

Fitness and Human Performance - Bachelor of Science
with EC-12 Physical Education (P.E.) Teacher Certification
College of Human Sciences and Humanities

I. TEXAS CORE CURRICULUM REQUIREMENTS (42 hours)

Course Name	Status	TCCNS	UHCL
Communication 010 (6 hours) (Grade of C- or higher is required)			
Composition I		ENGL 1301	WRIT 1301
Composition II		ENGL 1302	WRIT 1302
Mathematics 020 (3 hours)			
College Algebra		MATH 1314	MATH 1314
Life & Physical Sciences 030/090 (8 hours)			
Biology for Science Majors I		BIOL 1306/1106 or 1406	BIOL 1306/1106
Biology for Science Majors II		BIOL 1307/1107 or 1407	BIOL 1307/1107
Language, Philosophy, & Culture 040 (3 hours)			
Choose one course from your current college's Core Curriculum approved list for this category.		Any 040 coded class	Any 040 coded class
Creative Arts 050 (3 hours)			
Choose one course from your current college's Core Curriculum approved list for this category.		Any 050 coded class	Any 050 coded class
American History 060 (6 Hours)			
United States History I		HIST 1301	HIST 1301
United States History II		HIST 1302	HIST 1302
Government/Political Sciences 070 (6 hours)			
Federal Government		GOVT 2305	POLS 2305
Texas Government		GOVT 2306	POLS 2306
Social & Behavioral Sciences 080 (3 hours)			
Principles of Macroeconomics or Microeconomics		ECON 2301 or 2302	ECON 2301 or 2302
Component Area Option 090 (4 Hours)			
* Public Speaking, Intro to Speech, or any 090		Any 090 coded class	Any 090 coded class
* Learning Frameworks		Any 090 coded class	Any 090 coded class

II. MAJOR REQUIREMENTS (6-14 hours)

Course Name	Status	TCCNS	UHCL
Exploring Teaching as a Profession		EDUC 1301	TCED 1301
Intro to Special Populations		EDUC 2301	EDUC 2301
** General Chemistry I	**	CHEM 1311/1111 or 1411	CHEM 1311/1111
** General Chemistry II	**	CHEM 1312/1112 or 1412	CHEM 1312/1112
** Texas History	**	HIST 2301	HIST 2301

* Public Speaking is recommended for future teachers since it is part of the Teacher Education Program Requirements. However any 090 coded class may satisfy these requirements, check with a UHCL transfer advisor prior to enrolling in the Component Area Option 090 courses. www.uhcl.edu/academics/advising/transfer/advisers

A Second Teaching Field is required for this degree. Students must choose from: Life Science, Social Science, or Special Education. CHEM 1311/1112 and CHEM 1312/1112 are **ONLY required if Life Science is chosen for the Second Teaching Field. HIST 2301 is **ONLY required if Social Science** is chosen for the Second Teaching field. Check with a UHCL transfer advisor prior to enrolling in these if you are unsure.

Transfer Credit Limit

UHCL will accept all **48-56 hours** for the transfer courses listed above toward this particular degree's requirements. Student may transfer to UHCL at any point, the courses listed above are only provided for those who are attempting to maximize course options at their current community college prior to transferring. www.uhcl.edu/admissions/apply/transfer/how-to-apply

This Bachelor's degree is **130 hours**. The remaining course requirements (**approximately 74-82 hours**) to be completed at UHCL for this degree may be viewed in the undergraduate catalog. <https://www.uhcl.edu/academics/resources/catalog/>