., Miller, R., **Su, L. P.**, Johnson, L., Ketring, S., & Tambling, R. (2015, September). *Who Benefits from Couple Therapy?: The Road to Satisfaction.* Presented at the American Association for Marriage and Family Therapy Conference. Austin, Texas.
- Canlas, J., **Su, L. P.**, Miller, R., & Willoughby, B. (2014). *A Cross-Cultural Study of Perceived Marital Problems in Taiwan and the United States*. Poster presented at the NCFR Annual Conference, Baltimore, Maryland.
- Bell, A., **Su, L. P.**, Hsia, C. H., Miller, R., Jackson, J., & Migdat, T. (2014). *A Meta-analysis of Family Therapy with Children*. Poster presented at the AAMFT Conference, Milwaukee, Wisconsin.
- Khoshakhlagh, S., Jackson, J., & **Su, L. P.** *Anxious Adult Romantic Attachment Style and Sexual Behavior* (2014). Poster presented at the AAMFT Conference, Milwaukee, Wisconsin.
- **Su, L. P.** (2014). *Treatment for Anxiety and Depression*. Workshop presented at the Church of Jesus Christ of Latter-day Saints, Provo, Utah.
- **Su, L. P.** (2014). Family Therapy and Externalized Behavior: A Meta-Analysis. Poster presented at the Mary Fulton Conference, Provo, Utah.
- **Su, L. P.** (2014). Father Involvement and Adolescent's Overall Development. A workshop presented at the 2014 Family Conference in Taichung, Taiwan.
- **Su, L. P.** (2014). A Comparison of Contemporary Filial Piety in Urban and Rural China and Taiwan. A workshop presented at the 2014 Annual Sino-American Family and Marriage Therapy Conference in Beijing, China.

**Su, L. P.** (2014). A Comparison of Contemporary Filial Piety in Rural and Non-rural China and Taiwan. A workshop presents at the 2014 Mary Fulton Conference, Provo, Utah.

# **CLINICAL EXPERIENCE**

# **Marriage and Family Therapist/Diversity Coordinator**

Utah State University Counseling and Psychological Services, 2019 – 2021 Responsibilities include: Providing short-term individual, couple, and group psychotherapy to students for various presenting issues, effectively managing caseloads by completing case notes, scheduling, correspondence, etc. in a timely manner, providing workshops on mental health topics to students and faculty, providing consultation and outreach to students, and faculty/staff on mental health issues that are related to student academic success and relationships, providing training and supervision/consultation to MFT and Psychology practicum students and interns, and providing multicultural training to increase diversity and inclusion.

### Counselor/Faculty

Rocky Mountain University of Health Professions, 2018 – 2019

Responsibilities include: Providing short-term individual and couple psychotherapy to students for various presenting issues, effectively managing caseloads by completing case notes, scheduling, correspondence, billing, etc. in a timely manner, providing workshops on mental health topics to students and faculty, consulting with faculty and staff on mental health issues that are related to student academic success and institutional procedure, teaching courses related to mental health in Health Science department, conducting research on students mental health, and guest lecturing in other health professional programs on campus.

### **Couple and Family Therapist**

Covenant Sex Therapy, 2017–2019

Responsibilities include: Providing psychotherapy to couples, families, and individuals, helping clients heal from attachment injuries, trauma, and abuse, providing psychoeducation on sexuality and intimacy, providing clinical interventions and psychotherapy on sex addiction, effectively managing caseloads by completing case notes, scheduling, correspondence, billing, etc. in a timely manner.

### **Family Therapist**

House of Hope, 2016-2017

Responsibilities include: Providing psychotherapy to children and their families, parents helping children heal from attachment related trauma and learn emotional regulation, rebuilding attachment and parent-child bond, teaching parenting skills in increasing attachment, conducting group therapy and psycho-education group in co-parenting and

trauma narrative class, attending clinical meetings with other children's team staff to collaborate on treatment plans, and effectively managing caseloads by completing case notes, scheduling, correspondence, billing, etc. in a timely manner.

# **Marriage and Family Therapist Intern**

Brigham Young University Comprehensive Clinic, 2012-2016

Responsibilities include: Providing psychotherapy to couples, families and individuals, helping people cope with problems, find solutions, and improve relationships, teaching parenting skills in increasing attachment, effectively managing caseloads by completing case notes, scheduling, correspondence, etc. in a timely manner.

### **Hospital Volunteer**

Utah State Hospital, 2011

Responsibilities include: Assisting patients in physical therapy, promoting a safe environment for personal disclosure and support, increasing their relational connection and validating their experiences and struggles in dealing with mental illness.

# SUPERVISION EXPERIENCE

University of Houston-Clear Lake, Houston, TX, 2022-present

MFT Master's Program and Practicums

Supervising and evaluating graduate student's clinical and academic progress

Utah Tech University, St. George, UT, 2021-2022

MFT Master's Program and Practicums

Supervising and evaluating graduate student's clinical and academic progress and communicating with their internship supervisors at their practicum sites

Utah State University, Logan, UT, 2019-2021

REACH PEER program at USU CAPS

Supervising undergraduate students in the Human Development and Family Studies major who provide skills training or mindfulness techniques to clients at CAPS

MFT Practicum at USU CAPS

Supervising MFT masters' students who provide clinical services at CAPS

Brigham Young University, Provo, UT, 2017-2018

AAMFT Approved Supervisor-in-training

- Supervised 2 MFT masters' students for 10 months
- Co-supervised MFT masters' students in the MFT practicum classes in consecutive semesters

### UNIVERSITY & DEPARTMENTAL SERVICES EXPERIENCE

Utah Tech University, St George, UT, 2021-2022

- Serving as Graduate Student Search Committee
  - Reviewing applicants' applications
  - Conducting interviews with potential graduate students
- Serving as Faculty Search Committee
  - Reviewing and rating applicants' applications
  - Conducting interviews with potential faculty members

Utah State University, Logan, UT, 2019-2021

- Serving as Diversity Coordinator and in the Diversity, Equity, and Inclusion Committee
  - Developing programs and workshops for BIPOC and non-traditional students
  - Developing and organizing in-house training related to diversity issues for CAPS staff and trainees
- Liaison with the MFT and HDFS departments, Inclusion Center, and Huntsman Business department
- Serving in the University Student Misconduct Hearing Board
- Participating in the research project at CAPS: the effectiveness of tele-health in university counseling center
- Serving as Faculty Search Committee
  - Reviewing and rating applicants' applications
  - Conducting interviews with potential faculty members

Rocky Mountain University of Health Professions, Provo, UT, 2018-2019

- Serving on the Health and Wellness Committee
  - O Developed Health and Wellness Website https://rm.edu/student-services/health-and-wellness/
- Developed counseling services on the university campus

# PROFESSIONAL MEMBERSHIP/INVOLVEMENT

AAMFT Approved Supervisor, American Association for Marriage and Family Therapy (AAMFT), 2018- Present

Clinical Fellow, American Association for Marriage and Family Therapy (AAMFT), 2018-Present

Licensed Marriage and Family Therapist, Utah, #9111108-3902, 9/2018- Present

Licensed Marriage and Family Therapist, Texas #204689, 8/2022-Present

### PROFESSIONAL TRAINING EXPERIENCE

2021 Responding to and Treating the Trauma of Racism: Bearing Witness in Psychotherapy by Dr. Carlton Green. Brigham Young University Counseling and Psychological Services. Online training. 2020 Emotionally Focused Couple Therapy Externship. TRI EFT Alliant. Online Training. 2020 Transgender and Non-binary Treatment. Utah State University, Logan, UT. LGBTQIA+ Allies Training. Utah State University Inclusion Center, Logan, UT. 2020 2020 Acceptance Commitment Therapy. Online ACT Courses. 2020 Gottman Couple Therapy Level 1. Online Gottman Institute. 2020 Dialectic Behavioral Therapy. Utah State University, Logan, UT. 2019 Focused Acceptance and Commitment Therapy. Weber State University, Ogden, UT. 2019 Cognitive Behavioral Therapy Intense Courses. PESI, Salt Lake, UT. 2019 Suicide Prevention in Universities. Rocky Mountain University of Health Professions, Provo, UT 2018 How to Talk to your Kids about Sex. Provo, UT. 2016 Attachment, Self-regulation, and Competency training. Utah County Children's Justice Center, Salt Lake, UT. 2016 EMDR Part 1 and Part 2 Training. The Maiberger Institute, Salt Lake, UT. 2016 Trauma Informed Foundations: Treatment through Safety Building. UAMFT, Sandy, UT. 2016 Process Research Summit. Park City, UT. Longitudinal SEM workshop. Brigham Young University, Provo, UT. 2015 CBT Workshop. Suncrest Counseling, Sandy, UT. 2015 2015 Anxiety and Depression Workshop. Suncrest Counseling, Sandy, UT.

Best Practices in Autism: Autism in Adolescence. Brigham Young University Continuing

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- 2014 Social Thinking Conference. Austin, TX.
- 2014 Same Gender Attraction Workshop, Brigham Young University Continuing Education, Provo, UT.
- 2014 Circle of Empathy Training. Brigham Young University, Provo, UT.
- 2013 Emotionally Focused Therapy Training. Brigham Young University, Provo, UT.
- 2013 Discernment Counseling workshop. University of Minnesota, Provo, UT.
- 2013 Internal Family Systems Model (IFS) Training. Brigham Young University, Provo, UT.
- 2013 Interfaith Lecture Series. Brigham Young University, Provo, UT.
- 2012 Sex Addiction Conference. Utah Valley University, Orem, UT.
- 2012 Pornography Addiction and Affair Training. Brigham Young University, Provo, UT.
- 2012 Eating Disorder Training. Center for Change, Orem, UT.
- 2009 Applied Behavior Analysis. CCISD, Houston, TX.

# **SKILLS**

Languages	English Fluent Listening, Speaking, Reading and Writing Mandarin Fluent Listening, Speaking, Reading and Writing Japanese Intermediate Listening, Speaking and Reading American Sign Language Beginning	
Public Speaking	Experience giving many different types of public and professional presentations in various venues	
Computers	Ability to efficiently use SPSS, AMOS 5, Mplus, Stata, Comprehensive Meta-Analysis (CMA), R, Qualtrics, Microsoft Excel, Microsoft Word, Microsoft PowerPoint, Microsoft Team, and G Suite.	

# **CITIZENSHIPS**

U.S. Citizenship

Taiwanese Citizenship

# **REFERENCES**

Dr. Rick Miller. Professor of Marriage and Family Therapy. Brigham Young University, Provo, UT. 256 TLRB Provo, UT 84604. 801-422-2860. rick miller@byu.edu

- Dr. Roy Bean. Associate Professor of Marriage and Family Therapy. Brigham Young University, Provo, UT. 258 TLRB Provo, UT 84604. 801-422-2349. roy\_bean@byu.edu
- Dr. Angela Bradford. Associate Professor of Marriage and Family Therapy. Brigham Young University, Provo, UT. 239 TLRB Provo, UT 84604. 801-422-1575. angela\_bradford@byu.edu